

# A Growth Mindset

I believe we hold on to various theories or ideas without realizing the impact they have on everything we say and do. There is a book entitled, “The Consequences of Ideas” by R.C. Sproul that describes, just as the title states, that there are consequences to ideas. I have been enjoying the book “Mindset, The New Psychology of Success” by Carol S Dweck, Ph.D. This is a good example of the consequences of ideas. The first example she gives is the IQ test. The IQ test is often referred to as the test that will sum up your intelligence. That one test is often believed to be the instrument that summarizes or sets the bar to your ability to succeed. If it is low the expectations are low and if it is high the expectations are high. Alfred Binet designed the test to determine where children were having problems not to set the bar of expectations.



Superintendent  
Deb Wanek

In Binet’s book “Modern Ideas About Children” he summarizes his work, "A few modern Philosophers...assert that an individual's intelligence is a fixed quantity, a quantity which cannot be increased. We must protest and react against this brutal pessimism...With practice, training, and above all, method, we manage to increase our attention, our memory, our judgment and literally to become more intelligent than we were before."

In her Mindset book, Dweck describes two mindsets that determine how we do in life. These mindsets are a "fixed mindset" or "growth mindset." The mindset determines how you view yourself. If you attempt a project and you are not successful a fixed mindset will come to the conclusion that he or she is a failure where a growth set person will conclude that he or she has failed but is willing to try again and believes with more effort will succeed. For a fixed mindset the failure defines who they are where as the growth mindset just sees the failure as a part of the process.

*A growth mindset sees failure as part of the process and is much more willing to try again thinking with more work and effort they will succeed.*

In her studies and those done by her colleagues Dweck found the students that had the fixed mindset and failed at something did not want to try again. They felt that they would just be setting themselves up for more failure. In contrast the student with the growth mindset was much more willing to try again thinking with more work and effort they would succeed.

You can see how this theory can have a major impact on making progress in life and it is not just subject to children. We can all battle with the fixed and become discouraged and lose sight of the growth mindset. If something does not work don't look at yourself as a failure, but as one that has failed and with more work and effort will succeed. We all fail at different things in life and we need to keep trying. If you take the example of learning to walk. We all failed at first but kept trying. As we were learning to walk we often had great encouragement from significant people in our life most often parents and grandparents. If we fell they picked us up, brushed us off and had us try again. I think that is a great picture for all of us as we are learning new things. If you fail at something, pick yourself up, brush yourself off and try again. Believe in the growth model. Give yourself some grace and try again.



A group of 57 SADD members and staff traveled down to the Twin Cities on Sunday April 28<sup>th</sup> for the Twins vs. Rangers game.

## “Where are they now?”- PRHS Graduate Alecia Jongeward-Class of 2001

**What Post-Secondary education institution did you attend and what degree did you earn?**

The University of Montana.

I have a Physics/Astrophysics degree with a minor in Mathematics

**Describe your career choice and what you enjoy about your career?**

Currently, I am teaching Science at PRHS! I am teaching using a special license from the state of Minnesota called a Community Expert License.

It’s been really fun to come back to the high school I attended and see familiar faces every day.

**How did PRHS prepare you for college?**

I have always been interested in math and science, so I took as many of these classes in high that I could.

I found that my Math and Science teachers (at PRHS) challenged me enough to prepare me for the harder college-level classes.

**What extracurricular activities did you participate in while you were at PRHS?**

While at PRHS I participated in cross-country, track, softball, and was on the math team.

**Do you have any special memories of your time at PRHS that you would like to share?**

I was voted “bleacher-creature” about 6 times! (That meant I cheered a lot at the football games.)

**Any words of wisdom you would like to give the students in Pelican Rapids?**

Go to college, and have lots of fun when you are there... Learn lots too!

Try new foods, travel when you are young, and remember to be happy.



PRHS Graduate  
Class of 2001  
Alecia Jongeward





## Students and Staff Model Leadership Habits

Each Wednesday morning, I enjoy starting my day with the student body and a Leader in Me assembly. We use those first fifteen minutes of the day to review the *Seven Habits of Highly Effective People* by Stephen Covey, acknowledge students who have demonstrated one of the 7 Habits, and showcase student talents. This past week, 3rd and 4th grade students had the privilege of watching one of our teachers, Denise Borgen, cut off her long hair for a Locks of Love donation. Denise shared stories about



Elementary School  
Principal  
Sheila Flatau



her niece, Ali Borgen. Denise said, "Ali showed so many of these habits in her life. I wanted to share that Kids CAN be leaders! I want students to realize that they can overcome that bully, friend trouble, something at home, or other situations. They just need to find their reason to, SMILE WIDE EVERYDAY! The most wonderful part about Ali is that she may not have been effective at fighting cancer, but she was effective at affecting EVERYONE around her!"



As we wrap up another year of teaching and learning, I am reflecting on the impact *The Leader in Me* has had on our school. Our theme has been **I See a Leader!** We hoped every child might begin to see leadership skills in each other and in themselves. As leaders, they become active, engaged partners in their own education and their responsibility and initiative grows. It has been so rewarding watching students grow in these habits and develop confidence in their abilities. I am often asked by students, "How can I help?" More than ever, students are empowered to take on leadership roles within our school. We have 4th and 5th grade students who monitor the kindergarten students before school and walk them to their classrooms. Student leaders presented the 7 Habits at Rotary, others helped organize sign-up sheets for the morning assemblies, and many have volunteered to lead the Pledge of Allegiance and birthday song at the weekly assemblies. Some volunteer their time in the kindergarten classrooms at the beginning of the day and others have volunteered to help during after-school programs. In addition, teachers have found countless ways to embed leadership opportunities in the classroom.



It is exciting to see how positive *The Leader in Me* has been in just one year. As our school continues implementing this program in the next school year, I am eager to see how our students learn additional ways to apply the 7 Habits into their lives. We are committed to helping each child reach his/her full potential!



## Fun Was Had by All at First Annual Family Fun Festival

The revived Parent Teacher Partnership (PTP) organization debuted its first public event April 28, with a family festival that is being described as a "huge success."



"We had a fantastic turn out from the community raising, around \$3000," said Judy Simpson, one of the organizers and

"This is exactly the way we wanted it to be...Families out together, having fun," said one of the organizers and leaders of the PTP, Staci Haiby.

The next PTP meeting will be on September 16th at 6:30pm at the Pelican Rapids public library (then will most likely be every 3rd Monday of the month after that). We welcome anyone with a



founder of the newly organized PTP at the Pelican Rapids Viking Elementary School. She said the carnival "exceeded expectations by far."

Simpson estimated the silent auction, featuring merchandise and items donated by many local and area businesses, brought in \$1500.



genuine interest in our school system, who is forward thinking and who would like to collaborate as a group for the benefit of our schools and community to join our PTP group.

Call Staci Haiby at 863-2080 or Judi Simpson at 701-261-2902 with any questions.

*The PTP group would like to extend a HUGE thank you to the following for their support:*

- Larry's Supermarket
- 21st Century Grant
- Super Septic
- Park Region Coop
- Mercantile On Main
- Companion Animal Hospital
- Pelican Rapids Public Library
- Lida Farms
- Riverview Place
- Sanford Clinic
- West Central Turkeys
- Larson Funeral Home
- Pelican Rapids Press
- MN National Bank
- Wells Fargo
- Viking Elementary School and Pelican Rapids High School students and staff
- Assembly Engineering Inc.
- Donald Beck

## Drug Abuse Resistance Education (D.A.R.E.) Graduation



## After School Archery Program Offered to Sixth Grade Students

by Sheri O'Brien

A two day a week after school elementary archery program was offered to 6th grade for four weeks during the months of April and May. The equipment required to offer the after school program was made possible through a partnership between the Minnesota Department of Natural Resources (DNR) and the local Heart O'Lakes Quality Deer Management Association (QDMA). This after school archery program came about through a brief archery unit of study

at the sixth grade elementary school level during physical education class. Students, overwhelmingly enjoyed the introduction to archery unit, so Brent Frazier and Sheri O'Brien perceived that offering an after school program would allow a longer practice time frame for those sixth grade students interested in learning or expanding their archery knowledge and shooting abilities.

Fortunately, for the students, Ryan

Huseby, former Pelican graduate standout, was able to assist with the archery program one day a week. Graciously, Ryan and good hunting buddy, Cody Hanson, offered their time during off college class days to assist during gym class during the archery unit. Brent Frazier and Sheri O'Brien feel fortunate to be able to offer this type of after school programming through the 21st Century grant and parental support.





## Earn Money for our School by Saving Product Labels

We wanted to remind you of some of the ways that you can earn money for our schools every day just by taking a moment to clip a label or shopping on-line. Many of you are familiar with the Box Tops for Education® program but did you know schools can earn up to \$25,000 per year by collecting box tops? There are drop boxes/canisters in the staff lounges at both schools, in the entry way of Viking Elementary School and at Larry's Supermarket.

There is also an on-line shopping option that allows you to earn eBoxTops® with every qualified purchase at over 200 stores just by going through the marketplace site that allows a school's account to be credited. Schools can earn an additional \$20,000 per

year with this program. Proceeds from both Box Tops programs are used for our reading programs at the Viking Elementary School.

Labels for Education® has expanded their program to include labels on numerous products in addition to the Campbell's soup cans. Proceeds from this program go to purchase equipment such as cameras for the school.

Pop tabs are collected and brought to the Fargo Ronald McDonald House.

If you are interested in helping the Holmgren's with this project please call Ruth at 863-6539 or email her at mrvh@loretel.net.

### General Mills

#### Box Tops for Education

<http://www.bboxtops4education.com>



*Proceeds from these programs are used for reading programs at our elementary school.*

#### Box Tops for Education Marketplace

<http://www.bboxtops4education.com/Marketplace>

Shop  
online & earn  
eBoxTops®

You can earn eBoxTops® with every qualified purchase at over 200 stores; just start at the Box Tops Marketplace®, which has special links to each of these stores that allow our school's account to be credited.

See participating stores at  
[btfe.com/marketplace](http://btfe.com/marketplace)



### Labels for Education

<http://www.LabelsForEducation.com>

*Proceeds from this program are used for equipment for our school.*

Clip and send these labels:



Found on any of these products:



### Land O Lakes

<http://www.savefiveforschools.com>



*Proceeds from this program will be used for various school needs.*

### Target Take Charge of Education

<http://www.target.com>



*If you open or already have a Target Visa Credit Card, Target Credit Card or Target Check Card, you can go on-line and choose our school to receive money from every purchase you make.*

### McDonald's Pop Tab Collection

<http://www.rmhc.com/how-you-can-help/pop-tab-collections/>



*Pop tabs collected at our school are brought to the Fargo Ronald McDonald House.*



### My Coke Rewards for Schools

<http://www.mycokerewards.com/mcrSchools.do>



*My Coke Rewards members can choose to "Donate to your school" points that they collect from codes found on participating Coca-Cola products. Student volunteers under the direction of Bob Kohler will enter the codes online.*

### Subway

<http://www.subway.com>



*2% of all money that flows through the registered gift cards will be given to the school automatically. Once your card is registered, you do not have to go online ever again if you don't want to. Just be sure to register it to our school first, then keep reloading the same card.*





## Pelican Students Earn Honors at Minnesota State Art Competition

Photos & article courtesy of The Pelican Press



Pelican Rapids High School student artists performed well at the annual Minnesota State High School League Art Competition. Pictured above, from left, are students who earned top ratings:

- **Superior in Printmaking & Superior in Sculpture:** Guillermo Rosiles
- **Best in Category for Sculpture:** Mackenzie Husted
- **Superior in Painting:** Hope Cardwell
- **Superior in Printmaking:** Romario Moreno



Pictured above, are students who were awarded “Excellent” for their art submissions. Back row, from left:

- **2 Excellents in Drawing:** Guillermo Rosiles
- **Excellent in Sculpture & Excellent in Painting:** Roxy Robles
- **Excellent in Sculpture and Excellent in Painting:** Mackenzie Husted
- **Excellent in Sculpture:** Hope Cardwell
- Front row, from left:
- **Excellent in Collage** Shawntessa Loeza
- **Excellent in Sculpture & Excellent in Collage & “Best in Category” among Mixed Media entries:** Madalin Berube
- **Excellent in Drawing:** Hailey Johnson



Pelican Rapids High School

AT PRHS EVERYONE IS A LEADER  
AND EVERY LEADER VALUES INTEGRITY,  
SHOWS RESPECT AND ACTS RESPONSIBLY.

## Summer Soccer Programs



Pictured are the participants of last summers U16 team who placed 1st in the USA Schwan's Cup. All of them but three are our students at PRHS and they participated in intramural soccer this winter at the high school. The summer soccer season has started with an tournament scheduled the first weekend in May under Coach Fillo Diaz. Summer Rec Soccer for kids ages 5-12 will begin June 3<sup>rd</sup> with coaches Eric Dunn and Fillo Diaz.

## Pelican Completes First State High School League Math Season

Photos & Articles Courtesy of The Pelican Press

The meet was originally scheduled for Monday, February 11<sup>th</sup>, but was postponed to February 12<sup>th</sup> when a storm hit. Because of the storm; some students had conflicts with sports or were still stranded at home and we had only six competitors on what is usually an eight-person team.

In the division individually Johanna Knorr tied for third place, Logan Knorr tied for 5<sup>th</sup> place, and Guillermo Rosiles tied for 7<sup>th</sup> place out of 136 mathletes at this meet.

In team competition, Pelican Rapids earned fourth place out of eleven teams, behind Bemidji, Alexandria, and Breckenridge.

Math team Coach Lisa Petznick was pleased with their performance, especially since they were short two team members compared to the other schools. Team members were Johanna Knorr, Logan Knorr, Guillermo Rosiles, Kaylee Resch, Reilly Knorr, and Carly Black.

Because the Northwestern Lights division of Math



- Rosiles earned All-Conference MVP, placing first place individually in the southern half of the region (third out of 269 students in entire region).
- Freshman Logan Knorr also earned an award for 1st team All-Conference as he was 8<sup>th</sup> place in the southern half (15<sup>th</sup> in entire region).
  - Senior Johanna Knorr earned an award for All-Conference second team as she was 11<sup>th</sup> in the southern half (22<sup>nd</sup> in entire region).

“I’m really pleased with how well our kids did in their first year competing on MSHSL math league,” said Coach Petznick. “I am excited to see the program get even better in the coming years.”

## Junior High ‘Mathletes’ Complete First Season of Competitive League

The PRHS junior high math team had their fifth and final meet of the league season on January 15<sup>th</sup>. In our division individually Emma Hoover tied for fifth with a score of 14, Moriah Johnson tied for 13<sup>th</sup> with a 12, and Bailey Shulstad and Joe Stetz tied for 16<sup>th</sup> with a 10.

The Pelican Rapids Vikings team earned fourth place at this meet behind Alexandria, Hutchinson, and St Cloud. Team members were 8<sup>th</sup> graders Mason Thornton, Bailey Shulstad, Preston Hart, Moriah Johnson, and 7<sup>th</sup> graders Carlan Haugrud and Maddy Waller.

End-of-season awards were given to the top ten individuals and top four teams in our division. Out of 111 competitors, Preston Hart and Moriah Johnson tied for 10<sup>th</sup> place. Also doing well and close to medaling were



Mason Thornton in 12<sup>th</sup> place (just one question behind Preston and Moriah) and Bailey Shulstad in 14<sup>th</sup> place. Four PRHS students tied for 18<sup>th</sup> place. They are Brooklyn Korynta, Drew Cowie, Emma Hoover, and Hailey Peterson. The Vikings team clinched the third place trophy out of twelve teams in the West Central division.

This was our first year competing in junior high math league. At various times throughout the season many different kids were in contention for “Top 10” medals. It was interesting to see how the placings would vary after each meet. I am happy with our results and look forward to more success in the future. I am also looking forward to these kids contributing to the success of senior high math league in the coming years.

## New to district? Register here...

If you have recently moved into the Pelican Rapids School District or recently had a baby, please fill out the form below and turn it into the office at the address listed below. We have opportunities for children ages 3 1/2-12<sup>th</sup> grade! We would love to be able to offer all of our services to you, so don't hesitate to register your child(ren) with us to ensure that you receive the proper information regarding your kids.

Return form to: Pelican Rapids School, 310 S Broadway, Pelican Rapids, MN 56572

Parents/Guardians Names: \_\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Child's Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Please call us at 218-863-5910 with any questions or visit our website: [www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us)





Join us for  
a summer of fun!!!  
Pelican Rapids 2013

The 21<sup>st</sup> Century Grant  
in Pelican Rapids  
is excited to offer fun  
summer activities for  
kids in K-8<sup>th</sup> grade.

#### Our summer programs include:

- free breakfast, lunch, & snacks
- a free water bottle for use each day
- staff to accompany your child between activities (except golf)

*please note: you will need to make separate arrangements for your child to get to and from other activities such as swimming lessons, day-care, church camps*

#### Summer Food Service Program

offered in Pelican Rapids

Friends, Fun & Food!  
Summer meals are available  
to all kids age 18  
and younger at no cost

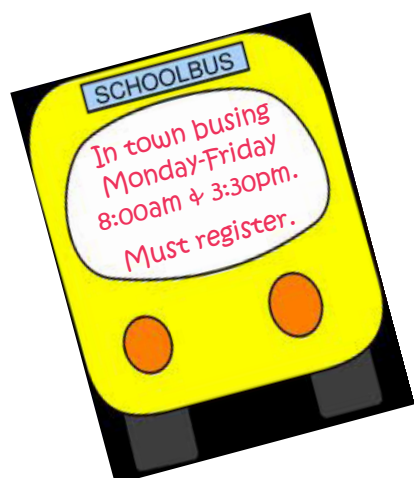
Food that's in...when  
school's out!  
To eat, just show up.



Visiting children are welcome to  
attend our summer camps includ-  
ing the Prairie Fire Theatre Camp.  
Please call Candace Roesch at  
218-863-5910 extension 5022 for more  
information.



Register your child for: Summer Camps, Club Vikes, Targeted Services, Summer Rec, Kindergarten Boost







## Summer Club Vikes

Grades K-6

## Club Vikes Summer Schedule

Monday-Friday from 6:30am-6:00pm  
May 28<sup>th</sup>-August 23<sup>rd</sup>

**Fees:**  
\$2.50/hr First Child  
\$2/hr second Child  
\$1/hr 3 or more children  
\$5/hr per family

**You can sign up for the times that work best for you:**

- before Camp (between 6:30am-12:30pm)
- after Camp (between 3:30-6pm)
- all day (between 6:30-6:00pm)
- other (flexible within these times)

**We do fun stuff like:**

- go swimming at the pool
- make & eat fun snacks
- take awesome field trips
- go to the minnow races
- play water games
- go fishing
- indoor and outdoor fun
- make COOL arts & Crafts
- read & write stories

# Summer Club Vikes

## Summer Camps

### Monday-Friday 12:30-3:30pm

**Camp Structure:**

- Each week of camp will have a general theme (art, nature, drama, sports of all sorts).
- Each day all kids will do a theme-based activity & will be able to choose a 2<sup>nd</sup> activity.
- Kids will be grouped by age.

**2 Sessions:**

- June 3<sup>rd</sup>-July 19<sup>th</sup> 7 weeks of camp-students going into K-8<sup>th</sup> grade
- July 22<sup>nd</sup>-July 27<sup>th</sup> Prairie Fire Theatre "Wizard of Oz" students going into 2<sup>nd</sup>-12<sup>th</sup> grade

**Daily Camp Schedule:**

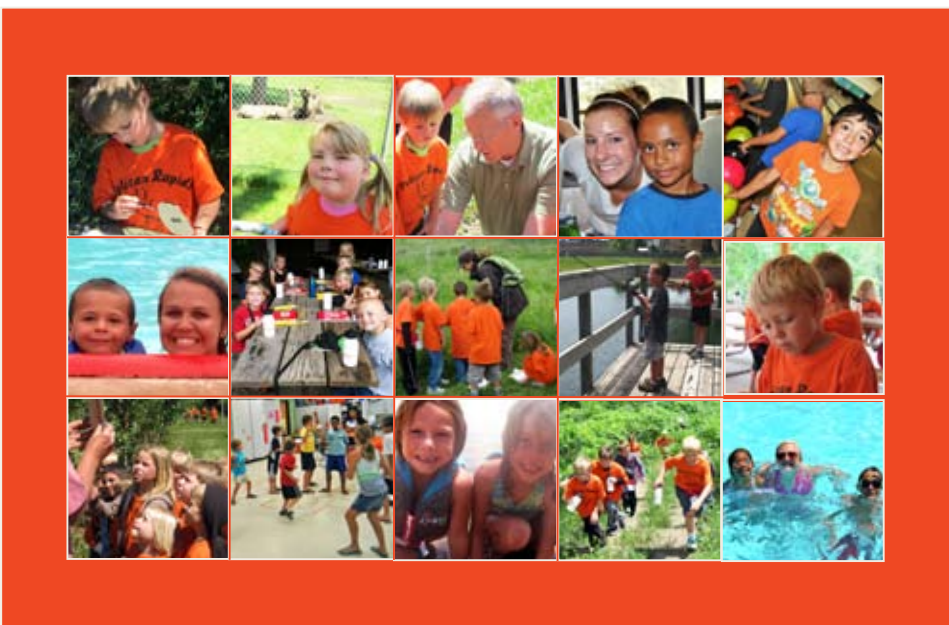
- 12:30-2pm **activity #1** based on weekly theme
- 2-2:30pm **snack**
- 2:30-3:30pm **activity #2** kids choice of daily options

**Kids choice of daily options can include things like:**

- swimming at the city pool or Maplewood State Park
- outdoor activities & games
- drama, singing, music
- nature discovery
- sports of all sorts
- art projects
- reading
- field trips
- Crafts
- kids in the kitchen

**Summer camp scholarships available**  
Call Candace Roesch at 863-5910 ext 5022

21st Century Community Learning Centers funding for this program is provided by the federal government through the Elementary and Secondary Education Act and is administered by the Minnesota Department of Education.



## Prairie Fire Children's Theatre

Summer 2012  
"Beauty & the Beast"

Kids going into Grades 2-12  
Can audition for the play

Summer 2013  
"The Wizard of Oz" Auditions:  
Mon. July 22<sup>nd</sup> 1:30pm  
Performances:  
Fri. July 26<sup>th</sup> 7pm & Sat. July 27<sup>th</sup> 2pm

## Summer Field Trips

Prairie Wetlands

Bowling

Summer 2012  
Character Challenge Ropes

Gottenborg's Orchard

## Kindergarten Boost

### School Readiness Program

Monday-Thursday 8:30-3:00pm

**The goal of this school readiness program is to help preschoolers, soon to be Kindergarteners, extend their preschool experiences so they will enter school with the skills and behaviors necessary to be successful in future learning.**

This two week summer session will be filled with age appropriate learning, exploration and social activities.

**Breakfast, Lunch & Snack are included.** In town busing is available. If you choose to drop off your child & have them eat breakfast with us, plan to meet us in the lobby at 8:30am as we will be eating as a group at 8:35am. Plan on picking up your child at 3:30pm.

Please make arrangements with Club Vikes if you need to drop off or pick up your child before or after the designated times as they cannot be left unattended in the lobby.

**School Readiness Program Session will Emphasize:**

- Handwriting
- Socialization through Play
- Math & Reading Core
- Outside Play

Teachers will be Terra Fitzsimmons & Megan King. Please call us at 863-5910 extension 5393 if you have any questions.

**In town busing Monday-Friday 8:00am & 3:30pm. Must register.**

21st Century Community Learning Centers funding for this program is provided by the federal government through the Elementary and Secondary Education Act and is administered by the Minnesota Department of Education.

## Targeted Services

### Extended Year Learning

Monday-Thursday 8:30-12pm June 3<sup>rd</sup>-July 19<sup>th</sup>

It is important to continue the learning support for your child so they are more prepared for the upcoming school year.

- Grades 1-6 will be held at the Viking Elementary School (sign up on registration form)
- Grades 7-8 will be held at the High School (sign up will be done at a later date)

Summer Targeted Services includes fun things like field trips & yoga.

**Typical Daily Schedule:**

- 8am In town bus pick up
- 8:00-8:30am Free Breakfast
- 8:30-12pm Targeted Services Classes
- 12-12:30pm Free Lunch
- 12:30-3:30pm Summer Camp
- 3:30pm In town bus drop off

**Please note:**


- Club Vikes is available on Fridays from 8:30-12pm
- Busing, meals & camp are optional

**Summer 2012 Young Scholar's Academy-Olympics**





Summer Recreation Activities start June 3 <sup>rd</sup> -July 12 <sup>th</sup>			
Activity	Age or Grade	Days & Times	Games
T-Ball	Completed	Practice	
T-Ball	4-5 yrs old	T-Th 6:30-7:30pm	
Rookie League Baseball	6-8 yrs old	M-Th 10:30-11:30am	W 10:30-11:30am
Pee Wee Baseball	grades 2-3	M-Th 10:30-11:50am	M & W 1:00pm
Knot Hole Baseball	grade 4	M-Th 10:30-11:50am	M & W 1:00pm
Ponytail Softball	grades 3-4 & grades 5-6	M-Th 10:30-11:50am	T & Th 1:00pm
Little League Baseball	grades 5-6	to be determined	M & W 6:30pm
Babe Ruth Baseball	13 yrs old	M-F 9:30-10:30am	M & W 10am or 6:30pm
	14-15 yrs old	M-F 10:30-12:00pm	M & Th 6:30pm
Fast Pitch Softball	12-18 yrs old	to be determined	
Soccer	5-8 yrs old & 9-12 yrs old	M-Th 9:30-10:30am	F 9-11:30am
Tennis	grades 3-6	M & W 9-10:00am	
Golf	grades 3-7	M, T & Th 1-2:30pm	
Couch to 5K	ages 10-adult	to be determined	5K on July 12 <sup>th</sup>



### The Pelican Rapids Public Library


"DIG INTO READING" Summer 2013 Programming for students in grades K-3  
We invite you to come explore the wonders of the underground! This summer we will learn about burrowing animals, underground transportation, gardening, gold mining and cave exploration!

The "BROWN BAG BRIGADE" for students in 4th grade & up  
Come hang out at the library & help make it your own by joining the Brown Bag Brigade  
The BBB is an opportunity for you to read exciting books (and receive your own copy), try out Crazy Crafts, help choose books & activities for the library, and volunteer all at the same time! A Crazy concept just for tweens and teens! Pack a snack, sit back, & relax!  
Join us Wednesdays from 2-3:00pm starting June 5th!!!

All activities at the public library are free & open to children of ALL abilities!  
For more information about our summer programs or if you have questions please call us at 863-7055.

### Minnow Races

Dates: Tuesdays June 11<sup>th</sup>- August 13<sup>th</sup>  
starting at 10:30am at the EL Peterson Park. No registration is necessary.  
Call the Chamber of Commerce for more information.



Other Summer Activities

June 2013				
Monday	Tuesday	Wednesday	Thursday	Friday
3 •Club Vikings 6:30am-6pm •Targeted Services 8:30-12pm •Summer Camp 12:30-3:30pm •Summer REC depends on activity	4 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	5 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	6 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	7 •Summer Camp •Club Vikings
10 •Club Vikings 6:30am-6pm •Targeted Services 8:30-12pm •Summer Camp 12:30-3:30pm •Summer REC depends on activity	11 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	12 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	13 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	14 •Summer Camp •Club Vikings
17 •Club Vikings 6:30am-6pm •Targeted Services 8:30-12pm •Summer Camp 12:30-3:30pm •Summer REC depends on activity	18 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	19 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	20 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	21 •Summer Camp •Club Vikings
24 •Club Vikings 6:30am-6pm •Targeted Services 8:30-12pm •Summer Camp 12:30-3:30pm •Summer REC depends on activity	25 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	26 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	27 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	28 •Summer Camp •Club Vikings

Free Breakfast 8-8:30am In-town Busing (1st pick up 8am) Free Lunch 12-12:30pm In-town Busing (leaves school at 3:30pm)

July 2013				
Monday	Tuesday	Wednesday	Thursday	Friday
1 •Club Vikings 6:30am-6pm •Targeted Services 8:30-12pm •Summer Camp 12:30-3:30pm •Summer REC depends on activity	2 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	3 •Club Vikings •Targeted Services •Summer Camp •Summer REC depends on activity	4 closed no programming	5 closed no programming
8 •Club Vikings 6:30am-6pm •Targeted Services 8:30-12pm •Kindergarten Boost 8:30-3:30pm •Summer Camp 12:30-3:30pm •Summer REC depends on activity	9 •Club Vikings •Targeted Services •Kindergarten Boost •Summer Camp •Summer REC depends on activity	10 •Club Vikings •Targeted Services •Kindergarten Boost •Summer Camp •Summer REC depends on activity	11 •Club Vikings •Targeted Services •Kindergarten Boost •Summer Camp •Summer REC depends on activity	12 •Summer Camp •Club Vikings
15 •Club Vikings 6:30am-6pm •Targeted Services 8:30-12pm •Kindergarten Boost 8:30-3:30pm •Summer Camp 12:30-3:30pm	16 •Club Vikings •Targeted Services •Kindergarten Boost •Summer Camp	17 •Club Vikings •Targeted Services •Kindergarten Boost •Summer Camp	18 •Club Vikings •Targeted Services •Kindergarten Boost •Summer Camp	19 •Summer Camp •Club Vikings
22 •Club Vikings 6:30am-6pm •Prairie Fire Theatre "Wizard of Oz"	23 •Club Vikings •Prairie Fire Theatre "Wizard of Oz"	24 •Club Vikings •Prairie Fire Theatre "Wizard of Oz"	25 •Club Vikings •Prairie Fire Theatre "Wizard of Oz"	26 •Club Vikings •"Wizard of Oz" performance 7pm Saturday 27 • "Wizard of Oz" performance 2pm

Free Breakfast 8-8:30am In-town Busing (1st pick up 8am) Free Lunch 12-12:30pm In-town Busing (leaves school at 3:30pm)

Summer Fun doesn't end here...join Club Vikings Monday-Friday for more activities & field trips in August! Our summer schedule is Monday-Friday 6:30am-6:00pm until August 23<sup>rd</sup>. Contact Candace at 863-5910 ext. 5022 for details.

### The 21<sup>st</sup> Century Grant in Pelican Rapids is excited to offer fun summer activities for kids in K-8<sup>th</sup> grade.

Our summer programs include:

- free breakfast, lunch, & snacks
- a free water bottle for use each day
- staff to accompany your child between activities (except golf)

please note: you will need to make separate arrangements for your child to get to and from other activities such as swimming lessons, daycare, church camps

Please have your child bring daily:

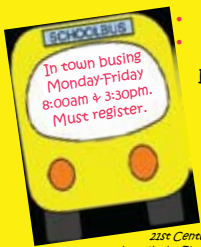

- a swimsuit, towel & sunscreen
- durable shoes (if sandals we recommend they have straps)
- sweatshirt or light jacket for playing outside in morning

Leave at home:

- food, candy, gum, pop, gatorade, etc.
- expensive toys, money or items of value (we are not responsible for lost or stolen items)

Attendance:

- please notify the elementary office at 863-5910 each day your child is unable to attend, otherwise we will expect them at the activities they are signed up for



21<sup>st</sup> Century Community Learning Centers funding for this program is provided by the federal government through the Elementary and Secondary Education Act and is administered by the Minnesota Department of Education.

Summer Program Registration Form

Child #1 Name \_\_\_\_\_ Grade Fall 2013 \_\_\_\_\_ Child #2 Name \_\_\_\_\_ Grade Fall 2013 \_\_\_\_\_  
Child #3 Name \_\_\_\_\_ Grade Fall 2013 \_\_\_\_\_ Child #4 Name \_\_\_\_\_ Grade Fall 2013 \_\_\_\_\_  
Parent/Guardian Names \_\_\_\_\_ Daytime Phone #s \_\_\_\_\_ & \_\_\_\_\_  
Emergency Contact Name & Phone \_\_\_\_\_  
Health problems, allergies, special accommodations \_\_\_\_\_

My child(ren) has my permission to participate in the summer activities checked below. This includes transportation to the off-site activities/field trips. I understand that as with participation in school activities, I, the undersigned will assume responsibility in the case of accidents, injury or lost or damaged personal items during the programs duration.  
I give the 21st Century Grant permission to use my child's photo in media for purposes of public awareness, education or recruitment. \_\_\_\_yes \_\_\_\_no

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

<b>SUMMER CAMPS</b> Monday-Friday 12:30-3:30pm Fees: Each week of camp has a \$20 per child fee (family max \$40) Check below to register <input type="checkbox"/> June 3-July 19 (7 weeks) Total=\$140 total/child, \$280/2+children <input type="checkbox"/> July 22-27 Prairie Fire Theatre "Wizard of Oz" Total=\$20/child, \$40/2+children Call Candace if need to make payment arrangements	<b>CLUB VIKES</b> Monday-Friday 6:30am-6pm Fees are due every other week when you drop off your child (you will be given a bill if you do not need to include fees with registration) <input type="checkbox"/> Check to register Start Date: _____ <input type="checkbox"/> Mon <input type="checkbox"/> Tues <input type="checkbox"/> Wed <input type="checkbox"/> Thurs <input type="checkbox"/> Fri Times: <input type="checkbox"/> Before camp between 6:30am-12:30pm <input type="checkbox"/> After camp between 3:30-6:00pm <input type="checkbox"/> All day between 6:30am-6:00pm <input type="checkbox"/> Other _____	<b>KINDERGARTEN BOOST</b> Monday-Thursday 8:30am-3:30pm Session Fee--\$40/child <input type="checkbox"/> Check to register My child's date of birth is: _____ My child will be here for breakfast: <input type="checkbox"/> Yes <input type="checkbox"/> No	<b>TRANSPORTATION</b> Walking/biking Obeying dropped off/picked up Authorized Pick-up Person's Name: _____ Phone: _____ In Town Busing (check below to register) <input type="checkbox"/> Mornings 8am <input type="checkbox"/> M-Th <input type="checkbox"/> Fri <input type="checkbox"/> Afternoons 3:30pm <input type="checkbox"/> M-Th <input type="checkbox"/> Fri List address below for pick-up & drop off _____ Otownhomes <input type="checkbox"/> Trailer court <input type="checkbox"/> Ohouse
--	--	---	---


Please drop off or mail registration form w/payment (USD 548) by May 3<sup>rd</sup> to: Candace Roesch, Viking Elementary School, PO Box 642, Pelican Rapids, MN 56572  
Questions: Call Candace at 218-863-5910 extension 5022 or email croesch@pelicanrapids.k12.mn.us staff use only Total \$ \_\_\_\_\_ Ck # \_\_\_\_\_

## New Conditioning & Strength Max Interval Circuit Training Program Available this Summer for Students in Grades 7-12

Students entering grades 7-12 in the Fall of 2013 will have the opportunity to participate in a new program consisting of the following components:

- Resistance Training
- Core Exercises to Build Abs
- Cardio to Burn Fat
- Plyometrics for Lower Body Power
- Sports Drills for Speed

Programming will be held Mondays-Thursdays from June 3<sup>rd</sup> to August 1<sup>st</sup> and is available to everyone.



Students can sign up for one of the following 45 minute sessions:

- 6-6:45am
- 6:45-7:30am
- 7:30-8:15am
- 8:15-9:00am

The program will be run by Jake Richter and JJ Fankhanel and funded by the 21st Century Grant.

The cost is \$15 for the summer session.

Please note: times are subject to change based on students needs.





# Local Spelling Bee Champion

Photo & article courtesy of The Pelican Press



Pelican Rapids High School 8th grader Armin Nezirevic is this year's local Spelling Bee champion. He competed regionally in Fergus Falls and received a free one-year subscription to Britannica online. Front row left to right: Mason Thorton, Armin Nezirevic (champion), Donovan Wangerin, and Mercedes Odden. Back Row: Emma Hoover, Hailey Peterson, Marianna Moreno, Dillon Such, and Jade Sweet.

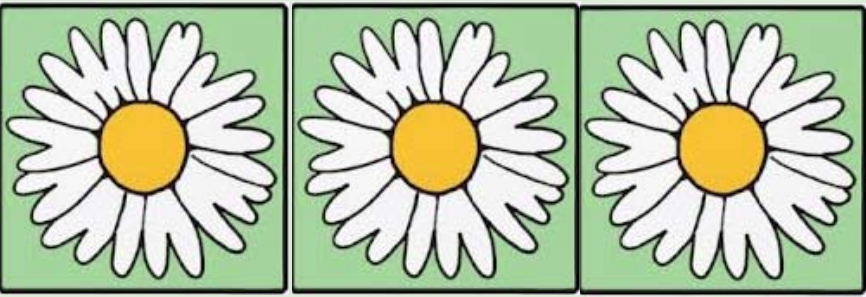
# Community Education Summer Class and Fall Teaching Opportunities

## Dream Interpretation for the Dreamer

Instructor: Sue Nyhus  
Tuesdays, June 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup>  
5-7:00pm  
Location: Viking Elementary  
Supplies: Please bring a notebook  
Fee: \$25.00 (minimum of 5 participants)

Everyone dreams, some of us remember our dreams, and some of us don't! Dreams are messengers that tiptoe into our sleep. They can be eerie, dreary, and fun. All of them carry messages in a language of their own. In this 3 part class, participants will become dreamworkers, learning tips for remembering dreams and decoding the messages they bring. The instructor, Sue Nyhus, is a dreamworker and Master of Arts student at Atlantic University in Virginia Beach, Virginia.

**To register:**  
Call Julie Gamble or Jake Richter  
at 218-863-5910 extension 4372  
or  
Email [commed@pelicanrapids.k12.mn.us](mailto:commed@pelicanrapids.k12.mn.us)



## Share a Special Skill, Interest or Hobby

At Pelican Rapids Community Education, our classes are taught for the community, by the community!

We're always looking for new, enthusiastic teachers.

Do you have a special skill, interest or hobby you would like to pass on? Professional certification is not required – just experience, passion for your subject, and an ability to share it with others.

Contact the Pelican Rapids Community Education office:

Call Julie Gamble or Jake Richter  
at 218-863-5910 extension 4372  
or  
Email [commed@pelicanrapids.k12.mn.us](mailto:commed@pelicanrapids.k12.mn.us)

If we have an opening, we will contact you for a detailed course proposal, and we will meet with you to evaluate how you might fit in our program. Then you could be on your way to teaching for us in an upcoming term and earning extra income.

We are looking for instructors with new ideas in the following areas:

- Adults 55+
- Communication
- Computers & Technology
- Cooking
- Fashion & Beauty
- Finance & Career
- Fishing & Recreation
- Fitness & Exercise
- Going Green
- Health & Safety
- Hobbies
- Home Remedies
- Jewelry Making
- Scrapbooking
- Sewing & Quilting
- Wellness

## A Special Thanks to Those Who Helped with Twins Game

by Emily Stengrim, SADD Advisor



A total of 57 SADD members and staff traveled down to the Twin Cities on Sunday April 28<sup>th</sup> for the Twins vs. Rangers game. We couldn't have asked for better weather during the game! A special thanks to our Chaperones: Marty Carlson, Harold Holt, Ellie Nettekstad, Chuck and Nanette Albright, Adam Johnson, Jordan Neubauer, Amy Korf. And thank you also to the businesses who helped send a sack lunch down with our students: Barrel O'Fun, Fergus Fast Lane, Bridgette Holl, and Larry's.



## High School Facilities

At the time of this printing the School Board has held one public meeting to determine what will be the next steps for the high school building. The community voted down the renovation bond in March and the School Board was eager to know what the community wanted since they voted down the proposed plan. There were about 50 people in attendance and each had a time to talk and share their thoughts on the high school. It was the consensus of the group that the community was not well informed about the current project and more detailed information needed to be given to the community. The School Board received this information and will meet again with interested community members on May 8<sup>th</sup> at 5:30pm to explore the next steps.



### On-line payment processing system

To register:

visit [www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us) & click on the PaySchools icon on the left side.

Use this system to purchase:

- Shada
- Activity Ticket
- Fundraisers
- iPad Rental fee
- Vikes Fees
- Retiree Insurance
- School Meals
- Drivers Education
- Viking Pre-School •Club Tuition

## Pelican Rapids School Foundation

The mission of the grant program of the Pelican Rapids School Foundation is to provide financial support on projects which will provide and enhance educational opportunities for students of Independent School District (ISD) 548, thus making a positive impact on our community and world.

Tax deductible donations can be given through the West Central Initiative either by mail at: PO Box 318, 1000 Western Ave, Fergus Falls, MN 56572 or by email at <https://wcif.site-ym.com/>







## Continuing to Implement The 7 Habits of Highly Effective People into Summer Life

Summer break is right around the corner. As we prepare for it, there are a few things to keep in mind. Students tend to get excited about break and lack concentration in the classroom at the end of the school year. It's very important as a student to stay motivated and finish off the school year strong. As a parent, remind your students about the importance of education, and help them stay concentrated so that they finish off strong. We have all been students and know that doing school-related work during the summer can be difficult.



Parent Liaison  
Porfirio Diaz

As we know, this school year, our school district implemented The 7 Habits of Highly Effective People. By practicing The 7 Habits over the summer we can increase the desire of wanting to do school-related work. Remember, these are habits that have been proven to change people's life styles. This means we don't only implement The 7 Habits during the school year but throughout 365 days of the year.

Students can **Be Proactive** by: being employed over the summer, doing chores, training for after school activities, studying for the ACT or SAT, reading, getting outside and being active, and volunteering in the community. The list can go on; these are only a few of the many ways to be proactive during the summer.

Students should have a goal or objective for the summer, to cover habit #2 which is to **Begin with the End in Mind**. For example a student-athlete has a goal of starting in a varsity sport; therefore he/she has to work hard in the offseason to get a starting position. A student, who has an objective of improving in Math for the next school year, should work on math problems over the summer.

Always remind and encourage your child to **Put First Things First**. Also, **Think Win-Win**. You can have situations where you can tell your child he/she can go out and play if they complete 20 minutes of reading or a chore. Remember to **Seek First to Understand Then to be Understood**. That is to always listen to what someone has to say before giving them your input.

Many of our students can implement habit #6, which is to Synergize, since many participate in summer recreational activities. It is always said and proven, that working as a team can lead to success.

The last habit that we should implement and not forget about is to **Sharpen the Saw**. For the last habit we can reward our students for their hard work during the school year and for what they do in the summer. Students should continue to improve in their education and any other activities they're involved in. By implementing The 7 Habits of Highly Effective People into our summer lives we will all benefit. What a student does in the summer will reflect on how hard he/she works when they return to school for the new school year. Summer, is time for family and fun but remember we can be implementing The 7 Habits along with it.

There are many leaders that implement The 7 Habits to their lives. Our school district is working on discovering the leader in every one of our students by implementing these habits. Over summer break and throughout high school, into college and onto a professional career, the following are 10 keys that everyone should practice to help us become successful.

### 10 Keys to Success:

1. Believe when others Doubt
2. Learn while others Loaf
3. Decide while others Delay
4. Begin while others Procrastinate
5. Work while others Wish
6. Save while others Spend
7. Listen while others Talk
8. Smile while others Scowl
9. Commend while others Criticize
10. Persist when others Quit

## It Has Been a Busy Spring with the Cultural Collaborative!

**Pelican Rapids' Somali Ambassadors** visited Battle Lake Sociology class and Perham's Intercultural Communication class. They are pictured with some of Hawley's FACS students and their principal Mike Martin (below & right). Their messages include educating students about basic tenets of Islam, answering a plethora of questions, and sharing traditional Somali food such as teac, Sambosas, and Somali cake.



Cultural Collaborative  
Amy Buck



Kassandra Sanchez, Jorge Villalobos, Staisha Loeza, Roxanna Robles, Danny Martinez, Edgar Diaz, Ray Elizondo, and Guillermo Rosales have all served as Pelican Rapids' Hispanic Ambassadors. Jorge works with some students from Lake Park-Audubon Elementary's Spanish Club (right).



7th & 8th grade mentors for Frazee-Vergas included Ben Barragan and Keidra Anderson (above).

Mentors for Frazee-Vergas Elementary included Tierra Sayngaphay, Staisha Loeza, Keirsten Markgraf (below).



Spanish students from Pelican Rapids, Lake Park-Audubon, Barnesville, and Underwood all worked together on collaborative units throughout the school year, including Spanish Culture Trivia Olympics (left & right).



## Pelican Rapids FFA State Convention Results

by Lee Larsen

The Pelican Rapids FFA is wrapping up another busy year. There was a lot of preparation for the state FFA convention which started on April 28th. Our students competed in the following events:

### Forestry Contest

Chloe Evenson, Hally Evenson, Seth Carpenter and TJ Dahl

### Wildlife Contest

Jonny Dalman, Devon Hensch, Kris Olson and Brandon Hensch

### Discussion Meet

Abby Ganyo

Our annual FFA Banquet was held on March 26th and the following awards were presented:

### Top Honors

Marshall Ohe, Abby Ganyo and Jonny Dalman

*FFA makes a positive difference in the lives of young people by developing their potential for premier leadership, personal growth, and career success!*



**The Star Greenhand Award** is awarded each year to the top freshman member or members who excel in their first year and show great promise for success within the FFA. This year's recipient was Britton Erickson.



The 2013-2014 officers are as follows: President Chloe Evenson, Vice President Kayla Kuhlman, Secretary Brooke Lammers, Treasurer Blair Hurley, Reporter Hally Evenson, Sentinel TJ Dahl, Officer at Large Alex Okke, Reed Frazie, Student Council Rep Kris Olson







## HIGH SCHOOL NEWS

As I look back on the 2012-13 school year, I feel honored to be part of a school community that is so supportive of all students. It has been a great school year at PRHS as we continue to implement technology in our classrooms and have implemented the 7 Habits district wide.



High School  
Principal  
Brian Korf

Over the last couple of years, technology in the classrooms has increased and we have been very excited with our iPad initiative.

Last year, we implemented iPads into classrooms for all juniors and seniors and this past year we implemented iPads for all sophomores. I am very excited about our second year and excited to continue to learn and grow with the iPads in the classroom.

After researching and using the iPads in the classroom, we have learned that iPads:

- 1) Engage and motivate student learning at advanced levels
- 2) Allow teachers to monitor and assess student progress
- 3) Design instruction in more effective ways
- 4) Prepare students to be college and career ready

Many schools in the area are implementing iPads in the classroom. Technology is greatly affecting teaching and learning in the classrooms and must be used in order for students to learn at advanced levels and to be college and career ready.

I want to thank the seniors and their families as it has been a pleasure to work with every senior at PRHS. Congratulations to all of our seniors and I wish them the best of luck in the future.

Thank you for a great school year and I want to thank you for sharing your child with us!



## Valedictorian and Salutatorian

The two top students of the 64-member 2013 graduating class of Pelican Rapids High School have been announced: Johanna Knorr and Seth Carpenter.

"These are two students who were very involved in activities, and worked very hard in the classroom to earn Valedictorian and Salutatorian," said High School Principal Brian Korf. "They have also been great role models for younger students."

Commencement exercises are scheduled for Friday, May 24<sup>th</sup> at 7pm in the high school gymnasium. Baccalaureate will take place Sunday, May 19<sup>th</sup> at 7pm in the Fine Arts Auditorium.



JOHANNA KNORR



SETH CARPENTER

## Speech Team Completes a Successful Season with a State Participant

by Denise Borgen, Speech Coach



The Speech season has come to an end and Speech participants have a lot to be proud of. The team brought home a lot of awards, but more importantly they learned a lot of leadership skills. Giving a speech is many peoples biggest fear. These students take that fear and have fun with it.

We had 100% of our seven participants at Subsections participate in final rounds. Bailee Lass, Johanna Knorr, Reilly Knorr, Kallia Rinkel, and Logan Knorr all advanced

to Sections competitions. At Sections, Kallia Rinkel and Johanna Knorr advanced to finals. Johanna Knorr won her category of Original Oratory and advanced to State Competition. She placed 13th at State on April 20th. This was a huge accomplishment. Way to go Pelican Rapids Speech!!!



## Knowledge Bowl Ends Season with 5th Runner-Up Finish at the State Tournament

by Bridgette Holl



Over 4,000 students across the state of Minnesota started the senior high knowledge bowl season in December. On Friday, after two days of tight competition, that season came to a close at the State Tournament in Brainerd, MN. The team representing Pelican Rapids placed 5th runner-up, behind the state champion Glencoe-Silver Lake, St. John's Prep, Bagley, Crookston, and Albany. Team members included Reilly Knorr, Johanna Knorr, Travis Haugen, Logan Knorr, and Guillermo Rosiles.

Students felt both honored and lucky to compete. Senior Johanna Knorr, who competed last year at the State Tournament as well, commented, "It is really cool to compete at State. I feel so proud to know that we can compete as a team with the best of the best across the state. It really is an honor." Teammate Travis Haugen added, "We are especially lucky to compete this year, with the weather and all." Nine of the 48 teams competing in Brainerd were unable to attend the banquet on Thursday night because of the weather. Some teams arrived Friday morning but there were a few teams who regrettably were unable to attend.

Following the banquet on Thursday evening, the teams

completed the written round of competition. There were 60 questions, 60 very difficult questions. "Why do they have to save the toughest written round of the year for the State Tournament?" joked Reilly Knorr at the end of the round. Students were soon to forget the difficulty as they enjoyed pizza, pop, and one another around the pool. With a written round score of 46, the PRHS team was four points behind first place, as the four oral rounds began at 11:00 a.m. on Friday morning. The start time was pushed back to accommodate teams arriving to join the competition. After the first oral round, earning 19 points, PRHS moved into second place, the highest position they would capture for the day. Competing in the top room, they scored just six points, which dropped them to 7th place. During the third round the team was able to gain some momentum, scoring 17 points. The fourth and final round, however, earned them a mere four points and the PRHS Knowledge Bowl Team ended their season with an appearance at the State Tournament for the second year in a row and a 5th runner-up (sixth place) finish.

PRHS Knowledge Bowl is coached by Kathy Knuteson-Olson and Bridgette Holl.

### Pelican Rapids School District #548

310 S Broadway, PO Box 642 Pelican Rapids, MN 56572

Phone Number: 218-863-5910

School Website: [www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us)

School Board: Charlie Blixt, Mike Forsgren, Dena Johnson, Jon Karger, Mitch Monson, Kathy Ouren

This newsletter is funded by the 21st Century Grant, Cultural Collaborative and Community Education.





## Sports and Activities Update

After a very busy winter season mother nature decided that the students needs some well earned rest. For the month of April there were 45 games and meets scheduled. Out of the 45 contests only 3 were held for the month. This means that some games and meets have been postponed while other have been cancelled. May will be a very, very, very, busy month for students in track, baseball, softball, and golf.



Activities Director  
Assistant Principal  
Derrick Nelson

The Minnesota State High School League has decided not to move back the date of playoffs so all teams will have a three to four week regular season before the playoffs start. If you have questions about game time or location of games please check the school web site under Activities Calendar for the latest updates.

### Notify Me! *Email notification system for activities or changes to activity schedules*

To register:

visit [www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us)  
and click on the Activities Calendar.

Follow the simple instructions and you will begin receiving email notifications on changes in activity dates, times, and locations.

#### •Habit 1: Be Proactive® **You're in Charge**

I am a responsible person. I take initiative. I choose my actions, attitudes and moods. I do not blame others for my wrong action. I do the right thing without being asked, even when no one is looking.

#### •Habit 2: Begin With the End in Mind® **Have a Plan**

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision, and look for ways to be a good citizen.

#### •Habit 3: Put First Things First® **Work First, Then Play**

I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule and follow my plan. I am disciplined and organized.

#### •Habit 4: Think Win-Win® **Everyone Can Win**

I balance courage for getting what I want with consideration for what others want. I make deposits in others' Emotional Bank Accounts. When conflicts arise, I look for third alternatives.

#### •Habit 5: Seek First to Understand, Then to Be Understood® **Listen Before You Talk**

I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking.

#### •Habit 6: Synergize® **Together Is Better**

I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than any one of us along. I am humble.

#### •Habit 7: Sharpen the Saw® **Balance Feels Best**

I take care of my body by eating right, exercising, and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places, not just at school. I take time to find meaningful ways to help others.

Covey, Stephen R. *The Leader in Me: How Extraordinary, Everyday Schools Are Inspiring Greatness, One Child at a Time.* New York: Free, 2008.

## WE ARE THE PELICAN RAPIDS VIKINGS!

### CONGRATULATIONS ON SUCCESSFUL SEASONS!



### WE ARE PROUD OF EACH AND EVERY ONE OF YOU!



### THANKS FOR A GREAT SEASON-IT WAS A FUN RIDE!



The Awesome Pep Band

## Valkyries Have Four All State Dancers and Win Team Sportsmanship Award

The Valkyries finished up their season with the All State Performance on March 9<sup>th</sup> at Eden Prairie High School.

There were 15 Class A Jazz dancers selected, and 17 Class A Kick dancers selected to participate along with AA and AAA dancers totaling approximately 117 dancers who were celebrated and commended as the top dancers in the state.

Pelican Rapids dancers named All State were:

JAZZ: Kenzie Husted and Ariel Martinson

KICK: Hope Cardwell and Addy Monson



The Valkyries were awarded the Class A Team Sportsmanship Award, as voted on by all Class A coaches throughout the state. "We are so proud of this accomplishment, and also, once again, this is our 10th year of achieving the Team All Academic Award," noted Coach Tami Seifert.





## Frequently Asked Questions

### Question: What is the term of 21st Century Community Learning Center grant funding?

**Answer:** The grant period for 21st CCLC funding is five years. Pelican Rapids is on year four of a typical grant cycle. A program receiving a 21st CCLC grant is not assured of grant renewal from future state or federal funding at the conclusion of the grant period. However, priority for funding shall be given to programs with expiring grants, if those programs have satisfactorily met projected pupil outcomes.



Director  
21st Century Grant  
Community Ed  
Jake Richter

Both state and federal reporting requirements for the 21st Century Community Learning Centers require that grantees track specific information regarding youth participation rates. In addition to required demographic data (gender, race/ethnicity, grade level, special education status, free or reduced price lunch participation) to be collected about program participants, all grantees must gather data regarding participation levels. Grantees must collect and report the total number of unduplicated youth participants attending summer and school year programs by the following participation level: Less than 30 days and 30 days or more.

### Question: Why is the summer programming format different this year?

**Answer:** The Pelican Rapids 21st CCLC staff designed a format that better serves the demands of retention of our youth participants. Retention of participants means students attend a minimum of 30 days of programming. The good news is the days of attendance do not have to be consecutive in order to meet the attendance requirement of 30 days or more. The Minnesota Department of Education has an expectation that a minimum of 70% of youth participants must be retained. Many other 21st CCLC are offering similar programming, the difference is hours of programming and price. Pelican Rapids 21st CCLC offers 7 weeks of programming 6:30am-6:00pm for the price of 2 weeks!



Viking New Network (VNN) is our very own film club who produces our morning announcements, takes awesome photos and video clips. Follow us on Facebook to for updates on sports and school events.

Eric Dunn leads this dynamic team of students who meet before and after school to do all of the work required to bring us this stellar reporting.

*Everyone  
needs at  
Least one  
friend.*



- ◆ Some **one** to listen & care...
- ◆ Some **one** to just be there.
- ◆ Who was the **one** for you?

- ◆ The **one** who encouraged you & helped you find your way
- ◆ The **one** who shaped the **one** you are today.

-Be the **one**-

Your school needs you! More importantly, the students need you! Join our team of volunteer mentors. Make a difference in **one** life.

Contact Bob Kohler  
218-863-5910 ext. 4065  
bkohler@pelicanrapids.k12.mn.us  
Volunteer Mentor Coordinator  
Pelican Rapids Schools

## Youth in Town Giving Back to Community

Our LED (Leading Every Day) student group has been involved in many project over the last few months.

### Sandbagging in Fargo



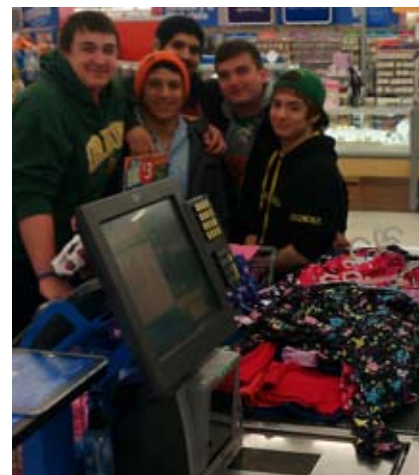
A group of students recently went to Fargo and filled sandbags for 3.5 hours one afternoon. There were 5 students that went and in that time they filled about 7,000 sandbags! These guys worked very hard!



### United Way Day of Caring in Pelican Rapids

This is our final LED project for the school year and is looking to be a great success! The LED group is busy getting things lined up at the school for students to volunteer by helping local residents with spring clean up jobs in our community. Maggie Driscoll and Colette

Haugrud with OAKS are busy getting projects lined up, and The United Way of Ottertail County is busy arranging funding, publicity, and covering all the other details. Be on the lookout in the next newsletter for the results.



Volunteer Mentor  
Coordinator  
Bob Kohler

### Project Night Light

A huge thank you to Tonseth Lutheran Church, Southtown Convenience Store, Dairy Queen, McDonalds, Jimmy's Pizza, and Taqueria Escobar for helping

make the Project Night Light fundraiser a success! We collected \$400.00 which was used to purchase 47 pair of pajamas for the Project Night Light organization, which is dedicated to providing a "Bag of Hope" to children in the Fargo-Moorhead area when they are examined by their Local Advocacy Center or Hospital for physical or sexual abuse or neglect.

## Rotary Interact Group Goes to Kindergarten

The Rotary Interact Group, a leadership group of students in grades 9-12, had two main projects this semester. We teamed up with the Kindergarten classes at Viking Elementary and worked with them on character education and relationship building activities. The days we spent with them included poem reading, coloring, sledding and much more.

The other group we teamed up with is the Philanthropy and Youth (PaY), a program of The Barry Foundation, which is designed to introduce local high school students to the importance of leadership and service through grantmaking. We wrote inspirational postcards to every student in Kindergarten. The smiles on their faces were heartwarming.

We had such a great year sharing our mission and goals with a younger generation. We look forward to next year and developing new projects and activities that make a difference within our school, community and world.

Five more students will be attending the Rotary Youth Leadership Award (RYLA) camp in July which is Rotary's leadership training program for young people. The students are being sponsored by the local Rotary and the 21<sup>st</sup> Century Grant.



HS School  
Counselor  
Lauren Runsvold



Article excerpts courtesy of The Pelican Press

The stories of the Brothers Grimm took on a whole new flavor, when a Pelican Rapids all-student cast and crew presented "The Brothers Grimm Spectaculathon." Attendance was around 260 for the two performances April 13-14, a turnout that student directors Johanna Knorr and Bailee Lass were very pleased with. Each year senior theatre members usually direct a spring student-lead play. "This year was very exciting, especially because we were able to involve a lot of new people who hadn't been in plays before," noted Knorr. "The large cast of theatre veterans and new people made for a very interesting show. We had students who are sometimes more involved in sports come out for the play, and they had a lot of fun. The whole play was very fun, and there was a ton of laughter from the audience."

Many people commented that it was one of the best plays they had seen in a while, noted Knorr. "Bailee and I were so proud of our cast and crew. They worked extremely hard and put in a lot of hours to make this play come to life. We were also very thankful for the community support and all of the audience for making this such a great experience," said Knorr.