

### Fall ECFE classes and FREE Viking Preschool

### New fall ECFE classes will start in

- mid-September:
- Wacky Wednesdays
- Toddler TimeI'm with the Band
- There will also be a few field trips to: • Thea's Pumpkin Patch & Corn Maze
- Trowbridge Creek Zoo
- See page 8 for more information

### **Community ed classes**

Our fall class schedule includes something for everyone such as:

- Babysitting
- Heartsaver First Aid/CPR/AEDMedicare 2017
- Healthcare Directives
- Trip to Detroit Lakes Historic
- Holmes Theatre for production of Church Basement Ladies-Away in a Basement

See pages 5-7 for the full class catalog



# On behalf of the students, staff, and school board, thank you for supporting the renovation project!



Fall Classes

starting soon!







### Updated classrooms and new activity spaces enhance learning environment

We are beginning a new school year and a new chapter in the history of the Pelican Rapids School District. This fall we step into the new and renovated areas of the construction project that began when the community supported this project at the polls in the 2013 election. Updated classrooms and new activity spaces will enhance the learning environment and add opportunities for our community that would not have been possible without this completed project.

When the project is completed several open houses will be scheduled to provide you the opportunity to tour the school.

More building renovation photos and information can be found on page 11.

# Learning opportunities at the Pelican Rapids Schools

"Our goal is to communicate the potential and worth of each child so clearly they see it in themselves."

By Deb Wanek, Superintendent

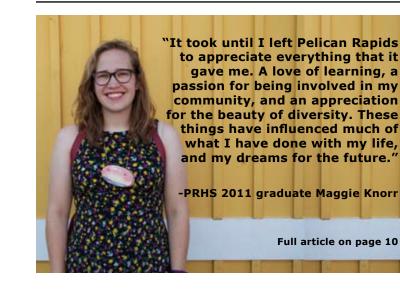
Learning is a way of life, change is certain and coping strategies are a necessity. It is expected that young people graduating in the next



few years will have 10 different jobs by the time they are 40 and the jobs will be in 5-7 different career paths. This requires constant learning, and our schools are eager to help students prepare for their future. The possibilities in front of them are endless!

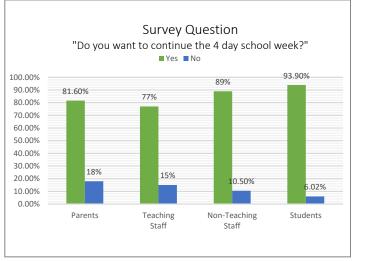
The Pelican Rapids School District is committed to helping our students learn through a variety of ways to prepare them for life. We offer a full spectrum of courses to our students. Small class sizes in the elementary allow for students to get individualized help and develop a solid foundation to build on for the future. In the high school, strong





### Survey shows 4 day school week still favored by staff, parents and students

The results of the 2016 Annual Review required by the Minnesota Department of Education (MDE) once again show favorable results for the Pelican Rapids district to continue with the 4 day school week for the 2016-17 school year. School is held Tuesday-Friday.





# Viking Elementary updates for the



We are excited to start our new school year at Viking Elementary!

By Dr. Edwin R. Richardson, Principal

The addition of a fourth section in both the 1st and 2nd grades provides much smaller class sizes allowing our teachers to better serve and support our students.

Last year, our Student Lighthouse Team took on several great projects

to learn leadership skills and teamwork to better our school and community through Synergy (Habit 6) and Thinking Win-Win (Habit 5). Mrs. Neubauer will once again work with our Student Lighthouse Team which hopes take on greater responsibility as community leaders.

When you visit Viking Elementary School, you will notice our WIGs (Wildly Important Goals) and Scoreboards around the school which help our students learn to Be Proactive (Habit 1) and Begin with the End in Mind (Habit 2). Students are in the process of identifying their individual and class/grade level WIGs. Our WIGs help us to set our focus for each day, and our scoreboards help keep us accountable as we track our progress toward achieving our WIGs.

To help our students learn organization skills, our students in 3rd-6th grade have student planners which help us Put First Things First (Habit 3). We ask parents to go through their child's planner with her or him each day to review what their child did in school and what assignments are upcoming. Teachers also ask that parents initial each day when they reviewed their child's planner and the child completes his or her assignments. The planner is also a great tool for parents to ask questions of their child and to communicate with the class teacher. Our students in Kindergarten to 2nd grade will continue to use take home folders for assignments and deliver information between school and home.

As a matter of safety, we ask that parents dropping off and picking up their children from school please park at the Chauncey Martin Field (south of the school) and have children use the sidewalk near the fenced playground. This will reduce the traffic and congestion caused by busses and cars arriving through the front of the school while also providing a bit of exercise to begin and end the school day.

We look forward to an awesome year!

# VIKING STUDENT SUCCESS (VSS) PROGRAM FOR STUDENTS IN GRADES K-6

We are excited about our Targeted Services Program which is now called the Viking Student Success Program (VSS). It will be incorporating homework support, learning activities for students needing support with Reading and/or Math, and enrichment/application areas of Cooking & Nutrition, PE/Fitness, and "Themed" Mondays.

We hope this program will provide high interest, focused support for our students. The program starts in the fall but your child can join any time. Contact your child's teacher or Janell Schmidt at 218-863-5910 ext. 5237 with questions about this program.

After School Tuesdays-Thursdays

- begins October 4<sup>th</sup>
- •3:45-4pm snack
- •4-5:15pm VSS program

Non-School Mondays begins September 19th •8-8:30am free breakfast •8:30-12pm VSS program •12-12:30pm free lunch

VSS Mondays

•September 19, 26 •October 3, 24 November 28 •December 5, 12 •January 9, 16, 30 February 6 •March 6, 20, 27 •April 3, 17, 24



# Club Vikes School-Aged Care

By Emily Evenson, Club Vikes Program Coordinator

Club Vikes provides children with a positive, stimulating, happy before and after school experience where they create wonderful memories and lasting friendships! We are focused on making fun-filled experiences for your child.

In Club Vikes we do fun things including arts & crafts, special themed weeks, fun snack projects, indoor & outdoor activities, help with homework, read & write stories, computer lab & iPads.



# **The Viking Elementary School Promise**

I WILL speak up instead of acting as a bystander.

I CHOOSE to participate in activities that don't involve teasing.

I FORGIVE others if they make poor choices. I MODEL good behavior.

I ACCEPT others for their differences.

I INCLUDE others in group situations.

I WILL talk to an adult when there is a problem I cannot manage on my own.

I AM powerful in making a difference in my school.



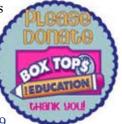
Keep up with Viking Elementary news on our Facebook page **Pelican Rapids Public Schools** 



# Every label makes a difference!

Please continue to save Box Tops and remember:

•items can be brought to either school office, sent with a child to school, or dropped off at Larry's Supermarket. •check expiration dates. •call Ruth Holmgren at 863-6539



if you are interested in helping to cut and sort labels. Thanks for helping us save for educational resources! Every label makes a difference!

### **Health Reminders:**

Wash your hands, cover your cough, stay home when you're sick When not to send your child to school: temperature of 100.0 or greater, vomiting or diarrhea, pink eye or strep throat When your child may return to school:



The program is designed with flexibility and creativity to respond to and compliment each child's individual interests. We offer children opportunities for decision making, increased independence and responsibility. Children will be well supervised by qualified CPR and First-Aid Certified staff.

### Club Vikes Days/Hours/Fees:

**Non-School Mondays** Hours: 6:30am-6:00pm Fees: \$25.00 per day (6+ hrs) or \$15.00 per partial day Please note: the Child and Adult Care Food Program (CACFP) provides students with Free Breakfast, Lunch and PM snack if they attend Club Vikes and/or Targeted Services on scheduled non-school Mondays and vacation days. USDA is an equal opportunity provider and employer.

Tuesday-Friday and school day Mondays Before school care:

Hours: 6:30-7:30am Fees: \$3.00/child per day After school Care: a snack is provided Hours: 3:45-6:00pm Fees: \$6.00/child per day Both before & after school Care: \$8.00/child per day

Please note: Partial or total tuition assistance may be available to qualifying families through state or county funds.

Call Emily Evenson, Club Vikes Program Coordinator at (218)863-5910 ext. 5022 with questions or to register.

free of symptoms for 24 hrs, normal temperature for 24 hrs, on an antibiotic for 24 hrs, advised by a Physican to do so

Make a difference in your community and local schools! a Substitute Teacher or Paraprofessional ck a flexible schedyle mextra income, week set to know the kide, teachers, and administration ve cash bonuses for hours worked

- e a difference in the lives of hundreds of sti

www.teachersoncall.com Or call 055-346-3650 for more infor



# **FAMILY** RESOURCES

### Otter Tail County Parent Support Outreach Program

Parenting can sometimes be a demanding job, especially for parents with young children. Young children are vulnerable and demand more time and attention. If you're a parent with a child age 10 or younger, and you are having a hard time caring for your child the way you want to, this program may be right for you.

There is help available! Many agencies in Otter Tail County are working together to help families that may be having a hard time getting the support they need. Families struggling with parenting issues, family problems or other stressors are good candidates for the Parent Support Outreach Program.

As part of this program, shortterm help may be available with housing, transportation, parent education, child development activities, child care and other services. Parents may also be offered the opportunity to become involved with parenting education or support groups to share tips on raising kids in a safe and healthy environment. Through this program, parents are able to strengthen relationships with their children and others.

This program focuses on each individual family's strengths and needs. This is about working with parents who want to do what's best for their kids and family. It's about connecting families with community resources that can provide the specific help families want and need.

Participation is voluntary. Getting some help, even for a short period of time, can make a big difference for your family!

To learn more about whether or not your family can benefit from the Parent Support Outreach Program contact:

Jane Neubauer, Parent Support Outreach Coordinator Caring Connections P O Box 394 Fergus Falls, MN 56538 Telephone: 1.218.731.4163 Email: jmneubauer@prtel.com Head Start services include early learning, health, and family well-being

Head Start

Head Start and Early Head Start programs support the comprehensive development of children from birth to age 5 in centers and in their homes. Head Start services include early learning, health and family well-being. Our goal is to provide each child with an opportunity to grow and develop in a safe and nurturing environment. Head Start recognizes parents as the first and most important teachers of their children. Head Start provides children with activities that help them to grow mentally, socially, emotionally and physically. Services are offered to meet the special needs of children with disabilities.

Pelican Rapids West Central Minnesota Communities Action (WCMCA) Head Start is currently enrolling for the 2016-2017 school year. Applications are available at the Head Start Office in the Elementary School or by calling 218-770-8858.

# **Parent Liaison at Viking Elementary** Enlace de Padres en la Escuela Primaria de Viking

"My role is to work with students, parents, staff, and administration to help each student succeed."

"Mi función es trabajar con los estudiantes, los padres, el personal y la administración para ayudar a cada estudiante a tener éxito."

By Maria Soto, Parent Liaison, VES

My name is Maria Soto, I am the Parent Liaison at Viking Elementary School. My role as a Parent Liaison is to work with students, parents, staff, and administration to help each student succeed. I can speak Spanish, and English. You can

Soto, soy la representante de padres en la escuela Primaria Viking. Mi papel como representante de padres es trabajar con los estudiantes, los padres, el personal y la administración para ayudar a cada estudiante a tener éxito. Hablo Español,

Mi nombre es María



éxito. Hablo Español, e Inglés. Me puede llamar al (218) 863-5910 o a través de mi dirección de e-mail: msoto@pelicanrapids.k12.mn.us Estaré encantada de ayudarle!

PRIMARIA DE VIKING PADRES Y MAESTROS CONFERENCIAS LUNES POR, 14 DE DE NOVIEMBRE DE 1-7: OO PM

Los traductores estarán allí para interpretar

reach me by phone at (218)863-5910 or by e-mail at msoto@pelicanrapids.k12.mn.us

I'll be happy to help you!

Parent Involvement

The Foundation for Student Success

SUCCESSFUL KIDS

PARENTS

+ TEACHERS

VIKING ELEMENTARY PARENT TEACHER CONFERENCES MONDAY, NOVEMBER 14<sup>TH</sup>

1-7:00PM

New to the Pelican Rapids school district?

If you have recently moved into the Pelican Rapids School District or had a baby, please let us know so we can add you in our school census.

Contact Cherie Lynnes at 218-863-5910 ext. 6105 or clynnes@pelicanrapids.k12.mn.us

### Learning opportunities for our students Continued from page 1

core courses in Math, Language Arts, Science, and Social Studies are complimented with electives municate the potential and worth of each child so clearly they see it in themselves. We Parent Teacher Partnership (PTP)

s a group of concerned parents and teachers who are looking

which include Industrial Technology, Business, Agriculture, Choir, Band, Art, Spanish, and Family and Consumer Science. College level classes are offered in the high school at no charge to the parents.

We realize that students develop a variety of life skills through extracurricular activities and this District provides a wide range of activities outside the school day including athletic activities, academic competitions, and art performances all which allow for further growth. The Pelican Rapids District is also proud to offer the *Leader in Me<sup>TM</sup>* program where our goal is to comwant our students to recognize their talents and flourish as they embrace their future.

The Pelican Rapids School District is just completing a 3 year renovation and building project, all of which will enhance the learning environment for our students and provide additional opportunities for our community through community education, fine arts performances and athletic competitions.

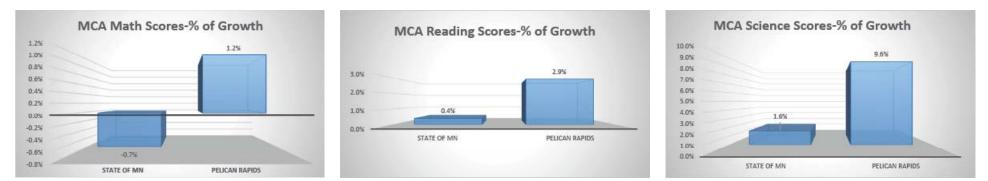
The future looks bright in Pelican Rapids where our students 'Learn, not for school, but for life!' and the possibilities are endless! for ways to work together to improve the school experience for our students. This includes promoting parent and teacher communication, helping out in classrooms and field trips and finding ways to address needs in the elementary school.

> If you would like more information or to join our group contact Candace Roesch at: PTP@pelicanrapids.k12.mn.us or find us on Facebook at: Parent Teacher Partnership – PTP

# **Progress made in each MCA area of testing**

The Pelican Rapids School District made progress in each of the state required MCA areas of testing. Math increased by 1.2%, Reading increased by 2.9% and Science increased by 9.6%.

We are delighted with these results but realize we still have room to improve and will continue to work toward increased growth and success of all students.



# RESOURCES AVAILABLE FOR ACADEMIC IMPROVEMENT

## \$10,000 grant provides boost for blended learning intervention

The literacy-related grant was courtesy of the local Pelican Rapids Area Rotary Club and Rotary International.

READ 180 Universal is the leading blended learning intervention program building reading comprehension, academic vocabulary, and writing skills for struggling students in grades 4 and up.

Engineered to unlock the science behind reading success, READ 180 Universal incorporates the latest research on how the brain learns to read.

Students begin their journey at the **Segment Selector** where they can explore and select content that fascinates and gets them excited about reading and learning. Their cross-disciplinary experience includes science, social studies, literature, culture, technology, engineering, arts, and mathematics.

Anchor videos in the **Explore Zone** activate and strengthen vocabulary and background knowledge, allowing students to comprehend and link passages to their existing knowledge. After watching the Anchor Video, students complete vocabulary-based activities that unlock meaning in the **Reading Zone** passages ahead.

The **Reading Zone** provides students with individualized texts based on their level of instruction. Students complete multiple readings of a target passage, giving



them an opportunity to build fluency, learn academic vocabulary, and practice reading comprehension strategies.

In the **Fluency Zone**, students practice spelling and reading sight words to build automaticity with word recognition, which allows their brain to focus on comprehension and retention. In the **Language Zone**, students build and expand their vocabulary knowledge through language-based activities.

In the enhanced **Writing Zone**, students practice spelling and reading sight words to build automaticity, which allows their cognitive resources to focus on comprehension and retention. The **Success Zone** allows students to build and apply fluency and comprehension strategies that they have learned and practiced in the other zones on discrepancy, context, and stretch passages.

The school district will primarily utilize this dynamic resource in grades 7-12. "This will provide additional support to high school students to increase reading skills," noted Superintendent Deb Wanek. "We are very grateful for the financial support of the Pelican Rapids Area Rotary Club and Rotary International for this valuable resource."

Funding for READ 180 was also provided by The Achievement and Integration Program.

# Pelican Rapids Alternative Learning Center programs for the 2016-2017 school year

Providing personalized learning for successful completion of the school year.

There are numerous programs available in grades K-12 to help our students succeed. The goal in the ALC is to bridge the gap between student skill level and actual grade level.

### Viking Student Success (VSS) Grades K-6

Our Targeted Services Program is called the Viking Student Success Program (VSS). It incorporates homework support, learning activities for students needing support with Reading and/or Math, enrichment activities such as cooking & nutrition, and PE/fitness. See program details and contact information on page 2

### Non-School Mondays

•8-8:30am free breakfast •8:30-12pm VSS program •12-12:30pm free lunch

After School Tuesdays-Thursdays •3:45-4pm snack •4-5:15pm VSS program

Viking Student Success (VSS) Grades 7-12

Our Targeted Services Program is available for students in Grades 7-8 and eligible students in Grades 9-12 can take the VSS Elective Credit Recovery class on non-school Mondays. See program details and contact information in Principal Korf's article on page 12

Non-School Mondays •8:30am-12pm VSS program •12-12:30pm free lunch

After School Tuesdays-Thursdays •4-5:30pm VSS program (free snack)

Various programs are available for students in grades 7-12 in this unique "school within a school" setting at PRHS

One of the components of the Pelican Rapids ALC

on social skills such as respect, responsibility, and relationships.

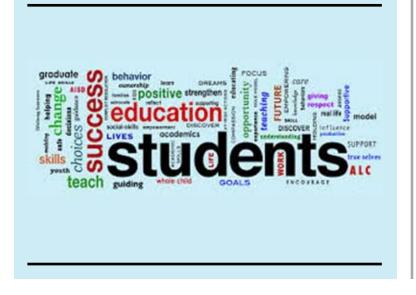
### Credit Recovery students in Grades 9-12

This is a program designed for students who need to complete core and elective courses for credit to help meet graduation requirements. There are credit recovery classes available during the school day, after school and on non-school Mondays providing flexibility for students who need to work or have child care issues. The program also focuses on organization, time management and study skills that help students achieve school success. We welcome students from any district between the ages of 16-21 who are behind in credits and want to enroll in our program.

# Our Alternative Learning Center offers students in Grades 9-12:

•small class size one-on-one instruction Compass Learning Curriculum (on-line individualized) comfortable learning environment ·"school within a school" annual Continual Learning Plan (CLP) for each student basic skill remediation •extended year (summer) learning individualized education state approved •tuition-free opportunity to earn a high school diploma career exploration New student registration Grades 7-12

### Contact the Lauren Siebels, High School Counselor at (218)863-5910. You will need to make an ap-



is a "school within a school" which is located in two classrooms in the PRHS building. Typically, an ALC is at a separate location but there are advantages of having it in the school such as giving the students the option of taking some courses in the ALC and others in the regular classroom.

### Mid-Level ALC for students in Grades 7-8

The school day ALC English and ALC Math classes provide more individualized instruction for students performing below grade level. The smaller class size provides a positive learning environment that promotes opportunities to experience academic success. The focus is on grade level material which allows them to keep up with the rest of the students in their grade. The program also focuses

pointment to stop by the school and meet with her and fill out an application. If the potential student is under the age of 18, a parent or guardian must attend the meeting. If you have attended in other districts we will need a copy of your transcript(s).

### Eligibility

All students attending programs through the ALC must meet specific criteria such as: is below one or more grade levels on standardized tests; is behind in satisfactorily completing coursework or obtaining credits for graduation; speaks English as a second language or is an English learner. If you have questions regarding eligibility for these programs, contact: grades K-6 Janell Schmidt (218)863-5910 ext. 5237 or grades 7-12 Amy Korf ext. 4830.

# Life-long Learning

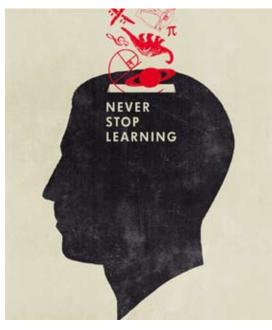
By Nadine W. Brown, Community Education Coordinator

When I turned 16, my dad told me "there are three important things in life to know... if you don't know something, ask. If you want something, say please and when you get it say thank you." I am sometimes kidded by my friends that I am someone who asks a lot of questions (surprise!). I tell them I'm not "nosey" but that I genuinely want to learn an answer to a question (thanks Dad!) I also feel that way about wanting to learn how to make something or how to become better at a task or talent.

I always thought my father was wise, even though he had an 8th grade education. It seemed to me that he never stopped learning new things. So it makes sense that I am such a believer in the power of Community Education. I am very excited to offer the Fall Class list to you which gives you opportunities to learn something new, brush up on your skills, share your passion for theatre with others, or just come and meet new people.

I also want to thank the Community of Pelican Rapids for believing in education for our students AND adults by voting for the improvements and additions to the school buildings. We are going to have a beautiful space for theatre, band, choir, and community events in the new Auditorium. The addition of the Legacy gymnasium in the Al Siegle Activities Center will provide not only more chances for students to get involved in athletics and activities but will give our community a space to be proud of.

We are always ALWAYS looking for new ideas for classes to offer to our community members. If you have any ideas of what would make a good class, if you have always wanted to learn something new --then let us know. You can contact me at the High School (218)863-5910 ext. 4372. Hope to see YOU at one or more of our Fall Classes!



**Registration Information** 

You can register over the phone, through email, our school website, or the mail.

Call: Becky Wontor at 218-863-5910 x 4250 (Tues-Fri)

Email: bwontor@pelicanrapids.k12.mn.us School Website: www.pelicanrapids.k12.mn.us click Community on navigation bar, then Community Education on drop-down menu

Mail completed registration form to: Community Education, PO Box 642, Pelican Rapids, MN 56572

# Pelican Rapids Community Education Fall Classes 2016

			October			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			100200			1
2	3 •XaBeat •Fall Silk Door Decor	4 •Native "Wild" Plants	5 •XaBeat	6 •Heartsaver First Aid/ CPR/AED	7	8
9	10 •XaBeat	11 •Spencerian Penmanship	12 •XaBeat	13 •Car Care	14	15 •BBQ Bacon
16	17 •XaBeat	18 •Computers for Seniors 1 •Spencerian Penmanship	19 •XaBeat	20 •Welcome to Medicare •Medicare 2017 •Health Care Directives •Essential Oils	21	22
23	24 •XaBeat	25 Computers for Seniors 2 •Spencerian Penmanship	26 •XaBeat	27	28	29
30	31 •XaBeat					
			November			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 •XaBeat	3	4	5 •Outdoor Winter Container
6	7 ∙XaBeat	8	9 ∙XaBeat	10 •Home Brewing	11 •Church Basement Ladies	12 •Outdoor Winter Container •Home Brewing
13	14 •XaBeat	15	16 ∙XaBeat	17	18	19 •Gallery on the Go Painting
20	21 •XaBeat •Fall Centerpiece	22	23 •XaBeat	24	25	26
27	28 •XaBeat •Christmas Wreath	29	30 •XaBeat			
			December			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 •Home Brewing	2	3
4	5 •XaBeat	6 ∙Making Felted Hat	7 ∙XaBeat	8	9	10 •Babysitter's Safety Training
11	12 •XaBeat	13	14 ∙XaBeat	15 16		17
18	19 •XaBeat	20	21 ∙XaBeat	22	23	24

General Information Please register for <u>all</u> classes so the minimum number of participants is met and instructors can plan accordingly

·You are enrolled in class once we receive your registration. We will contact you if the class is cancelled.

•Class fees can be made with cash, a check-write to: ISD #548-please send a separate check for each class-we will not cash your check until after the class, or by using our PaySchools online system (go to school website: click on PaySchools, top right).

•Unless otherwise indicated, the classes offered are open to adults.

Storm Policy If the Pelican Rapids Schools are cancelled or release students early due to bad weather, Community Ed classes will not be held.

Non-Discrimination Policy It is the policy of ISD #548 to comply with federal and state laws prohibiting discrimination.

# nunity Ed Class Registration

Please mail this registration form to:

Community Education, PO Box 642, Pelican Rapids, MN 56572

Make checks payable to: ISD #548 (please write a separate check for each class)

Class:	Fee \$	Class:		Fee \$
Name:			Phone:	
				in case we need to contact you about the class
I would like to see the following cla	ass(es) offered:_			
I would be interested in teaching the	he following clas	s(es):		
Age category (for state reporting):	Grade K-12	Age 19-5	54	Age 55+

# **OCTOBER CLASSES**

### XaBeat

XaBeat is a dance fitness program that provides cardio and toning in a party like atmosphere! The routines are simple and easy to follow. You can burn anywhere between 600-1200 calories in a

XaBeat class! Our routines contain less turning and twirling so you can concentrate on the fitness part of it and get a better workout! In our XaBeat classes you will sculpt your body and burn calories while having a total blast! Our music sets the mood and creates a party- like environment that leaves participants asking for more. **Instructor: Tami Seifert** 

When: October-May (begins October 3<sup>rd</sup>) •Mondays 5:15-6:15pm Legends (old) Gym enter through Door #1 (east side) & follow signs •Wednesdays 6:00-7:00pm new dance studio enter through Door #7 (west side) & follow signs Class Fee: \$48 for 8 sessions or \$6 for 1 class 1st class is free if you've never tried XaBeat before! Fall special:

Free XaBeat bag if attend 10x or more Oct-Nov Free XaBeat sweatshirt if attend 20x or more Oct-Dec

**Registration is not required, join us anytime!** Check XaBeat Pelican Rapids on Facebook for class updates including time changes and cancellations **Questions:** Call Becky at 218-863-5910 x4250

### Brown-Eyed Susans Fall Silk Door Decor

Who would be interested in taking a class to make your own Fall silk wreath or door swag? The Brown-Eyed Susans girls are hosting a night of Fall decor, spiced chai tea and appetizers!



Instructor: Lori Hanson Date: Monday, October 3<sup>rd</sup> 6:30pm Location: Brown-Eyed Susans downtown Pelican Rapids Class Fee: \$30.00 (includes supplies)

### Going Wild in Your Backyard

Tips on adding Native Plants Learn how and where natives might fit into your landscape, as well as some of the unique features and requirements of native plants. Natives are attractive yet low-maintance, solve challenges like shorelines, bluffs and extremes of sunlight, soils and moisture, and are great pollinators.

Instructors: Master Gardners LaRae McGillbray and Mary Beckman

When: Tuesday, October 4<sup>th</sup> 6:30-8:00pm Location: Pelican Rapids Public Library Class Fee: \$5.00

### Heartsaver First Aid/CPR/AED

Heartsaver courses are intended for individuals who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory

requirements. This would include teachers, childcare workers, fitness trainers, corporate workers, restaurant employees, lifeguards, coaches, parents, daycare providHEART SAVER

### **Spencerian Penmanship**

Spencerian Penmanship is the ornamental penmanship and flourishing that was used in creating calling cards and

eloquent art works. You will learn how to write in this lovely style of penmanship under the skilled instruction of Terese Rotenberger, a Fraktur and Ornamental penmanship artist. Terese will teach you how to hold the

stylus, learn basic strokes and create beautiful scrolling.
Instructor: Terese Rotenberger
When: Tuesdays, 6-8:00pm (3 session class)
October 11<sup>th</sup> (session 1)
October 18<sup>th</sup> (session 2)
October 25<sup>th</sup> (session 3)
Location: PRHS Media Center Door #8 (west side)
Class Fee: \$25.00 includes paper and use of stylus
for class (if you want to purchase the stylus, it will be an additional \$18, payable at the class)

### **Car Mechanics for the Beginner**

Do you feel like you're about the get "ripped off" every time you take your car to a mechanic? Local businessman and knowledgeable mechanic, Scott Richardson, will take you through an informative evening session where he'll talk about the DO's and DON'Ts in taking your car to a shop. This class is suitable to adults AND teenagers who have just acquired their first car.

Instructor: Scott Richardson When: Thursday, October 13<sup>th</sup> 6:00-7:00pm Location: Rapids Brake and Alignment downtown Pelican Rapids Class Fee: \$10.00

### **BBQ BACON and MORE 2.0**

Based on last year's popular BBQ-Smoking Class, we've brought back award-winning BBQ Champion, CJ Holl to teach us how to cook "low and Slow". This year's class will teach you about the different types of smokes, woods, rubs, injections PLUS you will have a chance to make your own Caroline Mustard Sauce (mmmmm good!). CJ will also discuss how to make bacon from side pork and give us samples to eat! Come Hungry and Come Ready to Learn!

### Instructor: CJ Holl

When: Saturday, October 15<sup>th</sup> 1:00pm Location: Sharin Park Pavillion, Pelican Rapids (Class will be held Rain or Shine. Dress Accordingly) Class fee: \$20.00 includes take home products



Actually you don't have to be a "Senior" to take this class. It's for anyone who wants to learn how to use a computer starting with the basic "How do I turn this thing on?" There will be a general overview of work processing, sending emails and other fun on a computer. The class is taught in a low-stress, thoughtful training session. Feel free to bring your laptops (if you own one) and your questions.

### Medicare 2017: Updates and Considerations for Open Enrollment

Attend this informal, informational class to learn about premium and coverages changes to Medicare Part A and Part B. The instructor will review the supplemental Medicare health plans, and Medicare prescription drug plans are all allowed to make changes on an annual basis. These changes are published around October 1<sup>st</sup>. Open enrollment begins October 15<sup>th</sup> and ends December 7<sup>th</sup>. During open enrollment, Medicare beneficiaries are expected to review the changes and make decisions about the adequacy of their current coverage. Learn the things to watch out for, and where to go for help. Questions are encouraged. **Instructor: Nancy Voss**, Otter Tail County Coordinator on Aging **Date: Thursday October 20<sup>th</sup> 1:00-2:00pm Location: Pelican Rapids Public Library Class Fee: \$5.00** 

### Learning About Health Care Directives

A Health Care Directive makes it more likely that your wishes regarding medical care will be followed in the event of a medical emergency. It will also let your care providers know who you have appointed to make decisions on your behalf if you are unable to communicate. Participants will have the opportunity to discuss the components of a Health Care Directive and to ask questions. Forms will be provided and notary services will be available for those who wish to complete them at the time of the class.

It will be helpful for you to bring the addresses and phone numbers of your designated health care agents. This is typically a spouse and/or child, but can be anyone you trust to carry out your directives. **Instructor: Nancy Voss,** Otter Tail County Coordinator on Aging



Otter Tail County Coordinator on Aging When: Thursday, October 20<sup>th</sup> 6:00-7:00 pm Location: Pelican Rapids Public Library Class Fee: \$5.00

### Learning About Essential Oils

You are invited to learn about all the amazing benefits of Young Living Essential Oils! In this class we will discuss the 11 most commonly used oils, what is the difference between health food store essential oils and Young Living essential oils, different ways to apply essential oils, basic safety when using essential oils and much much more! **Instructors: Lori Collison Lang and Megan Mozinski Date: Thursday, October 20<sup>th</sup> 6:00-8:00pm Location: Pelican Rapids Public Library Class Fee \$5.00** 

### **Computer for Seniors 2**

Continue learning more about the wonderful uses of a computer and the internet in this individualized question and answer session. Participants can bring their own laptops or specific projects to work on. Again, you don't have to be a "senior" to register.

Instructor: Nadine Brown

charged accordingly

When: Tuesday, October 25<sup>th</sup> 1-3:00 pm Location: Pelican Rapids Public Library Class Fee: \$10.00

### **NOVEMBER CLASSES**

### Brown-Eyed Susans Outdoor Winter Container Class

Brown-Eyed Susans will provide all the supplies for you to create your own unique outdoor decor. The class fee covers the basic assembly; additional embellishments available and will be charged accordingly.

**Instructor: Patti Boen** Choose 1 of 4 class options: 1) Sat., Nov. 5th at 10:00am 2) Sat., Nov. 5th at 1:00pm 3) Sat., Nov. 12th at 10:00am 4) Sat., Nov. 12th at 1:00pm Location: **Brown-Eyed** Susans downtown Pelican Rapids Class Fee: \$35.00 covers the basic assembly; additional embellishments available and will be



ers, and anyone who wants to learn how to do CPR and give First Aid. The Heartsaver CPR AED course is handson and covers adult, child, and infant CPR and use of the AED (Automated External Defibrillator). Included in the course is relief of choking. Heartsaver First Aid provides first responders with training in basic first aid proceduresincluding the first aid skills recommended by OSHA. The course covers first aid basics, medical emergencies, injury emergencies, and environmental emergencies. This course is for non-healthcare professionals. Limit 15 participants. **Instructor: Mary Johnson**, American Heart Association Certified **When: Thursday, October 6<sup>th</sup> 6:00-9:00pm Location: PRHS Media Center Door #8 (west side) Class Fee: \$45.00** 

### Welcome to Medicare

Are you turning 65 or nearing the 24<sup>th</sup> month of social security disability status? The transition to Medicare can be very confusing. Attend this informational class to learn the very basics of Medicare including when to enroll, how to enroll, and which common mistakes to avoid. Questions are encouraged.

Instructor: Nancy Voss, Otter Tail County Coordinator on Aging Date: Thursday, October 20<sup>th</sup> 11:00am-12:00pm Location: Pelican Rapids Public Library Class Fee: \$5.00

### **Please register for** <u>all</u> classes so the minimum number of participants is met and instructors can plan accordingly

### **Home Brewing**

After taking this class, you'll be able to brew beer in your own kitchen (or garage) that is just as good as (or better than) anything you can purchase. The class includes tasting, beer design and demonstration of the brewing process and appreciation of the final product. Due to the process of brewing, this 3 session class is spread through the November. Instructor: Dave Ellison, Brew master

### When (3 session class):

•Thursday, Nov. 10th 7:00pm (session 1)

•Saturday, Nov. 12th 9:00am-12:00pm (session 2)

•Thursday, Dec. 1st 7:00pm (session 3)

Location: Ellison's home, rural Pelican Rapids Directions and instructions will be

sent to participants prior to class Class Fee: \$25.00

Pelican Rapids Community Ed and OAKS

invite you to the

### **Detroit Lakes Historic Holmes Theatre's**

presentation of

### **Church Basement Ladies-Away in a Basement**



50 tickets available To register Call Nadine at 218-863-5910 ext. 4372

Friday, November 11th 2:00pm show When: **Detroit Lakes Historic Holmes Theatre** Location: Depart at 12:30pm (from PRHS west parking lot) Times: will return from the show at approximately 4:30pm \$25.00 includes theatre ticket & transportation Fee: (or \$22.00 if drive yourself and pick up your ticket at the Community Ed Office-you must register first)

Join other fun-loving theatre goers to take the short trip to Detroit Lakes to see the production of another hilarious Church Ladies show. This Christmas-themed show has the gals serving up a holiday sequel to the original Church Basement Ladies comedy. It is the 1959 Sunday School Christmas Program. As the children rehearse, kitchen ladies are finishing up goodie bags and touching up Nativity pieces. Little do they know what surprises await when they are called upon to step in and save the day. One reviewer wrote "You'll laugh, you'll cry, and then laugh some more!"

Trip co-sponsored by Pelican Rapids Community Ed and OAKS (Organizing Acts of Kindness for Seniors)

### Gallery on the Go **Painting with Friends**

Spend a fun two hours learning new painting teachniques and leave with a lovely creation! Even if you've never painted before, Jolene will help you create a beautiful picture that you will want to display proudly in your home. This class includes all supplies necessary to pain and 11 x 17 acryllis painting titled "Grateful". The VFW opens at 11 am so you can come early if you wish to have a meal and beverage (not included in class fee). Invite your friends and come prepared to have a great time. Class Minimum: 5 students

Instructor: Jolene Haller Independent Guide When: Saturday, November 19th 11:30am-1:30pm Location: Pelican Rapids VFW deck area Class Fee: \$30.00





### **Popular Christmas Wreath class!**

### DECEMBER CLASSES

### **Making Your Own Unique Felted Hat Class**

Participants will learn how to use needle felting techniques to decorate a pre-felted cloche hat; (A wool close fitting hat for women). No felting or sewing experience is needed. You will leave the class with a beautiful hat and new skills.

**Instructor: Joanie Ellison** When: Tuesday, December 6th 7:00-8:30 pm Location: PRHS FACS Room A108 Enter Door #8 (west side) Class Fee: \$25.00 includes materials



### **B.L.A.S.T. (Babysitter's Lessons in Safety Training)**

This American Academy of Pediatrics and American Heart course helps prepare you for the responsibility of babysitting infants through school aged children. You will learn to perform tasks such as diapering, preparing simple meals, and dressing; how to handle

emergencies and focus on safe care of infants and children. Handouts will be provided and a BLAST book is available for \$10. Class for ages 11 years and older.

Minimum participants 10.

Instructor: Mary Johnson, American Heart Association Certified When: Saturday, December 10th 9:00am-3pm Location: PRHS Media Center Door #8 (west side) Class Fee: \$25.00 class only **OR \$35.00 (class + book)** 

Please bring a sack lunch to this class.

# Pelican Rapids Community Education

Partnering with our community to offer lifelong learning.

Have ideas? Want to teach a class? Call Nadine at 218-863-5910 x4372 View our community education classes on the Pelican Rapids school website: www.pelicanrapids.k12.mn.us



### FEBRUARY CLASS

### PELICAN RAPIDS COMMUNITY ED INVITES YOU TO THE CHANHASSEN DINNER THEATRE'S PRESENTATION OF \$25.00

deposit due by November 15

Come along to the idyllic kingdom of Camelot. Revel in the rich, deeply romantic legend of King Arthur and his beloved Queen, Guenevere

Celebrate the dashing Sir Lancelot, the gallant Knights of the Round Table, the mystical wizard Merlin and the Lady of the Lake from the mists of Avalon

Beyond romance, noble quests and magic spells lie twisted plots, inner demons and betrayal – all threatening to snuff out Arthur's dreams to build the greatest kingdom ever known - one where true jus tice and compassion reign supreme.

### The ideals of Camelot are ones we long for in our own day, making Camelot a hopeful legend for all time.

Written by Alan Jay Lerner and Frederick Loewe (My Fair adoon), Camelot is a multi-Tony Awar Lady, Brig





There will be festive music, food & drink and a beautiful wreath to design and decorate to take home for the holiday season. Instructor: Lori Hanson Date: Monday, November 28th 6:30pm Location: Brown-Eyed Susans downtown Pelican Rapids Class Fee: \$25.00 (includes supplies)

### **Brown-Eyed Susans Fall Centerpiece Class**

Brown-Eyed Susans is offering a class for you to make your own fresh Fall Centerpiece, perfect for your Thanksgiving table or to use as a hostess gift. Learn design techniques and show off your new skills! **Instructor: Lori Hanson** Date: Monday, November 21st 6:30pm Location: Brown-Eyed Susans downtown Pelican Rapids Class Fee: \$25 (includes supplies)



including one for Best Musical Score.

### Camelot is based on the King Arthur legends found in T.H. White's novel 'The Once and Future King'

Rediscover the romance and grandeur of Camelot at Chanhassen Dinner Theatres.

DATE: Saturday, February 11, 2017



- TIMES: Depart at 8am and return at 8:30pm
- \$110 includes roundtrip bus motorcoach transportation, COST: 3 course meal at Chanhassen, musical presentation There are 48 tickets available so get your reservations in early!
- DEPOSIT: \$25 Deposit due by November 15<sup>th</sup> (non-refundable) Final payment due before January 9th

### REGISTER: Call Community Ed (218-863-5910 ext. 4372) to reserve your spot

We will be leaving the PRHS west parking lot at 8am, stopping at Clearwater for a break, and arriving at the Chanhassen at 11am. You will be served a 3 course lunch, have time to browse the theatre complex, see the musical presentation of "Camelot" from 1-3:30pm, and return to Pelican Rapids arriving at approximately 8:30pm. Ages 12 and up are welcome to attend (children under 18 must be accompanied by an adult).

# FREE Viking Preschool and Early Childhood Family Education Programs

### Early Childhood Family Education

Early Childhood Family Education (ECFE) is a parent-child program for children aged birth to Pre-K and their parents. ECFE strongly believes that parents are a child's first and most important teachers. The ECFE program of Pelican Rapids wants all families with young children to be aware of our program.

# **FREE** Viking **Preschool**-

### Viking Preschool ages 3-4

Child must be 3 yrs old by September 1, 2016 to enroll Wednesdays 7:45-10:30am & Fridays 7:45-11am (includes breakfast)

### Viking Preschool-School Readiness

We use the Math and Language Pre-K curriculum incorporated throughout Viking Elementary K-6. It is integrated in an age-appropriate hands-on Pre-K experience. Our Pre-K program is supported by state funding.

### Bright Start Child Care Home Visits and Family Outreach Program

You may participate in this once a month visiting program in which Janet Woolever will come into your home with activities and resources. Call Janet at (218)863-5910 extension 5393 with questions or to schedule a visit. Supported in part by United Way of Otter Tail County

### Viking Preschool ages 4-5

Child must be 4 yrs old by September 1, 2016 to enroll

Tuesdays & Thursdays 7:45am-3:45pm (can access busing/2 meals & 2 snacks/day rest time)

### Call Terra or Megan at 218-863-5910 extension 5393 to enroll your child.

Please note: Viking Preschool is a 4 Star Preschool, in accordance with Minnesota Parent Aware Rating!

# **Early Childhood Family Education (ECFE) Classes**



### Please Note:

•We would love to see you and your family. Our classes have size limits so <u>please</u> register.

-The ECFE classroom is located at the Viking Elementary School in the  $1^{\rm st}$  grade hallway across from the library.

•Please check our school webpage for current classes and changes: www.pelicanrapids.k12.mn.us

Click on 'Our Schools' on top menu bar, choose 'Viking Elementary School', then choose 'Classrooms', click on 'Fitzsimmons, Terra-Pre-K and ECFE Programs'

### Weather Alert:

If school is cancelled due to weather, ECFE & Preschool classes are also cancelled. Please call if you have any questions as weather worsens throughout an afternoon and or evening.

You can reach Terra Fitzsimmons and Megan King at (218)863-5910

# Pelican ECFE loves our families! Here is our staff:

Terra Fitzsimmons

ECFE & School Readiness Teacher/Coordinator Email: tfitzsim@pelicanrapids.k12.mn.us Voicemail: 218-863-5910 ext. 5393

Megan King

### Wacky Wednesdays

This class is for ages 0-5 (not yet in Kindergarten). This fun group explores our classroom activities, shares songs, books and fingerplays. This busy class does *not* separate for parent discussion.

Wednesdays, 10:45-12pm September 14<sup>th</sup>-November 30<sup>th</sup>

### **Toddler** Time

This class is for ages 0-2. Come and share your toddler's energy with the whole crew! We'll spend our time together doing art, playing, and meeting each other. We will close with a circle time together which will include music, story and movement. Thursdays, 6-7:15pm September 15<sup>th</sup>-October 27<sup>th</sup>

### FIELD TRIPS

### Thea's Pumpkin Patch and Corn Maze

**Trowbridge Creek Zoo** new exotic animal zoo by Vergas **Dates and times to be announced** 

# **ECFE Class Registration Form**

Please register for all classes that your family wants to attend.

Child's Name:		Age
Child's Name:		Age
Phone (day): _	(evening):	

Class Name	Days/Times	✓ box to register
Wacky Wednesdays	Wednesdays, 10:45am-12pm Sept. 14-Nov. 30	
Toddler Time	Thursdays, 6-7:15pm Sept. 15-Oct. 27	
I'm With the Band	Thursdays, 6-7:30pm Nov. 3-Dec. 15	

### I'm With the Band



This class is for ages 3-5 (not yet in Kindergarten). This class has a music emphasis-there will be guest performers including the PRHS Pep Band. Parents join their preschooler for learning centers, circle time, and parent discussion.

Thursdays, 6-7:30pm November 3<sup>rd</sup> - December 15<sup>th</sup> (except Nov. 24<sup>th</sup> Thanksgiving)





ECFE Early Childhood Educator Viking Preschool Teacher Email: mking@pelicanrapids.k12.mn.us Voicemail: 218-863-5910 ext. 5569

Kimberly Hernandez Classroom & Child Care Home Visitor Assistant Spanish Translator Email: khernand@pelicanrapids.k12.mn.us Voicemail: 218-863-5910 ext. 5393

> Tami Hanson Preschool Classroom Para

Janet Woolever Child Care/Family Home Visitor

Pumpkin Patch Field Trip	Date TBA	
Trowbridge Zoo Field Trip	Date TBA	

Please contact me about receiving home visits:

- O Caring Connections O Bright Start
- To register for ECFE classes or if you have questions:
- Call Terra at 218-863-5910 ext 5393 or email: tfitzsim@pelicanrapids.k12.mn.us
- **Mail registrations to:** ECFE, P.O. Box 642 Pelican Rapids, MN 56572



### The Leader In Me<sup>™</sup> Program offers a challenge to our students and teachers that is very special...a private gift

By Doug Bruggeman, Lighthouse Team and Encourager

The more I view the world around me, the more I am convinced that the skills and habits that are being presented to our students through the "Leader in Me" program are as important to their future success as anything we do in our school system. At the heart of the "Leader in Me" program is Stephen Covey's "Seven Habits of Effectiveness". These seven habits are rooted in a belief that each individual must take responsibility for their own lives. Introducing our students to the POWER that they have to truly transform their lives is as exciting as it is challenging.

The principles behind each habit are sound and really easy to understand. The challenge unfolds when we ask students to move away from the "easy way out"; making excuses, blaming, relying on others, etc... to comprehending how greatly they can impact their own lives with their thoughts, words and actions. The foundation habits, the ones that establish the deep roots needed to weather the storms of our life, are all geared towards not doing what is easy but instead accepting responsibility for our lives! Putting into action the first three habits is what Stephen Covey calls our "Private Victory". These first three habits are big steps in the journey towards becoming more effective.

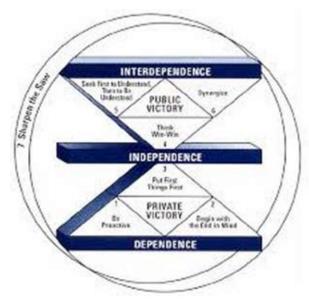
### THE PRIVATE VICTORY - Habits 1, 2 & 3

Habit 1 – Be Proactive = Author Charles Swindoll hit it out of the park when he said; "Life is 10% what happens to you and 90% how you respond to it." Our ability to choose how we feel is really the ultimate freedom we have as humans. The "easy way" is to blame others for our unhappiness or struggles - It is much more effective to work on the things we can control and establish a proactive, instead of reactive, attitude.

Habit 2 – Begin with the End in Mind = Would you start a puzzle without having a picture of the finished product? Would you head into downtown Chicago without Mapquest or Siri? Taking time to create a vision of what we would like to happen in our lives is really an effective way to take responsibility for your life. Here is where missions, goals and objectives create effectiveness. The "easy way" is to go with the flow and let others decide for you, however,

### this often that leads you down the wrong roads.

Habit 3 – Put First Things First = Facebook, Twitter and Snapchat have really pushed the importance of this habit to the forefront. Habit 3 simply says, we cannot become effective in our roles in life unless we really look into what are our "Big Rocks". Big rocks are the things that are really important to us. These are the events, jobs, and people that we identify as being essential to our "End in Mind". Unless we get in the habit of prioritizing our lives, we easily spend time on the trivial aspects of life and lose opportunities to really impact the things that are really important.



I hope you can see how key this program can be by just looking at the first three habits. These principles are ways in which we can all mover towards future success. These habits are the key steps that move you from being dependent on the world around you to being independent and in charge of your life. Once we establish these roots, we will then begin to push our students to go after what is called the "Public Victory". When a person has the strong roots established by Habits 1, 2 & 3 they are mentally and emotionally ready to move from being independent to interdependent. This is a key step towards building strong and lasting relationships.

### THE PUBLIC VICTORY - Habits 3, 4 & 5

Habit 4 – Think Win-Win = I have been reading a lot about leadership and how the ultimate leader is a "servant leader". This is what thinking win-win is all about. Working with others in a way that leaves people, groups, and/or organization in winning situations. The "easy" in life is to be selfish and think about only you. Your life starts to take on a whole new meaning when you work to help others achieve success.

Habit 5 – Seek First to Understand & Then to be Understood = Think about how often you sit down and really hear what a person is saying and understand what they truly want. I know in a marriage that this is one of the toughest roadblocks to happiness. Ultimately, if we are going to create strong and lasting relationships and/or partnerships it is quicker to get their by taking the time to listen and understand. Making sure another person knows we hear them and understand is powerful.

Habit 6 – Synergy = Synergy happens when your roots are strong enough to accept other's thoughts even when they go against your own. Synergy happens when you seek to create not a compromise but a truly better way to accomplish your goal(s). It is easier to go with the attitude of "my way or the highway" but ultimately you may miss the chance to travel a road that will lead to even better opportunities!

The Leader in Me program offers a challenge to our students and teachers that is very special. Like learning the basics of reading, writing and arithmetic it is a gift that each person can choose to give themselves. A gift that will continue to give their whole life. Is it easy? No. But, when you look at life, nothing that is really worthwhile is ever easy! By the way, Habit 7 surrounds the whole system with the advice to take time to recharge "you". Everyone needs to take time to re-energize themselves physically, emotionally and spiritually. Sounds easy right?

HABIT 1: Be Proactive HABIT 2: Begin with the End in Mind HABIT 3: Put First Things First HABIT 4: Think Win-Win HABIT 5: Seek First to Understand & Then to be Understood HABIT 6: Synergy HABIT 7: Sharpen the Saw

### Student non-discrimination policy-

Students are protected from discrimination on the basis of gender pursuant to Title IX of the Education Amendments of 1972 and the Minnesota Human Rights Act. A complete copy of this policy is available in on the district web site and at each school building. The Pelican Rapids School District provides equal educational opportunity for all students and prohibits discrimination on the basis of gender, parental, family and/ or marital status.

### Rehabilitation Act prohibits discrimination against disabled

Section 504 of the Rehabilitation Act of 1973, prohibits discrimination against persons with disabilities in any program receiving federal financial assistance. The Act defines a person with a disability as anyone who: 1. has a physical or mental impairment that substantially limits one or more major life activities, including learning; or 2. has a record of such impairment; or 3. is regarded as having such impairment.

Learners may be protected from disability discrimination and be eligible for services, accommodations, or programs under the provisions of Section 504 even though they are not eligible for special education pursuant to the Individuals with Disabilities Education Act. It is the responsibility of the school district to identify and evaluate learners who, within the intent of Section 504 of the Rehabilitation Act of 1973, need special services, accommodations, or programs in order that such learners may receive a free appropriate public education. 7. This policy if available to parents and students upon written request to the Superintendent.

"Directory information" means information contained in an education record of a student which would not generally be considered harmful or an invasion of privacy if disclosed. It includes, but is not limited to: the student's name, enrollment status (i.e. full-time or part-time), participation in officially recognized activities and sports, weight and height of members of athletic teams, degrees, honors and awards received, and the most recent educational agency or institution attended, and photos taken in the normal course of school activities. Directory information does not include personally identifiable data which references religion, race, color, social position or nationality. Data collected from nonpublic school students, other than those who receive shared time educational services, shall not be designated as directory information unless written consent is given by the student's parent or guardian.

The school district may disclose directory information from the education records of a student without prior written consent of the parent of the student or eligible student, unless as provided herein. In order to make any or all of the directory information listed above "private" (i.e. subject to consent prior to disclosure), the parent or eligible student must make a written request to the building principal within thirty days after the date of this publication. secondary students to military recruiting officers within 60 days after the date of the request. Should the parent of a student or eligible student so desire any or all of the listed information will not be disclosed to military recruiting officers without prior consent. In order to refuse the release of this information without prior consent the parent or eligible student must make a written request to the building principal by September 30th each year.

Indoor Air Quality Pelican Rapids Public Schools advocate a healthy school environment in which the surroundings contribute to an environment conducive to learning for students, and productivity for teachers and staff. To help accomplish this, we have implemented an IAQ Management Plan using guidelines provided by the Minnesota Department of Education, and the "Tools for Schools" document developed by the U.S. EPA. Trevor Steeves is the IAQ Coordinator for the Pelican Rapids Public Schools. He has been trained and certified by the Minnesota Department of Education to fulfill this position. All issues concerning indoor air quality should be brought to his attention, and he can be reached by calling 218-863-5910 at the high school.

Asbestos Notification In accordance with federal regulations, Pelican Rapids Public Schools have management plans documenting the location and condition of all known or assumed asbestos containing materials (ACM) in each building. Every six months, an accredited inspector visually inspects the condition of the ACM. The high school management plan is available for public inspection at the district office during normal business hours. The elementary management plan is available for public inspection at the elementary school office during normal office hours. Trevor Steeves is the designated person responsible for maintaining the asbestos management plans for the district. He can be reached at 218-863-5910 with any questions. Pesticide Notice A state law went into effect in the 2000 that requires schools to inform parents and guardians if they apply certain pesticides on school property. The Pelican Rapids School District contracts for pest elimination. Interior work is done in January, April, July and October; exterior work is done in May and August. The pest control service provider performs the service before or after regular school hours. The district office has complete information on all pesticide products used in the buildings. Parents may review or copy this material at their own expense. If a parent or guardian wishes to be notified prior to any pesticide application made on days other than dates specified (excluding emergency applications) contact Trevor Steeves, Health and Safety Coordinator. Pelican Rapids Public School, PO Box 642, Pelican Rapids, MN 56572; 218-863-5910.

Persons who have questions, comments, or complaints should contact their child's principal.

### Release of student information

Student Records-Pelican Rapids School District No. 548 gives notice to parent of students and eligible students currently in attendance in the District of their rights regarding pupil records:

The right to inspect and review the student's education records;
 The right to request the amendment of the student's education records to ensure that they are not inaccurate, misleading or otherwise in violation of the student's privacy or other rights;

3. The right to consent to disclosures of personally identifiable information contained in the student's education records, except to the extent that such consent is not required for disclosure pursuant to this policy, state or federal law, or the regulations promulgated thereunder;

4. The right to refuse release of secondary students' names, addresses, and home telephone numbers to military recruiting officers;

5. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the school district to comply with the federal law and the regulations promulgated thereunder;

6. The right to be informed about rights under the federal law; and

a) The information listed above shall be public information which the school district may disclose from the education records of a student.b) Should the parent of a student or the student so desire, any or all of

the listed information will not be disclosed without the parent's or eligible student's prior written consent except to school officials as provided under federal law.

c) In order to make any or all of the directory information listed above "private" (i.e., subject to consent prior to disclosure), the parent or eligible student must make a written request to the building principal within thirty (30) days after the date of the last publication of this notice. This written request must include the following information:

(1) Name of student and parent, as appropriate; (2) Home address; (3) School presently attended by student; (4) Parent's legal relationship to student, if applicable; (5) Specific category or categories of directory information which is not to be made public without the parent's or eligible student's prior written consent.

Pelican Rapids School District No. 548 hereby give notice to parents of secondary students and eligible secondary students of their rights regarding release of information to military recruiting. The school district must release the names, addresses and home telephone numbers of



# Pelican Rapids Students Learn For Life!

# **Two Pelican Rapids Graduates Named** 'Teacher of the Year' in their Districts

### **Dawn Grefsrud** named 'Teacher of the Year' at South Dakota School District

Article excerpt and photo courtesy of The Pelican Press

### Books play a key role in Dawn's pursuit of engaging each of the students at their level.

Pelican Rapids High School graduate Dawn Grefsrud was named 2016 Rosholt School District Teacher of the Year. She is the daughter of John and Shirley Jenson, Pelican Rapids. Books play a key role in Dawn's

pursuit of engaging each of the students at their level. "I'm known for all my books,"

said Dawn. "I have bookshelves full-way too many! I want to find books each kid will enjoy, finding out what they like." Even

if that means checking books out of her public library, just to hear a boy ask: 'Can I get the next one?

A career in teaching had been an option in the back of Dawn's head since she was a little girl, though she wasn't quite sure that was the way to go as she headed to college.

"When I was little, I used to play school with my three brothers all the time," said Dawn. "We had a desk in the basement, and I was always the teacher."

She still remembers the names of every teacher she had at Pelican Rapids schools, and there were several that inspired her. One that she mentioned was her sixth grade teacher, Mr. Grothe. She also spoke of her high school trigonometry teacher, Mr. Polley. "He related well to us, and always had fun activities for us to do," said Dawn. "He was a good teacher, who used a little humor, and was respectful of the students." These are traits Dawn follows in the classroom.

When asked about her career. Dawn said, "I don't think of teaching as a job. It's just

something I like to do." One parent who nominated

Dawn for Teacher of the Year was thrilled with a little project she created this year to teach a life lesson. "She taught the kids how to 'pay it forward.' She sent home little cards, each time the kids do something nice for someone, they give them a card that says, "Pay it forward." So the next person can do something good for someone else. "I love that it teaches kids how to be kind, not just because they are told to, but because they want to. She plants the seed and we as parents can watch it grow into something wonderful!'

### Austen Miller is the 2015 Morris area **Teachers Association** 'Teacher of the Year'

In addition to using technology in his classroom, Miller also serves as one of the district's technology coaches, helping other teachers learn how to integrate technology into their classrooms. "I almost enjoy that as much as teaching ... you can have a bigger impact, your reach grows a little bit," said Miller.

Article Excerpt and Photo Courtesy of The Morris Sun Tribune

Austen Miller, son of Bard and Lorrie Miller of Pelican Rapids, was a 2001 PRHS graduate who received his degree from the Minnesota State University-Moorhead in 2006.

Miller joined the staff at Morris Area in 2010, after working three years as a paraeducator doing specialized interventions for students who were at risk of being placed in special education progran



Miller said he uses technology to provide differentiated instruction, working to provide students with different avenues of learning that meet their needs and skill levels.

One popular program is IXL, a math and language arts program with lessons that range from preschool to high-level calculus. When teaching students about money, Miller said he can have students work on activities that range from counting coins to making change, depending on their skill level.

Another program, Raz-Kids, offers guided online reading with interactive ebooks that can be assigned based on the student's reading level. Students can even record themselves reading for Miller to review outside of class.

The programs then provide teachers with data and tracking mechanisms they can review student work and see what help each one may still need.

# National Society of Collegiate Scholars welcomes Aisha Yussuf Ahmed as member

Article Excerpt and Photo Courtesy of The Pelican Press

Aisha Yussuf Ahmed of Pelican Rapids, MN has accepted membership in The National Society of Collegiate Scholars (NSCS).

"NSCS is more than just a symbol of academic achievement. Membership gives students access to a number of amazing benefits including career and networking resources, scholarships, travel, and services projects both on campus and in the community," said Stephen E. Loflin, NSCS Founder & Chief Executive Officer.

NSCS is a member of the Association of College Honor Societies and is the nation's only interdisciplinary honors organization for first-year and secondyear college



students. Membership is by invitation only, based on grade point average and class standing. NSCS has over one million lifetime members and 300 chapters in all 50 states, the District of Columbia and Puerto Rico.

AT PRHS EVERYONE IS A LEADER AND EVERY LEADER VALUES INTEGRITY, SHOWS RESPECT AND ACTS RESPONSIBLY

### **PRHS 2011 graduate Maggie Knorr**

continued from page 1

### What Post-Secondary education institution did you attend and what degree did you earn?

I attended Hamline University in St. Paul, MN. I graduated in May with a B.A. in Philosophy and Economics, and a Teaching English as a Foreign Language (TEFL) Certificate.

### Describe your career choice and what you enjoy about your career?

My career is a work in process. In January I will be going to Malaysia as a Fulbright English Teaching Assistant. I enjoy teaching a lot, but I think that interest could manifest itself in multiple ways in the future. Once I return I am considering graduate school, which would allow me to teach at a higher level. I am not going to pretend that I have everything figured out yet, but I am excited to see where this path will take me.

### How did PRHS prepare you for college?

### what you can do in college. What extracurricular activities did you participate in while you were at PRHS?

I was involved in quite a lot at PRHS. I was involved in NHS, Theater, Speech, Knowledge Bowl, and Student Council. I even played soccer during my senior year, which I regret not joining sooner. Speech was particularly helpful when I got to college and had to give several presentations in my classes.

Do you have any special memories of your time at PRHS that you would like to share?

I learned to knit behind stage of The Sound of Music, a hobby that I still pursue to this day. The theater program at PRHS made me who I am today. I made so many good friends there, developed self confidence, and always felt encouraged to be myself. Some of my best memories are the laughs that I had being involved with The Sound of Music, Little Shop of Horrors, Cinderella, A Midsummer Night's Dream. Directing a play my senior year also gave me some important lessons in leadership and time management.

Miller teaches second grade and loves it. "They're at that age where they still love their teacher and everything is new and exciting," said Miller.

Miller has been giving back to his colleagues and the district through his work on the district's Technology Committee. Miller has been an active member since it was formed four years ago, and has been one of the leaders in getting the current technology initiative off the ground.

Beginning this year, the district launched a oneto-one initiative, providing Chromebooks to all students in fifth and ninth grades and purchasing additional iPads and Chromebooks for use across the district.

In second grade, students have access to iPads that teachers can use in the classroom. Most often,

"It puts 20 more teachers in the classroom if you do it right," Miller explained. In addition to using technology in his classroom, Miller also serves as one of the district's technology coaches, helping other teachers learn how to integrate technology into their classrooms. "I almost enjoy that as much as teaching ... you can have a bigger impact, your reach grows a little bit," said Miller.

When he's not in front of a room full of second graders, Miller also works as the high school girls' golf coach. After a successful 2015 season, Miller and the team are looking forward to the spring. Miller said he also likes to spend time with his wife, Kathy, and two-year-old daughter Nora.

Email Becky at bwontor@pelicanrapids.k12.mn.us with any Pelican Rapids graduate news stories so we can share them on this 'Pelican Rapids students learn for life' page! I think the biggest preparation was being involved in activities and working with my classmates. Teamwork is incredibly helpful in college and at work. I also am glad that I had great relationships with my teachers, which made me less afraid to work with my professors in college. Professors make all the difference, and getting to know them can make your college experience much more rewarding. I was initially worried that I would not be able to keep up with my incoming college classmates who all seemed to have taken dozens of AP courses. Once you are in college the playing field is level again. Nobody cares how well you did in high school, you just need to show

### Any words of wisdom you would like to give the students in Pelican Rapids?

It took until I left Pelican Rapids to appreciate everything that the people in the community gave me. A love of learning, a passion for being involved in my community, and an appreciation for the beauty of diversity. These things have influenced much of what I have done with my life, and my dreams for the future.



# SCHOOL RENOVATION PROJECT SHOWCASE



# FINE ARTS AUDITORIUM

- Seating for audience of 530
- Upgraded lighting and improved sound
- Larger lobby area
- Light lock doors open to auditorium
- Improved handicapped accessibility

### UPCOMING EVENTS:

PRHS Band Concert

Thursday, November 10<sup>th</sup>

**PRHS Choir Concert** 

Thursday, November 17th

Free concert featuring Pelican Rapids finest musicians with tour of the Auditorium to follow concert

Monday, November 21st

"Give Thanks" Concert

# SCHOOL RENOVATION PROJECT UPDATE

By Trevor Steeves, Building and Grounds Superintendent

As summer came to a screeching halt, everyone at the Pelican Rapids Schools was hard at work getting ready for the new school year. We are very excited to show off the updated areas and new auditorium and activities center. The School District facilities are very impressive and will serve our community well. We will be doing other District-wide deferred maintenance projects for the next several years. Please stop in when we have our open house or better yet, take in a PRHS activity.



# UPDATED SCIENCE CLASSROOMS

### Features:

- Lab and classroom area
   connected for more space to experiment
- Better lighting (more natural light)
- Updated lab equipment (i.e. digital balances upgraded from manual balances)
- Better student access to lab equipment

# AL SIEGLE ACTIVITIES CENTER

### **Elevated Indoor Walking Track**



Viking Power Center



Vahalla Dance Room



### New indoor walking track available for use by general public

One of the many exciting features of the new AI Siegle Activities Center is an elevated indoor walking track. Individuals wanting to use the walking track are required to "sign in" at the office during school hours (Tuesday-Thursday 7am-5pm, Friday 7am-4:30pm). There is no cost to use the walking track, but each person will need to pay for and successfully complete a background check. Background check forms may be picked up at the high school office. After you successfully complete a background check, you will receive a facility pass. You are required to get a new facility pass each school year. Use of the walking track is a privilege ISD 548 has the right to terminate a pass and/or remove individuals who mistreat facilities or don't follow walking track rules. Indoor walking track hours

when school is in session

Tuesday-Friday

•6:00-7:45am & 11:45am-1:30pm •6:30-9:00pm Tuesday-Friday

The track is closed when JV/Varsity

games are held in the gymnasium unless you have purchased admission to the event in progress. We are happy that our school space can be utilized to assist you in staying fit.

We have a few rules to keep you and our school safe:

- Facility pass must be worn at all times while using the facility. The pass is not transferrable. It helps identify who you are to our staff and clears you for this activity.
- Entrance to the school: You must enter through Door #1 during the school day.

- Wear indoor shoes. Outside "Street" shoes can damage the track surface.
- No food, pop, or energy drinks allowed on the track. Water only.
- Help us keep our school clean. Do not leave garbage, trash laying around. There are receptacles throughout the facility.
- You must exit the school by 9:00pm. The custodial staff has cleaning to do and must have the school empty to complete their work.
- 7. Children must be accompanied by an adult.

Al Siegle Activities Center Dedication Night

Friday, January 6, 2017

Details will be published on the school website and in The Pelican Press as the date gets closer



# Viking student success program helps students improve their academic skills in the areas of reading, math, speaking and writing

This program is designed to teach students based on their individual needs and integrates goal-setting, time management, social and study skills in addition to the academics.

By Brian Korf, High School Principal

We are off to a great start to the 2016-17 school year and appreciate the support that you provide our children at school. Strong parent and community involvement is a key component to the success of all students. Thank you for your dedication to our children and their education.

Throughout the school year, the Pelican Rapids High School offers extra student support after school and on Mondays through the program called Viking Student Success (VSS). This program offers a great opportunity for students who want to improve their academic skills. VSS is designed to teach students based on their individual needs and integrates goal-setting, time management, social and study

Viking Student Success (VSS)

for students in Grades 7-12

**Non-school Mondays** 

8:30-12:00pm

free lunch available at 12pm

After school Tuesdays-Thursdays

4:00-5:30pm

For more information about this program,

contact Mrs. Amy Korf at:

akorf@pelicanrapids.k12.mn.us or call 218-863-5910 ext. 4830

On Mondays, students have the opportunity to improve their skills in the areas of readmath, ing, speaking and writing. There are

skills.

up to four different sessions students may sign up for between 8:30am and 12:00pm. Students receive a free snack and juice at 10:00am and then free lunch at 12:00pm.

After school VSS offers remedial support to all students who would like

support in their current classes and offers a quiet place to complete school work. The VSS program is open on Tuesdays-Thursdays from 4-5:30pm and a free snack and drink are provided to those who attend.

The VSS program is lead by Mrs. Amy Korf. For more information, please contact her at akorf@pelicanrapids. k12.mn.us or by phone at 218-863-5910 extension 4830.

Fall Parent-Teacher Conferences will be held on Monday, October 10th from 1:00-7:00pm. Parent-Teacher Conferences are an integral part of the success of your child. We strongly encourage parents to meet with their child's teachers to discuss their progress academically and socially.

**Fall Parent-Teacher Conferences** Monday, October 10<sup>th</sup> 1:00-7:00pm PRHS Legends (old) Gym

**Parents of Senior Students** 

Q and A (question and answer) session Monday, October 10th 5:00-6:30pm **PRHS Media Center** 

**Important Dates for Parents of Seniors** 

2/27/2017-Financial Aid Night 5/17/2017-Scholarship Night



### **PRHS School Counselor Lauren Siebels** Isiebels@pelicanrapids.k12.mn.us 218-863-5910 extension 4036

a BRIGHTER future

My role is to provide the school (students, parents, teachers, and staff) with the resources and counseling services needed to help all students be successful in school and prepare for life after high school.

The three main areas I focus on are: Academics, College and Career Readiness/Planning and Personal/Social Development.

I work with students in classrooms, group sessions, and/or individually. Please feel free to contact me if you have any questions/concerns or if I can help you in any way.

# **PRHS Sports Updates**

By Derrick Nelson, Activities Director

I hope that everyone was able to enjoy the lakes area and had an enjoyable summer. We are excited for our construction project to be winding down and are very excited for our upgraded facilities.

The walking track is open for public use on days that school is in session. Hours that the walking track is open to the public are listed on the school web site. Please stop in at the high school office for



a background check before using the walking track.

If you would like to earn some extra money and be part of Junior High, C-Squad, Junior Varsity, or Varsity contests we are always looking for extra officials. Officiating is a great way to stay involved in the games, and give back to the game that you enjoyed playing. If you would be interested in officiating at any level please contact Derrick Nelson at (218)863-5910.

We also ask that you come out and support our student athletes and coaches. Cross Country, Football, Soccer, and Volleyball teams are all busy practicing and participating in games. Our students love to play in front of our fans and the great support for Pelican Rapids Athletics. Parents we ask that you help us by keeping your elementary aged kids and younger in the bleachers while the game is going on. Concession stands are open at halftimes and in between games.

Friday, January 6th will be a very special night as we will be dedicating the "Al Siegle Activity Center." Please help spread the word of this date as we honor Mr. Siegle. GO VIKINGS!

**Pelican Rapids HS Yearbooks** AVAILABLE ON-LINE ONLY this year!

**Order NOW and save!** \$40 until September 23rd Visit www.jostensyearbooks.com to order your yearbook today!

Pelican Rapids School District #548 310 S Broadway, PO Box 642 Pelican Rapids, MN 56572 School Board Members: Charlie Blixt, Mike Forsgren, Dena Johnson, Jon Karger, Mitch Monson, Kathy Ouren



### Our school website has a new look. Go to www.pelicanrapids.k12.mn.us Here are a few of the resources available on the website:

### **Notify Me!**

Email notification system for activities or changes to activity schedules

click on **PRHS Activities** (top right)

### **PaySchools**

On-line payment processing system that can be used to purchase: Activity Fees, Activity Ticket, Book Fines, Club Vikes Tuition, Community Ed Class Fees, Drivers Education, Fundraisers, iPad Rental Fee, Retiree Insurance, School Meals, Summer Rec, VES Yearbook

click on PaySchools (top right)

# **Pelican Rapids School Foundation**

The mission of the grant program of the Pelican Rapids School Foundation is to provide financial support on projects which will provide and enhance educational opportunities for students of Independent School District (ISD) 548, thus making a positive impact on our community and world. Tax deductible donations can be given through the West Central Initiative either by mail at: PO Box 318, 1000 Western Ave, Fergus Falls, West Central Initiative MN 56572 or by email

at https://wcif.site-ym. for national survey com/