

Pelican Rapids School District #548 PO Box 642 Pelican Rapids, MN 56572

> Permit #8 NON-PROFIT ORG. **U.S. POSTAGE PAID** Pelican Rapids, MN 56572

ECR-WSS Postal Customer

October 2015











There will be seating for 530







Big Changes and Great Things Are Happening Here!

Once the drive in/drop off lane is completed in the Summer 2016, the secure access point will return to the front of the school along Hwy 59

by Deb Wanek, Superintendent

If you have had a chance to drive by the school you will notice a big change. All summer the construction was going on inside the school but it was not visible from the road. Now both the north side and the south side are seeing action as the Fine Arts Auditorium



to the north and the Al Siegle Activity Center to the south are being constructed. Both of these areas will be completed by next fall. It has been exciting to see the progress and it will be great to enjoy the finished product. There are a lot of great things happening here!

In this Issue:

Viking Elementary News Community Education

Fall Classes

Early Childhood Family Education (ECFE) Viking Preschool

High School News

Fall Play-SCHOOL HOUSE ROCK "Where Are They Now?" PRHS Graduate Information for Seniors and Senior Parents Ordering PRHS Yearbooks

SCHOOL RENOVATION PROJECT UPDATE

By Trevor Steeves, ISD #548 District Engineer

This summer construction season was very fast paced and alot of work was completed. We moved into the new kitchen, commons areas and office space. They look wonderful and are a much needed improvement.



The walls on the gymnasium and auditorium are almost fully installed and the large crane will be gone by mid October. The construction crews are working hard to get the roofs on the new auditorium and gymnasium and have them weather tight before winter.

We invite you to stop and take a look at the new and remodeled areas in the building when you are attending a school event. I hope you can take time and enjoy the beautiful fall weather and beautiful fall colors.



Student-Led Conferences

By Dr. Edwin R. Richardson, Elementary Principal

It's hard to believe we are already into October. This year one of our areas of focus will be implementation of Student-Led Conferences.

Some of our teachers have already used Student-Led Conferences. One example of our teachers using student-led conferences as a format for parent-teacher conferences in 6th



grade. Student-led conferences are just that, the student shares with the parent his or her work, goals and progress. Parents can then have a conversation with their children about their progress. The teacher is available to answer additional questions of the parent and/or to assist the child, if needed.

There is a great deal of power in the student-led conference. Students become accountable for their work and progress through being the person to share and students learn how to have a serious conversation about goals, progress and how to adjust learning as well as how to advocate for themselves for support if a concern comes up regarding progress or barriers to learning. The student-led conference is a new format for many of us and will look different with each teacher at the beginning; however, this is a format we will develop, with your help, and that will make a positive impact on student success.

The Viking ElementarySchool Promise

I WILL speak up instead of acting as a bystander. I CHOOSE to participate in activities that don't involve teasing.

I FORGIVE others if they make poor choices.

I MODEL good behavior.

I ACCEPT others for their differences.

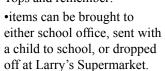
I INCLUDE others in group situations.

I WILL talk to an adult when there is a problem I cannot manage on my own.

I AM powerful in making a difference in my school.

Every Box Top Makes a Difference!

Please continue to save Box Tops and remember:





- •to check expiration dates.
- •to call Ruth Holmgren at 863-6539 if you are interested in helping cut & sort labels.

Thanks for helping us save for educational resources!

Parent Teacher Partnership

"Partnering Together to Enhance School Success"

The Parent Teacher Partnership (PTP) is a group of concerned parents and teachers who are looking for ways to work together to improve the school experience for our students. This includes, promoting parent and teacher communication, helping out in classrooms and field trips and finding ways to address needs in the elementary school. If you would like more information, want to be a part of the group, or would like the date/time/location of our November meeting, please contact Candace Roesch at caphilip11@gmail.com.

VIKING STUDENT SUCCESS PROGRAM

We are excited about our newly re-tooled Targeted Services Program. As part of our re-tooling, it will have a new name-Viking Student Success Program. It will be incorporating homework support, learning activities for students needing support with reading and/or math, and enrichment/application areas of STEM (Science, Technology, Engineering



and Math), Computer Coding, Cooking & Nutrition, PE/Fitness, Service Projects, and Themed Mondays.

Our Monday programming began on September 21st and runs from 8:30am to 12pm with breakfast available from 8:00-8:30am and lunch from 12:00-12:30pm. Our after school programming will begin on October 20th and will run on Tuesdays through Thursdays from 3:45-5:15pm. A snack will be provided.

Teachers may be contacting parents over the next few weeks regarding this Viking Student Success. We hope this program will provide high interest, focused support for our students.

Club Vikes School-Age Care

Available Before and After School and Some Non-School Days

Club Vikes provides children with a positive, stimulating and happy before & after school experience where they create wonderful memories and lasting friendships! We are focused on making before & after school a fun-filled experience for your child.



In Club Vikes we do fun stuff including:

- Make cool arts & craftsIndoor & outdoor activitiesRead & write stories
- Special themed weeksFun snack projects
- •Computer lab & iPads
- Offer help with homework

The program is designed with flexibility and creativity to respond to and compliment each child's individual needs. We offer children opportunities for decision making, increased independence and responsibility.

Children will be well supervised by qualified CPR and First Aid Certified staff.

Days/Times:

•Mondays 6:30am-6pm \$25 per day (7+ hours) or \$15 per partial day

Please note: the Child and Adult Care Food Program (CACFP) provides students with Free Breakfast, Lunch and PM snack if they attend Club Vikes and/or Targeted Services on scheduled non-school Mondays and vacation days. USDA is an equal opportunity provider and employer.

•Tuesday-Friday (& school day Mondays) 6:30-7:30am before school & 3:45-6pm after school

Fees:

•Before school care: \$2.75/child per day

•After school care: \$6/child per day (a snack is provided)

•Both before and after school care: \$8/child per day

Please note: Partial or total tuition assistance may be available to qualifying families through state or county funds.

Call Emily Evenson at 863-5910 extension 5022 with questions or to register.



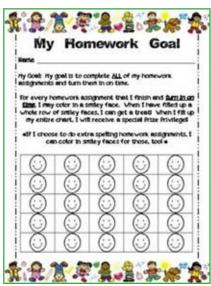
OFF THE CHARTS!

By Laura Boyer, VES Lighthouse Team

Teachers and staff are "off the charts" about displaying personal goals, school goals and student goals! Charts are everywhere in Viking Elementary!

Some teachers are modeling their personal goal charts for their students and then will help the students to make and maintain a goal chart of their own.

Student goals and data pages will be organized in a Leader in Me binder. Eventually, every student at every



grade level will maintain a Leader in Me binder that will become the centerpiece for student lead conferences. The binder holds many pages to help students to achieve academic and personal goals.

A 2,000 Mile Walking W.I.G.

By Mrs. Sheri O'Brien, PE Instructor

Viking Elementary PE program has developed a W.I.G. (Wildly Important Goal) "We will walk (or jog moderately to vigorously) 2,000 miles as a school community, beginning Sept. 8 and ending December 23, 2015."

Family members are welcome to join their students in helping the school community attain the 2,000 miles mark by December 23, 2015 by exercising together after school and on weekends.

Students brought home a mileage marker sheet the 3rd week of September that may be used to keep track of mileage.

Thanks and keep having fun exercising as a family to maintain your health!

The mileage marker sheet below can be cut out and used if your child needs another one.

Mileage Marker Sheet

INAIVIE										
GRADE:	K	1	2	3	4 5	6	S٦	ΓAFF		
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10

NAIVIE										
GRADE:	K	1	2	3	4 5	6	S	ΓAFF		
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10

NIANAE

NAME

TW/ CIVIL										
GRADE:	K	1	2	3	4 5	6	S٦	TAFF		
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10
MILES	1	2	3	4	5	6	7	8	9	10



Pelican Rapids Community Education



A Great Community to Call Home Registration Information

By Nadine Brown, Community Liaison, Community Education

"We can begin by doing small things at the local level, like planting community gardens or looking out for our neighbors. That is how change takes place in living systems, not from above but from within, from many local actions occurring simultaneously."



-Grace Lee Boggs

The Pelican Rapids community has gained praise over the years for their efforts in making the community a better place for all it's citizens. Recently I attended a banquet honoring four Pelican Rapids citizens who had made significant contributions to helping the refugees settle and call Pelican Rapids home. As Jodi Harpstead, CEO of Lutheran Social Services, was speaking to a crowd of over 1100, she singled out Pelican Rapids by saving, "Pelican Rapids is here and I want to thank them for showing us all how to be Great Neigh-

I returned to Pelican Rapids in 2013 after living in the Middle East with my husband David. Living away from the community that had been our home for 15 years prior, I missed being here. I missed the value of living in a small community, of having great neighbors around me and of the efforts made by Pelican Rapids schools to keep this as a thriving community and a place where all citizens can feel welcome and at home. During Homecoming week, David spoke at the coronation ceremony about how although he grew up all over the world, that Pelican Rapids is the place he calls Home.

After living away for five years, I can honestly say that Pelican Rapids is a great place to call home. It is with a sense of pride that I return to working at PRHS in two jobs that I held previously: Multi-District Cultural Collaborative Coordinator and Community Education Coordinator. Under the title of "Community Liaison", I am working with students, staff members and the community in efforts to make our HOME a better place to live and grow and learn.

Speaking of learning--we've got a WHOLE LOT of learning opportunities for you to learn something new this fall through Community Education! Eighteen classes that will stretch your mind, your body, add to your cooking and decorating abilities, help you understand and appreciate another culture and ways that you can have fun with your neighbors and meet new friends.

As the quote in the beginning states, we begin by doing small things and by looking out for our neighbors. And I hope that the members of this Community will continue to look out for each other and to work together on the Small Things--and the Big Things.

And I hope you will find a class (or two) that will interest and challenge you. If you ever want to have a class taught or you would like to teach a Community Edu cation class, please contact me at my school phone: 218-863-5910 ext. 4372.

Looking forward to growing with you!

ed2go Online Learning

Learn More...

When and where you want with our ed2go online learning option...



We accept registrations over the phone or through email, our school website, or the mail.

Becky Wontor at 218-863-5910 extension 4250

bwontor@pelicanrapids.k12.mn.us

School Website:

Go to: http://www.pelicanrapids.k12.mn.us

Click on Community Education link (left column)

Mail completed registration form to:

Community Education

PO Box 642

Pelican Rapids, MN 56572

General Information

- •Enrollments are accepted on a first-come, first-served basis. Please register at least 1 week before the starting date of class.
- •You are enrolled in class once we receive your registration. You will be contacted if the class is cancelled. Refunds will be issued if vou withdraw before the first class is held or if the class must be cancelled.
- •Unless otherwise indicated, the classes offered are open to adults.
- •You can pay by cash, check (write to ISD #548) or by using our PaySchools online system (go to school website & click on Pay-Schools icon, left column).

Storm Policy

If the Pelican Rapids Schools are cancelled or release students early due to bad weather, Community Education classes will <u>not</u> be held.

Non-Discrimination Policy

It is the policy of ISD #548 to comply with federal and state laws prohibiting discrimina-

Have class ideas? Want to teach a class? Call Nadine Brown 218-863-5910 x4372

Fall Classes

October

- •XaBeat (Starts Monday, October 12th)
- Computers for Seniors 1
- •Learning Ancestry.com

November

- BBQ-Smoking Class
- Making Mexican Salsa
- •Tastefully Simple® Freezer Meal Workshop Featuring the "Cozy 10 Meals & More" Collection
- •Learning the Art of Zentangle
- •Public Speaking or how to overcome America's number 1 fear
- •Glass on Glass Mosaic
- Staging for the Holidays
- Outdoor Winter Pots
- •Clay Pumpkin
- Meditation
- Computers for Seniors 2
- Internet Safety
- •Using Shutterfly to Document Your Family History
- •Digital Photography-How to Use Your Camera
- •XaBeat

December

- Conversational Spanish
- Holiday Cardmaking
- •XaBeat

February

Trip to see "SISTER ACT" at the Chanhassen **Dinner** Theatre



Early Childhood Family Ed (ECFE)

- Terrific Twos
- •Pumpkin Patch Hayride
- •Monster Mash October 30th
- Holiday Make & Take

Viking Preschool



Community Ed Classes

Cooking

BBQ-Smoking Class

Learn from award winning BBQ champion CJ Holl how to cook 'low and slow' to make brisket, chicken, ribs, pulled pork and more! Learn about the differences in types of smokers, woods, rubs and injections used to make mouthwatering barbeque. Techniques will be demonstrated for pulled pork, ribs and smoked eggs. A DELICIOUS lunch will be provided with prepared BBQ ribs, pulled pork sandwiches and other BBQ items. Attendees will season and prepare additional meats for demonstration and will also prepare and package their own 'Memphis Dust' seasoning rub to use at home! Maximum Participants: 10

Instructor: CJ Holl

When: Saturday, November 7th at 1pm **Location: Sherin Park Pavilion** (Pelican Rapids) (rain or shine)

Class Fee: \$20.00 (includes take home product!!)

Making Mexican Salsa

Join us for a night of fun with Jose and Aurora, owners of Tacqueria Escobar, as we learn how to make a variety of authentic Mexican salsas. Participants can meet at the Restaurant beforehand for an evening meal (at own expense). The salsa class will begin at 7:30pm. Maximum Participants: 10

Instructors: Jose and Aurora Escobar When: Tuesday, November 24th at 7:30pm Location: Tacqueria Escobars (downtown Pelican Rapids) Class Fee: \$10.00 (plus cost of optional meal)

Tastefully Simple® Freezer Meal Workshop featuring the "Cozy 10 Meals & More" Collection

When you attend this Freezer Meal Workshop, you'll save hours of time AND you'll have fun while preparing 10-20 take home meals using Tastefully Simple spices, flavorings, and recipes! On average these meals cost about \$15-20 and serve up to 6 people.

These are your meals, so you control the ingredients (low-fat, non-fat, lean meats, ground turkey vs. ground beef, etc.). Take out, add or replace any ingredients to YOUR liking!

Before class you will be provided with a grocery/supply list of items you will need at the workshop and any pre-workshop prep. You will make 10-20 meals from 10 delicious recipes in about 2 hrs that you can take home and freeze for those busy nights.

Instructor: Onnalee Miller Krump

When: Saturday, November 21st from 10-12:30pm Location: PRHS (enter through Media Center Door #8 and follow signs)

Class Fee: \$65.00 which includes all of your Tastefully Simple spices, flavorings, and recipes plus your cost of food which includes 10-20 meals that you take home.

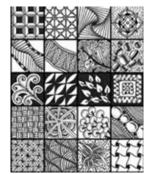
Register with payment by Monday, November 9th to reserve your spot!!

Enrichment

Learning the Art of Zentangle

If you are a compulsive doodler OR someone who is looking for an inexpensive way to artistically relax, then you will want to learn how to pursue this easy, fun new "Craze". The art of Zentangle drawing uses black fine tip

pens, paper and your imagination. The instructor will show you a few basic designs, and then the rest is up to you. BO-NUS: As the instructor is also a practicing massage therapist, she will include a FOOT MASSAGE during the class sessions. What a great way to spend an evening learning something new, meeting new friends who may have similar interests AND de-stressing. Maximum Participants: 8



Instructor: Lori Jondahl

When: Thursday, November 19th from 6-8pm Location: RELAX Massage (basement of Muddy Moose) Class Fee: \$20 includes Zentangle training AND Foot Massage

Enrichment

Conversational Spanish

This class will help you learn how to have a beginning conversation with someone in Spanish. Taught by two professional women in the Pelican Rapids community, this three session course will teach the basics of conversation, a little about the Mexican culture and will conclude with a meal at Taqueria Escobar where you will have a chance to practice your newly learned skills while ordering food. Taking this course won't make you a fluent Spanish speaker, but it will make you more aware of the language and cultures of the Hispanic people. This is a 3 session class.

Instructors: Arianna Zavala and Devsi Moreno When: Thursdays, December 3rd, 10th, and 17th from 6:30-8pm

Location: Caldwell Banker meeting room (Pelican Rapids) Class Fee: \$25 (plus cost of meal at Taqueria Escobar on December 17th)

Public Speaking

or how to overcome America's number one fear

Do you want to learn how to be a more confident speaker in front of groups? Come and learn a few public speaking tips and practice with an experi-



enced Speech teacher. The instuctor (who would rather speaking in front of a group than bring a dish to a potluck!) will share a few ideas for making public speeches and show you that speaking can be FUN! Adults and Students ages 15 and up are welcome.

Instructor: Nadine Brown

When: Thursday, November 3rd from 6-7:30pm **Location: PRHS Media Center (Door #8)**

Class Fee: \$10.00

Decorating Your Home

Glass on Glass Mosaic

Guest artist Jo McFarlin will teach you the techniques of glass cutting and glass mosaic art. You will create a stunning small stained glass feature, great for your home or as a gift. This is a 2 session class.

Minimum of 8 participants

Instructor: Jo McFarlin, guest artist When: Tuesday, November 10th at 7pm (session 1) and Wednesday, November 11th at 10am (session 2)

Location: Brown-Eyed Susans (downtown Pelican Rapids) Class Fee: \$35 (includes all supplies)

Staging for the Holidays

Learn fun and creative methods to display holiday decor in your home or workplace. Demonstrations will include mantle, window, tabletop and more. Guest Presenter Debbie Carlson will share her "secrets" and talents in this FREE session provided by Brown Eyes Susans.

Instructor: Debbie Carlson

When: Saturday, November 14th at 10:30am Location: Brown-Eyed Susans (downtown Pelican Rapids)

Class Fee: Free Refreshments provided

Outdoor Winter Pots

Make a welcoming outdoor winter pot with your selection of greens, decorations and fun items. You will leave class with a lovely item that you can use for home, business or gift-giving. This is a 1 session class.

Instructors: Patti Boen & Connie Simons

When: choose 1 of 3 sessions

- •Saturday, November 21st at 10am OR
- •Saturday, November 21st at 2pm OR
- •Monday, November 30th at 7 pm

Location: Brown-Eved Susans (downtown Pelican Rapids) Class Fee: \$15 (includes container and soil. Additional greenery and embellishments will be available for purchase) Minimum of 5 participants, maximum of 12

Art

Clay Pumpkin

Make a one of a kind pumpkin from earthenware clay and glaze it to create a beautiful Fall center piece. You may chose to add embellishments such as birch sticks, raffia, ribbon, wheat, fabric etc. for your unique Fall arrangement. This is a 3 session class.

Maximum Participants: 15 **Instructor: Laura Boyer**

When: Monday, November 9th from 6:30-7:30pm

(session 1 making the clay pumpkin)

and Tuesday, November 17th from 6:30-7:30pm (session 2 glazing) and Thursday, November 19th from 6:30-7:30pm

(session 3 making centerpiece)

Location: Viking Elementary Art Room (follow signs) Class Fee: \$20.00

Holiday Cardmaking

Carve out a beautiful holiday themed relief stamp that is uniquely yours. We will be using "Safety-Kut" printmaking blocks. You will have a week to take home your block and finish carving it. Monday's class will be printing your stamp for a series of twenty prints. The next day, after the prints are dry, we will use mixed media to create wonderful holiday cards. This is a 3 session class. 10 participants

Instructor: Laura Boyer When: Tuesday, December 8th from 6:30-8:30pm

(carving the stamp)

Monday, December 14th from 6:30-7:30pm (printing the stamps)

Tuesday, December 15th from 6:30-8:00pm

(making the cards) Location: Viking Elementary Art Room (follow signs)

Class Fee: \$20.00

Health and Fitness

XaBeat

XaBeat is a dance fitness program that provides cardio and toning in a party like atmosphere! The routines are simple and easy to follow. You can burn anywhere between 600-1200 calories in a XaBeat class! Our routines contain less turning and twirling so you can concentrate on the fitness



part of it and get a better workout! In our XaBeat classes you will sculpt your body and burn calories while having a total blast! Our music sets the mood and creates a partylike environment that leaves participants asking for more.

Instructor: Tami Seifert

When: Mondays 5:15-6:15pm & Wednesdays 6-7pm Starts Monday October 12th

Location: PRHS Cafeteria (enter through Media Center Door #8 & follow signs)

Class Fee: \$40 for 8 sessions or \$8 for 1 class The 1st class is free if you've never tried it before!

Registration is not required-you can join anytime. **Questions:** Call Becky Wontor at 218-863-5910 x4250 or go to XaBeat Pelican Rapids on Facebook for more

FREE XaBeat Bag when you refer a friend who purchases 8 classes for \$40 (October-May special)

Modern neuroscience and Zen Buddists agree that meditation is good for you. This class will review the health benefits, theory and practice and nitty-gritty practical basics of non-sectarian mindfullness meditation. Class will be taught in two sessions one hour each. Instructor will provide materials necessary for the first class. Come in comfortable clothing.

Instructor: Dave Ellison

When: Mondays, November 23rd and November 30th from 6-7pm

Location: Pelican Rapids Public Library meeting room

Class Fee: \$15.00

Community Ed Classes

Technology

Computers for Seniors 1

This class is for those who want to learn how to use a computer. There will be a general overview of word processing, sending emails and other fun in a low-stress, thoughtful training session. Feel free to attend this class even if you have taken it before.

Instructor: Nadine Brown

When: Tuesday, October 27th from 1-3pm Location: Pelican Rapids Public Library

Class Fee: \$10.00

Computers for Seniors 2

Continue learning more on your computer with plenty of time for questions in this low-stress, thoughtful training session. Participants can bring their laptop to this session (if applicable) or can bring specific projects to work on or questions that need answering.

Instructor: Nadine Brown

When: Wednesday, November 4th from 1-3pm Location: Pelican Rapids Public Library

Class Fee: \$10.00

Learning Ancestry.comTM

This computer program will help you find relatives you didn't even know belonged in your family tree. The instructor, Joyce Burnham has devoted hours to learning this program and is looking to share her knowledge with you. In this introductory course, you will learn how to access the website, how to look up your relatives, how to create your family "tree" and tips on searching for more information. You can bring your own personal laptop, iPhone or iPad to the class or use the computers in the school.

NOTE: If you have not already signed up for Ancestry.com online, you can join for a free 14-day trial. There is an additional charge to secure the rights for the program after the trial time. Joyce will show you how to sign up.

Instructor: Joyce Burnham

When: Saturday, October 31st from 10am-12pm Location: PRHS Media Center (Door #8)

Class Fee: \$10.00

(Ancestery.com program costs additional)

Internet Safety

In this age of faster technology and faster potential "dangers" of online searching and usage, it's important to know how to safeguard yourself and how to properly use the computer. Instructor Monica Thompson from Lakes Country Services Coop will share her knowledge in this fast growing area. Of special interest, Monica will talk about "the dangers" that are online for children.

Instructor: Monica Thompson

When: Tuesday, November 11th from 5-7pm Location: PRHS Media Center (Door #8)

Class Fee: \$10.00

Using Shutterfly to Document Your Family History

If you have boxes of picture of old relatives in your possession and are trying to figure out a way to put them all in one place, consider making a Shutterfly book of these treasures.

The class will consist of two sessions: the first one will go through the basics of using Shutterfly photo archiving system, scanning in your photos, and selecting pages and backdrops.

The second session will be at 1:1 with the instructor, Nadine Brown who will spend two hours with you clearing up any problems and showing you additional tricks.

You should be moderately experienced with the computer, but you don't need to have any previous experience with Shutterfly. Classes are limited to 6.

Instructor: Nadine Brown

When: Thursday, November 19th from 2-4pm (session 1) Session 2 will be scheduled based on class participants needs

Location: Pelican Rapids Public Library

Class Fee: \$10.00

Digital Photography-How to Use Your Camera

If you've purchased a DSLR camera and don't have a clue how to use it, then this is your class! The instructor will share her tips on operating your camera, how to get the "best" shots and other things that will help you feel like a "pro". There will be two class sessions with a chance to practice between sessions.

Instructor: Mandy Tollerud, owner, photography by mandy When: Monday, November 23rd from 6-8pm (session 1) and Monday, November 30th from 6-8pm (session 2) Location: PRHS Media Center (Door #8)

Class Fee: \$20.00

Pelican Rapids Community Ed invites you to the

Chanhassen Dinner Theatre's Presentation of



SISTER ACT tells the hilarious story of Deloris Van Cartier, a wannabe diva whose life takes a surprising turn when she witnesses a crime and the cops hide her away in the last place anyone would expecta convent! Set around the Christmas holidays, Deloris helps her fellow sisters find their voices as she also rediscovers her own in a sparkling tribute to the universal power of friendship.

Date: Saturday, February 6th

Times: Depart at 8am and return at 8:30pm

Cost: \$100 includes roundtrip bus motorcoach transportation,

3 course meal at Chanhassen, Musical Presentation Cost is based on 56 people so get your reservations in early!

Deposit: \$25 Deposit due by November 15th (non-refundable)

Final payment due before January 9th

Register: Call Community Ed (218-863-5910 ext. 4250)

to reserve your spot

We will be leaving the PRHS parking lot at 8am, stopping at Clearwater for a break, and arriving at the Chanhassen at 11am. You will be served a 3 course lunch, have time to browse the theatre complex, see the Musical presentation of "SISTER ACT" from 1-3:30pm, and return to Pelican Rapids arriving at approximately 8:30pm. Ages 12 and up are welcome.

COMMUNITY ED REGISTRATION



Please include your payment with your registration.
Checks can be written to ISD #548

Mail to: Community Ed PO Box 642, Pelican Rapids, MN 56572

Class:	Fee \$					
Class:	Fee \$					
Class:	Fee \$					
Name:						
Address:						
The best way to reach me is:						
Phone: Email:						
I would like to see the following class(es) of						
I would be interested in teaching the following						
My age category is (for state reporting purp	oses): Age 19-54 Age 55+					

Viking Preschool and Early Childhood Family Education Programs

Early Childhood Family Education (ECFE)

ECFE is a parent-child program for children aged birth to pre-k and their parents. ECFE strongly believes that parents are a child's first and most important teachers. The ECFE program of Pelican Rapids wants all families with young children to be aware of our program. If you know a family not receiving our mailing, please contact Viking Elementary.

Viking Preschool-School Readiness

We use the math and language pre-k curriculum incorporated throughout Viking Elementary K-6. It is integrated in an age-appropriate hands-on pre-k experience. Our preschool program is supported by local levy, community education, and parent tuitions. Viking Preschool is a 4 Start Preschool, in accordance with Minnesota Parent Aware Rating!

Bright Start Child Care Home Visits & Family Outreach Program

You may participate in this once per month visiting program in which Janet Woolever will come into your home with activities and resources. Call Janet at 863-5910 ext 5393 with questions or to schedule a visit. Supported in part by United Way of Ottertail County.

Viking Preschool-

Viking Preschool ages 3-4

- •Child must be 3 by September 1, 2015 to enroll.
- •Wednesdays 7:55am-11am (includes breakfast) or 3-4pm
- •Begins September 16, 2015

Viking Preschool ages 4-5

- •Child must be 4 by September 1, 2015 to enroll.
- •Tuesdays & Thursday 7:55am-3:45pm (includes breakfast and lunch)
- •Begins September 15, 2015

Call Terra or Megan at 218-863-5910 extension 5393 to enroll your child.

Please note: Viking Preschool is a 4 Star Preschool, in accordance with Minnesota Parent Aware Rating!



Early Childhood Family Education (ECFE) Classes

Fun Fridays

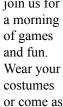
- •Fridays 9:30-10:45am
- •September 25-December 18 (no class Oct. 16)
- •This class is for ages 0-5 (not yet in Kindergarten)
- •This fun group explores our classroom activities, shares songs, books and fingerplays. This busy class does not separate for parent discussion. All ages welcome.

Terrific Twos

- •Thursdays 5:30-7pm
- •October 1, 8, 15, 22, 29 & November 5,12
- •Come share their energy with the whole crew! We will enjoy our time together doing art, music, play, and building. We'll separate for short parent time centered around the joys of TWOS!

"Monster Mash"

- •Friday, October 30 from 9:30-10:30am
- •Bring the family and join us for a morning of games and fun. Wear your





yourself. Meet your friends and enjoy a snack at this fun event. Don't forget the camera!

Holiday Make & Take (date to be announced)

Please Note:

- •We would love to see you and your family. As our classes do have size limits, please register.
- •New ECFE Classroom (in the first grade hall across the hall from the elementary library)
- •Please check our webpage for current classes and changes. www.pelicanrapids.k12.mn.us
- •WEATHER ALERT: If school is cancelled due to weather, ECFE & Preschool classes are also

Please call if you have any questions as weather worsens throughout an afternoon/evening.

•You can reach Terra Fitzsimmons and Megan King at 863-5910 extension 5393.

- cancelled.

Please register for all classes that your family wants to attend.

Child's Name: _____ Child's Name: Child's Name: ______ Age _____

Parent's Name:

Phone Number (day): _____ (evening): _____

Class Name	Days/Times	√box to register
Fun Fridays (ages 0-5)	Fridays 9:30-10:45am Sept. 25-Dec. 18	
Terrific Twos	Thursdays 5:30-7pm Oct. 1-Nov. 12	
"Monster Mash"	Friday 9:30-10:30am Oct. 30	
Holiday Make & Take	Date to be announced	

Please contact me about receiving home visits:

Caring ConnectionsBright Start

To Register or if you have questions:

Call Terra at 218-863-5910 ext 5393 or email: tfitzsim@pelicanrapids.k12.mn.us

Mail registrations to: ECFE, PO Box 642, Pelican Rapids, MN 56572

New to the Pelican Rapids district? Register here...

If you have recently moved into the Pelican Rapids School District or recently had a baby, please fill out the form below and turn it in to the school office so we can send you information about our opportunities for children ages 3^{1/2}-12th grade!

Return form to:

Viking Elementary School 310 S Broadway Pelican Rapids, MN 56572

Parents/Guardians Names:	
Child's Name:	DOB:
Child's Nam <mark>e:</mark>	DOB:
Child's Name:	DOB:
Address:	
Phone:	
Please call us at 218-863-59	

Pelican ECFE loves families!

Here's our staff:

Terra Fitzsimmons

ECFE & School Readiness Teacher/Coordinator Email: tfitzsim@pelicanrapids.k12.mn.us Voicemail: 218-863-5910 ext. 5393

Megan King

ECFE Early Childhood Educator Viking Preschool Teacher Email: mking@pelicanrapids.k12.mn.us Voicemail: 218-863-5910 ext. 5569

Kimberly Hernandez

Classroom & Child Care Home Visitor Assistant Spanish Translator Email: khernand@pelicanrapids.k12.mn.us Voicemail: 218-863-5910 ext. 5393

Tami Hanson

Preschool Classroom Para

Janet Woolever

Child Care/Family Home Visitor

Jessica Sands

Minnesota Reading Corps





PELICAN RAPIDS HIGH SCHOOL ON THE "RISE"

By Doug Bruggeman

The monstrous crane raising concrete slabs into place, a school system that is determined to help students discover their leadership qualities and the declarative lines of a Dierks Bently song have all come together in the form of one simple but powerful word. That word is "RISE"!

The students and staff at Pelican Rapids High School have joined a movement that is sweeping across our nation. A movement that challenges

them to establish a vision of their future and then create a "One Word" trigger that will remind them of that vision and reinforce their efforts through out the vear.

The "One Word" philosophy runs on the simple belief that we can all remember one word versus a number of goals. Attaching that "One Word" to a vision gives clarity, purpose and power. Individuals, schools, businesses, sports teams are all starting to realize the amazing transformation that can take place with one simple word as the trigger.

The word "RISE" was chosen not just because of the construction and a song but because it really is a



"I'm a riser, I'm a get up off the ground, don't run and hider Pushing comes a-shovin' Hey I'm a fighter When darkness comes to town, I'm a lighter A get out aliver, out of the fire, Survivor"

Dierks Bentley - Riser Lyrics

great way to understand Habit #1 of the Seven Habits of Effective People. Habit #1 – Be Proactive, is the habit of choice. It is the habit that says we are ultimately responsible for how we respond to life's situations.

At some point in our lives, we have all discovered that life is not easy. Physical, mental and/or emotional struggles have challenged our ability to respond in a way that is positive and produc-

tive. In his poem "Attitude", author Charles Swindoll says the following:

"I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you ...we are in charge of our attitudes."

One of the visions at PRHS is that our students make the above statement a habit by which they live the rest of their lives. The word "Rise" is the word we will be using to remind students and staff that they have the power to choose a response to life's challenges that lifts them up and makes not only themselves better but also those around them.

STUDENT NONDISCRIMINATION

Students are protected from discrimination on the basis of gender pursuant to Title IX of the Education Amendments of 1972 and the Minnesota Human Rights Act. A complete copy of this policy is available in on the district web site and at each school building. The Pelican Rapids School District provides equal educational opportunity for all students and prohibits discrimination on the basis of gender, parental, family and/or marital status.

Rehabilitation Act prohibits discrimination against disabled

Section 504 of the Rehabilitation Act of 1973, prohibits discrimination against persons with disabilities in any program receiving federal financial assistance. The Act defines a person with a disability as anyone who:

1. has a physical or mental impairment that substantially limits one or more major life activities, including learning; or

2. has a record of such impairment; or

3. is regarded as having such impairment Learners may be protected from disability discrimination and be eligible for services, accommodations, or programs under the provisions of Section 504 even though they are not eligible for special education pursuant to the Individuals with Disabilities Education Act. It is the responsibility of the school district to identify and evaluate learners who, within the intent of Section 504 of the Rehabilitation Act of 1973, need special services, accommodations, or programs in order that such learners may receive a free appropriate public education. Persons who have questions, comments, or

Release of student information

Pelican Rapids school district No. 548 gives notice to parent of students and eligible student curin attendance in the District of their rights regarding pupil records

complaints should contact their child's principal.

1. The right to inspect and review the student's education records;

2. The right to request the amendment of the student's education records to ensure that they are not inaccurate, misleading or otherwise in violation of the student's privacy or other rights;

3. The right to consent to disclosures of personally identifiable information contained in the student's education records, except to the extent that such consent is not required for disclosure pursuant to this policy, state or federal law, or the regulations promulgated thereunder

4. The right to refuse release of secondary students' names, addresses, and home telephone numbers to military recruiting officers:

5. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the school district to comply with the federal law and the regulations promulgated thereunder; 6. The right to be informed about rights under the federal law: and

7. This policy if available to parents and students

upon written request to the Superintendent

"Directory information" means information contained in an education record of a student which would not generally be considered harmful or an invasion of privacy if disclosed. It includes, but is not limited to: the student's name, address, telephone listing, electronic mail address, photograph, date and place of birth, major field of study, dates of attendance, grade level, enrollment status (i.e. full-time or part-time), participation in officially recognized activities and sports, weight and height of members of athletic teams, degrees, honors and awards received, and the most recent educational agency or institution attended. It also includes the name, address and telephone number of the student's parent(s). Directory information does not include personally identifiable data which references religion, race, color, social position or nationality. Data collected from nonpublic school students, other than those who receive shared time educational services, shall not be designated as directory information unless written consent is given by the student's parent or guardian.

The school district may disclose directory information from the education records of a student and information regarding parents without prior written consent of the parent of the student or eligible student, except as provided herein. In order to make any or all of the directory information listed above "private" (i.e. subject to consent prior to disclosure), the parent or eligible student must make a written request to the building principal within thirty days after the date of this publication.

a) The information listed above shall be public information which the school district may disclose from the education records of a student or information regarding a parent.

b) Should the parent of a student or the student so desire, any or all of the listed information will not be disclosed without the parent's or eligible student's prior written consent except to school officials as provided under federal law

c) In order to make any or all of the directory information listed above "private" (i.e., subject to consent prior to disclosure), the parent or eligible student must make a written request to the building principal within thirty (30) days after the date of the last publication of this notice, this written request must include the following information: (1) Name of student and parent, as appropriate; (2) Home address; (3) School presently attended by student; (4) Parent's legal relationship to student,

if applicable; (5) Specific category or categories of directory information which is not to be made public without the parent's or eligible student's prior written

Pelican Rapids school District No. 548 hereby give notice to parents of secondary students and eligible secondary students of their rights regarding release of information to military recruiting. The school district must release the names, ad-

dresses and home telephone numbers of secondary students to military recruiting officers within 60 days after the date of the request. Should the parent of a student or eligible student so desire any or all of the listed information will not be disclosed to military recruiting officers without prior consent. In order to refuse the release of this information without prior consent the parent or eligible student must make a written request to the building principal by September 30th each year.

Indoor Air Quality

Pelican Rapids Public Schools advocate a healthy school environment in which the surroundings contribute to an environment conducive to learning for students, and productivity for teachers and staff. To help accomplish this, we have implemented an IAQ Management Plan using guidelines provided by the Minnesota Department of Education, and the "Tools for Schools" document developed by the U.S. EPA. Trevor Steeves is the IAQ Coordinator for the Pelican Rapids Public Schools. He has been trained and certified by the Minnesota Department of Education to fulfill this position. All issues concerning indoor air quality should be brought to his attention, and he can be reached by calling 218-863-5910.

Asbestos Notification

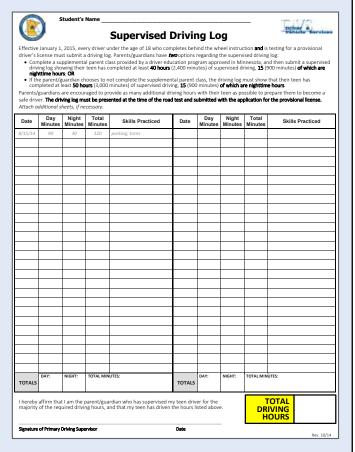
In accordance with federal regulations, Pelican Rapids Public Schools have management plans documenting the location and condition of all known or assumed asbestos containing materials (ACM) in each building. Every six months, an accredited inspector visually inspects the condition of the ACM. The high school management plan is available for public inspection at the district office during normal business hours. The elementary management plan is available for public inspection at the elementary school office during normal Trevor Steeves is the designated person responsible for maintaining the asbestos management plans for the district. He can be reached at 218-863-5910 with any questions Pesticide Notice

A state law went into effect in the 2000 that requires schools to inform parents and guardians if they apply certain pesticides on school property. The Pelican Rapids School District contracts for pest elimination. Interior work is done in January, April, July and October; exterior work is done in May and August. The pest control service provider performs the service before or after regular school hours. The district office has complete information on all pesticide products used in the buildings. Parents may review or copy this material at their own expense. If a parent or guardian wishes to be notified prior to any pesticide application made on days other than dates specified (excluding emergency applications) contact Trevor Steeves, health and safety coordinator. Pelican Rapids Public School, PO Box 642, Pelican Rapids, MN 56572; 218-863-5910.

Supervised Driving Log Required

Effective January 1, 2015 a Driver and Vehicle Services (DVS) Supervised Driving Log must be completed and a supplemental parent class will be offered for drivers under the age of 18. Letters will be sent to parents of 9th grade students in the Fall 2015 with more information. Contact Steve Sorenson at 863-5910 with questions. The DVS Form can be found at:

https://dps.mn.gov/divisions/dvs/forms-documents/Documents/SupervisedDrivingLog.pdf

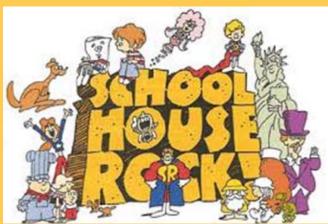


Pelican Rapids School Foundation

The mission of the grant program of the Pelican Rapids School Foundation is to provide financial support on projects which will provide and enhance educational opportunities for students of Independent School District (ISD) 548, thus making a positive impact on our community and world. Tax deductible donations can be given through the West Central Initiative either by mail at: PO Box 318, 1000 Western Ave, Fergus

Falls, MN 56572 or by email at https://wcif.site-ym.

PRHS Presents the musical



Starring over 40 high school and elementary stars!

PRHS Cafeteria

Saturday, November 7th 7pm Sunday, November &th 2pm

Tickets: \$5 Adults \$3 Students



Student Success Program at the High School

We are off to a great start to the 2015-16 school year 8:30am and 12:00pm. Students and appreciate your support that you provide our children at school. Strong parent and community involvement is a key component to the success of all students. Thank you for your dedication to our children and their educa-

Throughout the school year, the Pelican Rapids High School offers extra student support after school and on Mondays through the program called Student Success. Student Success offers a great opportunity for students who want to improve their academic skills. This program is designed to teach students based on their individual needs.

On Mondays, Student Success is led by Mrs. Amy Korf, Mr. John Peter, and Mr. Bob Kohler. Students have the opportunity to improve their skills in the areas of reading, math, speaking and writing. There are up to four different sessions students may sign up for between receive a free snack and juice at 10:00am and then free lunch at 12:00pm.

After school, Student Success offers remedial support to all students who would like support in their current classes and offers a quiet place to work on academics after school. A free snack and drink are provided to

students who attend. Student Success after school is open from 3:55 to 5:30pm and is led by Mrs. Amy Korf and Mr. Bob Kohler.

For more information regarding Student Success on Mondays and after school, please contact Mrs. Amy Korf at akorf@pelicanrapids.k12.mn.us or by phone 863-

"WHERE ARE THEY NOW?" PRHS GRADUATE FILLO DIAZ

What Post-Secondary education institution did you attend and what degree did you earn?

Upon graduating from Pelican Rapids High School, I attended Minnesota State Community and Technical College in Fergus Falls, MN, where I earned an Associate of Arts degree in Business Administration. After earning my two year degree, I decided that I wanted to take my education to the next level and transferred to Concordia College in Moorhead, MN, where I earned my Bachelor of Arts Degree in International Business Management. As a Cobber, I was also given the opportunity to study a semester abroad at the

Describe your career choice and what you enjoy about your career?

Latin American Monetary Studies.

completed a four month internship at the Center For

University of the Americas in Mexico City, where I also

For as long as I can remember, I knew that I wanted to find a career that allowed me to take advantage of my bilingual skills and to make a mark on the global marketplace. Growing up in a diverse community gave me the opportunity to surround myself with people of all different backgrounds. I quickly became very interested in learning about numerous cultures from all over the world. I knew that I had to challenge myself and pursue a career in International Business. I currently work at Swanson Health Products in Fargo, ND, as the International Sales & Marketing Specialist in the International Sales Department. My primary role is to work closely with my team to analyze the different markets around the world and determine which markets are worth entering. It is a fun and interesting job that allows me to use my bilingual speaking skills every day and build networks with business people from all over the world. Our business is growing faster than ever. I couldn't be happier.

How did PRHS prepare you for college?

I am very proud to be alumni of PRHS. My outstanding teachers challenged me every day in the classroom to be the best student that I could be, while teaching me the importance of making smart life decisions. I am very grateful to them for believing in me and motivating me to take on several leadership roles. I would not be where I am today without them. The Advanced Program



courses that I took my senior year also had a strong impact on my college career. The trials that I faced in those classes helped me feel more prepared for the challenges that I faced in my intense courses as an incoming college freshman. Participating in extracurricular activities throughout my high school career also helped me manage my time wisely, learn to work as a team, and to be more adept at meeting new people.

What extracurricular activities did you participate in while you were at PRHS?

During my time at PRHS I participated in numerous activities including, soccer, football, choir, SADD, and the Multicultural Group. I strongly believe that extracurricular activities are a great way for individuals to learn important life skills, build self-confidence, reduce stress, meet new people, and build lifelong friendships. Participating in extracurricular activities has many advantages, but students should keep in mind that school work should always be priority.

Do you have any special memories of your time at PRHS that you would like to share?

I have far too many special memories as a PR Viking that I will take with me wherever I go, but some of the memories that stick out in my mind are the ones that I created with my soccer and football team mates on and off the field. No matter the outcome of our games, we always had a blast playing as a team. The bus rides to and from our games were a lot of fun. We would spend hours cracking jokes and making each other laugh.

Any words of wisdom you would like to give the students in Pelican Rapids?

Life is far too short to let your life just pass you by. You are never too young to set goals for yourself. Get involved in extracurricular activities, volunteer around your community, and don't be afraid to ask your teachers questions. Teachers are there to help you succeed. Take advantage of all of the knowledge they have to offer. Also, keep in mind that there will always be people in your life that want to see you fail, but remember that you are stronger than you think you are. Never allow someone to tell you that you cannot do something. Last but not least, no matter how hard life gets, keep your head up. As you grow older there will always be greater challenges that come your way. GO VIKINGS!

Pelican Rapids School District #548

310 S Broadway, PO Box 642 Pelican Rapids, MN 56572 Phone: 218-863-5910 Website: www.pelicanrapids.k12.mn.us School Board Members: Charlie Blixt, Mike Forsgren, Dena Johnson, Jon Karger, Mitch Monson, Kathy Ouren

OFFICIATING AT SPORTING EVENTS

By Derrick Nelson, Activities Director

Foul! Holding! Three Seconds! He was out! Come on Ref blow your whistle! These are common phrases heard during sporting events. When we attend sporting events please remember that officials are human and will make mistakes. Many times officials don't always have the best view of the action as their view may get blocked by other players.



Please remember that officials play an important role in every contest to keep the events fair, safe and fun. Without officials we can't have games. We ask that you continue to show appreciation throughout the year by showing great sportsmanship to the officials at all of our contests.

If you would like to earn some extra money and be part of Junior High, C-Squad, Junior Varsity, or Varsity contests we are always looking for extra officials. Officiating is a great way to stay involved in the games, and also give back to the game that you enjoyed playing. If you would be interested in Officiating at any level, please contact Derrick Nelson at (218) 863-5910.

We also ask that you come out and support our student athletes and coaches. Our students love to play in front of our fans and the great support for Pelican Rapids Athletics. Parents we ask that you help us by keeping your elementary aged kids and younger in the bleachers while the game is going on. Concession stands are open at halftimes and in between games. Hope to see all of you at a PRHS event soon.



On-line payment processing system

To register: visit www.pelicanrapids.k12.mn.us click on the PaySchools icon on the left

Use this system to purchase:

- Activity Fees Activity Ticket Club Vikes
- Drivers Education
- •Retiree Insurance
- Fundraisers •iPad Rental Fee
- •School Meals
- Viking Preschool
- Pelican Rapids HS Yearbooks Order Now and Save!

\$45 until December 23rd \$50 after that order online at: jostensvearbooks.com

or send a check with your child written to: ISD #548 Provided by Jestens

SENIORS AND SENIOR PARENTS! SAVE THE DATES:

10/20/2015 Senior Parent Q & A

Time: 5-7:00pm **Location:** Media Center

Topic: Need help with college applications? Scholarships? Job searching? Come and see the counselor, Mrs. Siebels, and ask questions as you please about your seniors upcoming year!

3/15/2015 Financial Aid Night 5/18/2015 Scholarship Night 5/27/2015 Graduation