

Pelican Rapids School District #548
 PO Box 642
 Pelican Rapids, MN 56572

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Are the Pelican Rapids grads of 2036 future ready?

By Randi Anderson, Superintendent

I remember clearly the day in 1990 when four computers were placed in the back of my classroom. How was I going to bring this new resource to my students? What would they do with this new technology? I was excited and scared for the opportunity to have 29 first graders create digital writing and share it with their peers and parents. Almost 30 years later, technology continues to enhance student learning opportunities in ways we could have never imagined...



- Virtual reality allows students to experience authentic learning without leaving the classroom.
- Coding careers, one of the most in-demand fields, means learning rules that computers understand.
- Information and knowledge are a key-stroke away, due to increases in Smart devices.

• New ways of learning such as Makerspace provides a specific space for creativity, collaboration, and critical thinking. Our world is continuing to change at such a rapid pace that we are now preparing our students for jobs that don't yet exist, using technologies that haven't yet been invented, in order to solve problems we don't yet know exist. Joining with over 3,100 districts from across the country, Pelican Rapids Schools is raising the question, "What does education today need to look like to ensure student success for an ever-changing future?"

Thus, we are embarking on a proactive journey to 'Build the Profile of a 2036 Graduate.' This process began with a community showing of the documentary film, "Most Likely to Succeed," which features a charter school with project-based learning. The purpose of sharing this movie was to start conversations about the skills our students will need to be successful in the future. With technology changing the nature of work, people skills such as leadership, critical thinking, informed decision making, perseverance, problem solving, and risk taking will be required for success in an ever-changing work environment.

We have formed a 'Building the Profile of a 2036 Graduate' team of parents, community members, teachers, students and district leadership that will continue to explore the following:

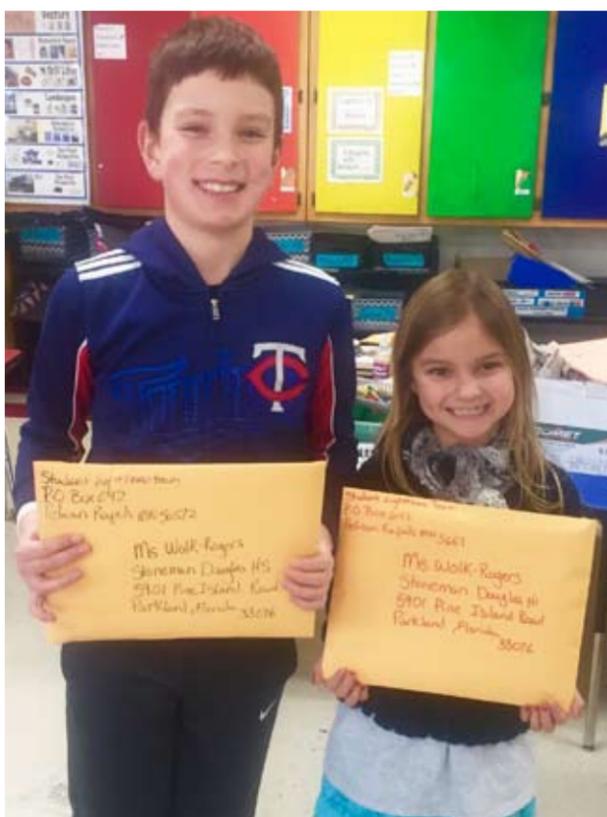
- What are the hopes and dreams that our community has for our graduates of 2036 and beyond?
- What are the knowledge and skills of the 21st Century that our children need for success in this rapidly changing and complex world?
- What impact does our current educational learning platform have on our students?
- How can we empower students to have voice and choice in their educational experience?
- How can we provide individualized learning in creative, flexible classroom environments?

This group will spend the next six to nine months gathering input from stakeholder groups across the community. We will review research and relevant materials that identify what students need for success in the 21st century and compare those skills to our current reality. Lastly, we will draft the 'Profile of the Pelican Rapids 2036 Graduate' as grounded in research, best practice and stakeholder input and present our ideas to the school board in December of 2018. Upon approval by the board we will embark on the journey of implementation beginning in the fall of 2019.

If you are interested in being part of the 'Building the Profile of a 2036 Graduate' team, please contact me before the next meeting on Thursday, April 12. I am also available to answer any questions or concerns and can be reached at randerson@pelicanrapids.k12.mn.us or 218-863-9315.

I am honored to be working for such a passionate educational community and staff who work hard every day to reach every student. I am confident that our collective goal of ensuring that our students continue to be lifelong learners and thus will be well-prepared and successful in life will guide us through this exciting journey.

STUDENTS MAKING A DIFFERENCE



Student lighthouse kids at Viking Elementary encouraged their classmates to make cards to send to the school in Florida because of the recent events that occurred there. Many of the cards read, "Pelican Rapids is a small town with very big hearts. We are thinking of you!"

Over 300 cards were sent to the Marjory Stoneman Douglas High School as a result of their efforts...nice work student lighthouse team!



• School wide implementation of Stephen Covey's 7 Habits of Highly Effective People®

- Creates a culture of student empowerment based on the idea that every child can be a leader
- Teaches leadership & life skills to students
- Student Lighthouse Teams lead projects to 'make a difference' in the school and community

Information about the future of learning:

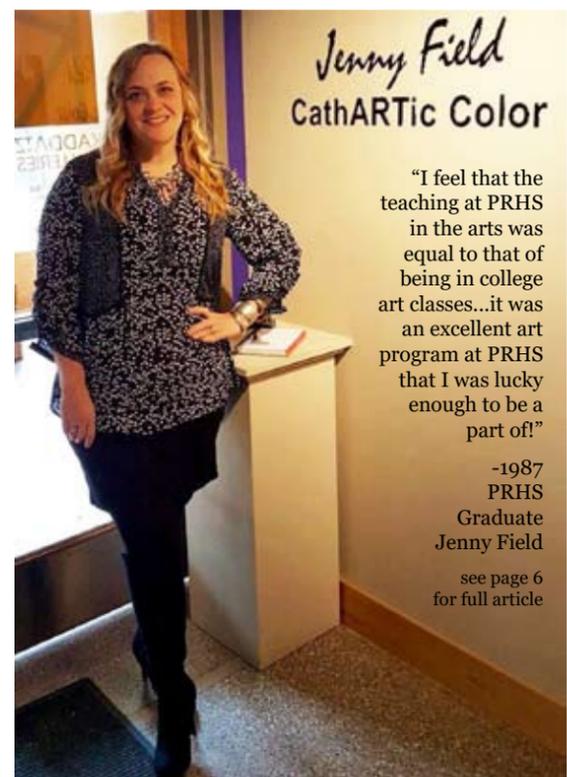
<https://knowledgeworks.org>

We explore the future of learning to help education leaders and innovators better prepare for what's ahead. Through strategic foresight, KnowledgeWorks dives deeply into critical education issues to translate insights about the future into action today.

<https://futureready.org>

Future Ready Schools® helps K-12 public, private, and charter school leaders plan and implement personalized, research-based digital learning strategies so all students can achieve their full potential.

Spring ECFE Classes and FREE Viking Preschool on page 3



Makerspace is a constructivist and constructionist movement that is taking the world by storm!

Imagine DIY meets education!



A makerspace presents readily-available materials that can act as a provocation for inquiry, as well as modern technology and items to invent with.

THREE CORE SOCIAL-EMOTIONAL SKILLS

Students Need to Succeed in 2040 and Beyond

- #### 1 Emotional Regulation

How we feel impacts how we work – and the same goes for students. Consider providing the opportunity for learners to:

 - Chart their feelings and responses to academic stress with a mood map or journal
 - Identify with a protagonist in a book who is struggling
 - Practice growth mindset, recognizing that failure is part of the learning process
- #### 2 Empathy and Perspective Taking

Being able to listen well, collaborate with others and appreciate diversity will be essential as advancements in artificial intelligence and automation reshape the future of work. Education can empower students to:

 - Seek out true service-learning opportunities that strengthen their learning community
 - Find and solve problems in their communities or abroad that connect with what they're learning
 - Recognize their own strengths and the strengths of others, facilitating genuine collaboration
- #### 3 Deep Self-Knowledge

A student who is aware of their own strengths, weaknesses and how they learn best is more successful and productive – and they'll carry those skills with them into the workplace. It's essential for students and teachers to work together to create an environment that:

 - Cultivates a learner's ability to be self-aware by asking them to consider how they learn best
 - Offers time to reflect on their learning preferences and styles
 - Provides voice and choice in how students learn and how they demonstrate what they know

Download "Redefining Readiness from the Inside Out" at knowledgeworks.org/redefining-readiness.

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Physical Education Update

By Sheri O'Brien, Elementary Physical Education & Developmental Adaptive Physical Education K-12



Family game night

We've had some great family time at Viking Elementary this year including **Thankful for Books** and **Family Game** nights. There was a great turnout for both events and lots of happy kids going home with new books.



Thankful for books night

New to the Pelican Rapids school district?

If you have recently moved into the Pelican Rapids School District or had a baby, please let us know so we can add you in our school census.

Contact Cherie Lynnes at 218-863-5910 ext. 6105 or clynnes@pelicanrapids.k12.mn.us

Viking Elementary School Promise

- I WILL** speak up instead of acting as a bystander.
- I CHOOSE** to participate in activities that don't involve teasing.
- I FORGIVE** others if they make poor choices.
- I MODEL** good behavior.
- I ACCEPT** others for their differences.
- I INCLUDE** others in group situations.
- I WILL** talk to an adult when there is a problem I cannot manage on my own.
- I AM** powerful in making a difference in my school.

This year in physical education we've been busy with many different activities and themes for the varying grade levels.

Grades K-2, have worked on the loco-motor skills of running, walking, galloping, skipping and sliding sideways. We have also focused on the manipulative skills of throwing, catching, punting and kicking independently, with a partner and on small teams. The Kinder grade level has diligently worked on understanding the concept of boundary lines and how we use them in games of tag.

Grades 3 through 6 have primarily delved into the realm of game strategies, synergy and game skill applications. We have played small group games that involve less students on defense than on offense to help teach our defense and offense to think differently. For example, with less students on defense, it helps offensive students to attempt to go to an open area and keep a semblance of a moving triangle or passing pattern(s) with teammates to receive a foot or thrown pass with a higher level of success. Defensively, we were attempting to learn to watch more of what the person is doing that has the ball and therefore, "cover or anticipate" where the object may go.

The 2018 Jump Rope for Heart (JFH) fundraiser, for the American Heart Association (AHA), was another HUGE success at the Viking Elementary School. Our goal of \$1,200.00 was obliterated by 20 amazing students in grades 3-6! Those 20 students raised \$1,935.00 for the AHA in 14 days in February. How the students chose to raise the donations varied extensively; a number of students went door to door, others used online contributions, some students challenged

family and relatives to donate and still others used two of the three combinations. It is our elementary school's pleasure to continue to support an amazing organization like the American Heart Association; the AHA is a very generous organization that continually returns back through education and funding to its neighboring communities. The participating students this year will be rewarded with extra recess from Mrs. O'Brien. Additionally, our community of Pelican Rapids should continue to be very proud of how everyone unceasingly supports our students and their goals. Thank you!

We will have an elementary Running Club, again, in the late Spring of 2018, for grades 3-6, and all students, in those grade levels, will be welcomed to attend our two days of running club.

Please continue to do the amazing job that you do regarding encouraging your child or grandchild to play for 60 minutes at least 5 days a week at a moderate to vigorous level.



Jump Rope for Heart fundraiser students

K-6 VIKING STUDENT SUCCESS (VSS) PROGRAM

Our Viking Student Success Program (VSS) program incorporates homework support and hands-on learning activities for students needing support with reading and/or Math. The program starts in the fall but your child can join any time.

Contact your child's teacher or Marie Cupkie at 218-863-5910 ext. 5269 with questions about this after school and non-school Monday learning program.

AFTER SCHOOL TUESDAYS-THURSDAYS

•3:45-4:00pm snack •4:00-5:15pm VSS program

NON-SCHOOL MONDAYS SCHEDULE

•8:00-8:30am free breakfast •8:30-12:00pm VSS program •12:00-12:30pm free lunch

VSS NON-SCHOOL MONDAYS 2018

•March 19 •April 9, 16, 23

IN-TOWN BUSING Morning & afternoon in-town busing available on VSS (non-school) Mondays



Club Vikes K-6 Childcare Program at Viking Elementary

By Courtney Thorson, Club Vikes Program Coordinator

Club Vikes is a School-Age Childcare Program for children in grades K-6. We respond to the needs of families by having a safe and fun place for children to go before and after school, and during non-school days. We also provide your child(ren) with the opportunity to attend fun field trips, such as the zoo, a movie, baseball games, Maplewood State Park, nursing home visits, and more!

Club Vikes Hours:
Monday-Friday 6:30am-6:00pm

Dates Closed: Club Vikes is not open on certain holidays (such as Thanksgiving, Christmas, Easter, 4th of July, etc.) You will be reminded of when we are going to be closed.

Contracted Care

Mondays/ Non-School Days

- \$15 (less than 6 hrs)
- \$25 (6+hrs)

School Days

- \$3 before school
- \$6 after school
- \$8 before & after school

Drop-In Care

- \$3.50/hr with a minimum of \$7 charge (non-school days)
- Drop-ins on school days will be charged contracted care rate
- Child(ren) must be registered.

You do not need to contract any days, you only need to give notice BEFORE you arrive. However, your child is not guaranteed a spot and will only be allowed to attend if there is enough staff to accommodate your child.

Location: Club Vikes is located right inside Viking Elementary, connected to the lobby. There is a sign posted right inside the room that tells you "where Club Vikes kiddos are" during the day, making it easy to find us when dropping off/picking up your child(ren).

For more information contact Courtney Thorson, Program Coordinator

Email: crthorson@pelicanrapids.k12.mn.us or clubvikes@pelicanrapids.k12.mn.us

Phone: 218-863-5910 ext. 5022 or 218-731-8439

State test dates grades 3-6

MINNESOTA COMPREHENSIVE ASSESSMENT (MCA)

Reading grades 3-6	Math grades 3-6	Science grade 5
April 17-20	April 24-27	May 1-4

FREE Viking Preschool and Early Childhood Family Education Programs

Early Childhood Family Education

Early Childhood Family Education (ECFE) is a parent-child program for children aged birth to Pre-K and their parents. ECFE strongly believes that parents are a child's first and most important teachers. The ECFE program of Pelican Rapids wants all families with young children to be aware of our program.

FREE Viking Preschool-School Readiness

We use Math and Language Pre-Kindergarten curriculum correlating to the K-6 models at Viking Elementary. It is integrated in an age-appropriate hands-on Pre-K experience with licensed teachers throughout the entire session. Our goal is to prepare children for success as they enter Kindergarten.

Bright Start Child Care Home Visits and Family Outreach Program

You may participate in this once a month visiting program in which Janet Woolever will come into your home with activities and resources. Call Janet at (218)863-5910 extension 5393 with questions or to schedule a visit.
Supported in part by United Way of Otter Tail County

FREE Viking Preschool



FREE Viking Preschool ages 3-4

- Child must be 3 yrs old by September 1, 2017 to enroll
- Wednesdays & Fridays 7:45-11:00am (includes breakfast)
- OR
- 12:30-3:45pm (includes snack)

FREE Viking Preschool ages 4-5

- Child must be 4 yrs old by September 1, 2017 to enroll
- Tuesdays & Thursdays 7:45am-3:45pm
- OR
- Wednesdays & Fridays 7:45am-3:45pm (breakfast, lunch & snack included)

Preschool Program and last day of class

Parents and families are invited to our year end celebration of preschool. We'll have a short concert and time for a little social following.

Tuesday, May 8th program at 10:30am (students dismissed after program)

Wednesday, May 9th program at 10:30am and 3:00pm (for Terra's PM students only)

Early Childhood Screening

Early childhood screenings will be scheduled the week of May 15-18 for incoming preschoolers.

You will be contacted individually for appointments. Please contact Terra if you've not set your child's appointment by May 5th.



Pelican Rapids district preschool programs have been approved for another Parent Aware Four Star Rating!



This is the highest rating possible and is valid for two years!



Early Childhood Family Education (ECFE) Classes

Rootin' Tootin' Toddlers

Thursdays, 5:30-6:30pm
April 5th-26th

Our youngest students have their special time at the big school. Come and meet new friends as we play, sing and dance together!

Ages 0-2



Chahinkapa Zoo Family Field Trip

Friday, May 11

Join us for a day at the zoo to end our fun year together!

You can either meet us at the zoo gate at 10:00am or at the football field parking lot at 8:50am if you want to rideshare. We will stroll through the zoo and then meet at the carousel at 12:00pm for some zippy tunes and spins. We will have a picnic in the park at 12:30pm if the weather is nice. Please plan to pay your own gate admission

(adults \$10, children 4 & up \$4) and Carousel ride (\$2). Please register for this field trip using the ECFE Class Registration Form below. Hope you can join us for this fun day!



ECFE Spring Class Registration Form

Please register for all classes that your family wants to attend

Child's Name: _____ Age _____

Child's Name: _____ Age _____

Phone (day): _____ (evening): _____

Class Name	Days/Times	✓ to register
Rootin' Tootin' Toddlers	Thursdays, 5:30-6:30pm April 5-26	
Chahinkapa Zoo Family Field Trip	Friday, May 11	

Please contact me about receiving home visits:

Caring Connections Bright Start Child Care

To register for ECFE classes or if you have questions:

Call Terra at 218-863-5910 ext 5393 or email: tfitsim@pelicanrapids.k12.mn.us

Mail registrations to:

ECFE, P.O. Box 642, Pelican Rapids, MN 56572

Please Note:

- We would love to see you & your family. Because our classes have size limits it is important to register.
- The ECFE classroom is located at the Viking Elementary School in the 1st grade hallway across from the library.
- Current class information including changes and cancellations can be found on our school website at www.pelicanrapids.k12.mn.us or on our **Viking Preschool and ECFE Facebook page**
- If school is cancelled due to weather, ECFE & Preschool classes are also cancelled. Please call if you have any questions as weather worsens throughout an afternoon and or evening.
- Terra Fitzsimmons & Megan King can be reached at (218)863-5910 x5393.

Terra Fitzsimmons

ECFE & School
Readiness Teacher/Coordinator
218-863-5910 ext. 5393
tfitsim@pelicanrapids.k12.mn.us

Megan King

ECFE Educator &
Viking Preschool Teacher
218-863-5910 ext. 5569
mking@pelicanrapids.k12.mn.us

Kimberly Hernandez

Classroom Assistant & Spanish translator
218-863-5910 ext. 5569
khemand@pelicanrapids.k12.mn.us

Tami Hanson & Mindy Peterson

Classroom Assistants

Janet Woolever

Child Care/Family Home Visitor

Generous donations allow the purchase of additional Spheros



Thanks to the very generous donations of the Lions groups of Pelican Rapids and Dunvilla, and a few community members, the Pelican Rapids Schools was able to purchase 10 additional Spheros. In addition, the Pelican Rapids Rotary group donated money to purchase a charging

station for the total set of 12. "We are very thankful and excited about the generosity our community has shown us with their donations. Having these resources will enable us to expand our students' learning beyond the textbook to hands-on applications," said Jill Roisum. Instructors Andy Rarick, Jill Roisum, and Lisa Petznick, who teach several sections of junior high math, have adapted part of their classes using electronic Spheros to teach concepts around speed, duration and angles. Jon Moe at the elementary school has also used the devices for learning activities.

The junior high math classes are hoping to have the second annual Sphero Olympics in late April/early May.

The Spheros themselves are robotic balls that connect via Bluetooth to communicate with a programming device such as an iPad. They are 'driven' manually via an app and can be programmed to perform a myriad of functions.

Life skills hands-on learning

Hands-on learning is an every day occurrence in the Family and Consumer Science classroom of Coleen Guhl. Each day she prepares for six different groups of students with six different sets of activities.

When visiting her classroom in early February, one of her classes had just finished a unit making dioramas. The three-dimensional miniature models were created after extensive research by the students covering everything from geography (area of the world), structure/housing, cultural facts, and religion, region and land forms, materials used to make the dwelling, food and cultural facts, and religion of various time periods.

In addition, this is the first year she is teaching a full semester class on Housing and Interior Design. Guhl has had a personal interest since her college days and stays connected to the field through her daughter who has built a successful career as an interior designer working on large scale projects such as hospitals, libraries and is currently doing a 3 year project on redesigning the suites in the University of Iowa stadium. The students will be learning many things such as elements and principles of design, color theory and the use of color to reflect warm, coolness, etc. in a room. They will also be introduced to housing styles, space planning and work triangles. A final project will be the opportunity to refinish a small piece of furniture such as an end table.

Life skills, such as sewing were also taking place in the classroom with some students using sewing machines while others crowded around "Mama Guhl" to learn how to sew a button on fabric.



NEW PELICAN RAPIDS MIXED BARBERSHOP CHORUS FOUNDED BY PRHS 8TH GRADE STUDENT SOPHIE HOVDEN

Pelican Rapids Mixed Barbershop Chorus (PRMBC) is a new organization that is striving to bring all barbershop singers together in one location, instead of having strictly men's and women's organizations. All singers are welcome in the group. The goal is to promote barbershop to all ages and skill levels.

PRMBC's founder is Sophie Hovden, an 8th grader at the Pelican Rapids High School. She wants to show just how much fun barbershop can be with all genders. No person will ever be left out of PRMBC. She says, "I want to make every person feel like they belong with our group. If you usually come, you will be considered a member. The only requirement is to want to sing." She later adds, "There are no dues or mandatory fees, but all donations are greatly appreciated and very necessary."

Supporting this organization is Land of Lakes Men's Barbershop Chorus, a Barbershop Harmony Society chapter. Also supporting PRMBC is the Mixed Barbershop Harmony Association, a new nonprofit with a very similar goal to PRMBC. Sophie would like to say a huge thank you to Glenn Moerke, Brent Fraizer, Brent Gerber, Lori Paakh, Nancy Hilber, Jeff McCracken, Blaine Ristvedt, Roxanne Powell, and all Land of Lakes Men's Barbershop Chorus members.

The mixed barbershop chorus is currently in the process of establishing a Board of Directors to manage PRMBC.



It will include a president, a treasurer, a music manager, and a performance manager. The president will represent the group when new members or organizations express an interest. The treasurer will keep the books with an eye to making sure the expense of copyrighted music and costumes can be covered. The music manager will choose the music arrangements in consultation with the director. The performance manager will get performances lined up, and will promote the chorus.

Rehearsals will be held on Tuesday evenings from 7-8:00pm in the PRHS Choir room. An official start date has yet to be determined.

They will begin with Polecat songs such as Wait 'Till the Sun Shines Nellie, My Wild Irish Rose, and Story of a Rose ("Heart of my Heart").

Hovden says, "I cannot wait for some new barbershoppers to join us. If you have any interest, give it a try! As the Barbershop Harmony Society motto states, "Keep the whole world singing!" Everyone in Harmony."

Pelican Rapids is also in search of a director. A person with directing experience and a love for music, specifically barbershop harmony, is preferred. In the interim, Sophie Hovden will be directing.

For more information, visit Pelican Rapids Mixed Barbershop Chorus's Facebook, call Sophie Hovden at 218-731-7895, or email her at shovden01@gmail.com.

Jason Gray concert Saturday, March 24

Jason Gray will be performing at the Pelican Rapids Fine Arts Auditorium on Saturday, March 24 at 7:30pm.



Jason Gray is a Christian singer born in Southwest Minnesota. He has a speech disorder and uses his work to emphasize finding strength in the midst of weakness. He has had multiple Top 5 singles, and his first No. 1 single *Nothing is Wasted* remained there for 9 weeks.

Tickets are being sold for \$15 (general admission only). To buy tickets call 218-863-2841 (State Farm). This concert is presented by the Pelican Rapids Fellowship of Christian Athletes.

SUMMER REC BASEBALL SIGN-UP NIGHT FOR SUMMER BASEBALL

Anyone currently in grades 4-9 who is interested in playing summer baseball should attend the sign-up night on Sunday, April 8th from 6:30-7:30pm at the Pelican Rapids High School Commons (enter east door #1).

This is the ONLY night to sign up for the EVENING baseball leagues (Little League U10 and U12, Babe Ruth 13 and 14-15 year olds). All four of these teams are parent coached and will travel. Practices for Little League are in the evening and Babe Ruth will be determined when teams are completed. Forms will be available that evening. **Please bring a copy of your child's birth certificate to the sign-up.** We will not be having another registration night for these four teams, you must register on this night or contact Amanda Guler.

Fees are as follows and are due at the sign-up night:

- Little League U10 \$35.00 • Little League U12 \$45.00
- Babe Ruth 13 and 14-15 years olds \$65.00

The remaining summer recreation activities, schedule and registration forms will be sent home the beginning of April and will be due by the first week of May. Thank you and I look forward to another great summer!

Amanda Guler
Summer Rec Coordinator
cell: 651-503-2512

Artwork displayed at Plains Art Museum in March

Top Left

• **Creative Minds**
by Edwin Diaz

Top Right

• **Jupiter**
by Ivette Urbano

Top Left

• **Wonderland**
by Leyna Kim

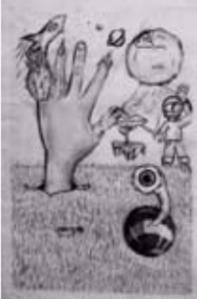
Top Right

• **Eye On You**
by Esteban Garza



Viking Elementary Artwork

6th Grade Students



Lower Left

• **AMAZING**
by Connor Nelson

Lower Right

• **Bright Idea**
by Josie Bergquist

Lower Left

• **Rabbit Hole**
by Marie Backstrom

Lower Left

• **Basketball Dreamer**
by Ellie Welch

Opportunity for volunteering at the Pelican Rapids Giving + Learning Program

The Giving + Learning Program of Pelican Rapids helps immigrants and refugees meet their educational goals by improving their English skills.

This program provides all materials and gives support to members of our community in volunteering their time. We ask members of the community to donate one hour per week to work with a student to improve their English.

To volunteer your time please call Barbara Honer, Giving + Learning Director, at 218-329-2883.

Working together to promote Pelican Rapids as an amazing place to live, work and learn.

Community Engagement



Take community survey by 11/30
Go to the school website
www.pelicanrapids.k12.mn.us
click on survey link
or enter <http://bit.ly/2je3WQY>
in your browser

Building the profile of a 2036 Graduate

Join in conversations with the superintendent and school leadership team about how to provide our students with the knowledge and skills they will need to be successful in the 22nd Century

Parent Involvement



Attend parent teacher conferences
Take parent survey by 11/30
Go to the school website
www.pelicanrapids.k12.mn.us
click on survey link
or enter <http://bit.ly/2Ap9zz8>
in your browser

Community Education

Share a talent by teaching a community ed class (can be at place of business)
Join the advisory team and share ideas for classes, projects and events that we can do together

Contact Cary Haugrud at 218-863-5910 ext. 4300

Pelican Rapids Community Education

Partnering with our community to offer lifelong learning...

Mixed Community Barbershop Chorus

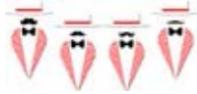
For men and women of all ages who enjoy singing in harmony.

Organizer: Sophie Hovland

When: Tuesday nights 7-8:00pm (start date to be determined-see contact information in article on page 4)

Location: PRHS Choir Room

Class Fee: no fee



Converting Memories to Digital Media

Learn how simple it can be to convert 35 mm slides, VHS, audio cassettes, super

8 movies, and pictures to a digital format. Additional 90 minute introduction and work time labs can be scheduled to meet your digital needs. 5 person limit per class

Instructor: Cary Haugrud

When: Tuesday, March 27th 7-9:00pm OR Tuesday, April 10th from 7-9:00pm

Location: PRHS Media Center (enter west door 8)

Class Fee: \$10.00

Radio Controlled Airplane Demonstration

Interested in flying, drones, planes and the hobby of radio control? See the latest technology, amazing aerobatics and a variety of aircraft!



Members of the **Perham Screaming Eagles Radio Control Club** will talk about the hobby, answer questions and give demonstration flights. These guys are good! You'll be amazed at what they can fly indoors in the Activity Center – those planes and drones dance in the air! The Eagles will also have flight simulators set up for those to try their hand. A great, fun activity for kids and adults alike.

Demonstrators: Screaming Eagles Radio Control Club

When: Saturday, April 21st from 4-6:00pm

Location: PRHS Leaders Gym (enter west door 7)

Class Fee: no fee

Watch for our new **Pelican Rapids Summer Program** catalog in mid-April, with activity and program information for kids & families including summer rec, academics, Club Vikes, summer camps, community projects & events!

55 Alive Defensive Driving Classes

Minnesota drivers who are at least 55 years of age and have previously taken an 8 hour Defensive Driving Class can receive a 10% discount on automobile insurance by attending this 4 hour refresher course. At the completion of class, you will receive a Minnesota Safety Council certificate to present to your auto insurance provider.

Instructor: Jeff Morgan

When: Wednesday, April 4th from 1-5:00pm OR Thursday, April 5th from 9:00am-1:00pm

Location: Pelican Rapids Public Library

Class Fee: \$15.00

Class size is limited.

Call 218-863-2841 to register for this class.



Learn the basics of your computer or tablet. Have your questions answered in this informative class that can be taken by people of all ages. Feel free to bring your devices such as laptops or iPads to class. 6 person limit

Instructor: Monica Thompson

When: Tuesday, April 17th from 1-3pm

Location: Pelican Rapids Public Library

Class Fee: \$10.00

Pellet Grilling

Learn how to grill with a pellet grill and enjoy a sampling of shrimp, burgers, steaks and smoked meats for lunch (everything provided except beverages). 10 person limit



Instructor: DuWayne Ditterich

When: Saturday, April 28th from 11:00am-1:00pm

Location: Ditterich Family Farm 43693 Cty Hwy 41

Class Fee: \$25.00

SPRING HOURS OPEN GYM & WALKING TRACK

effective
April 16th-May 25th

• Mondays • Wednesdays • Fridays 5-9pm

• Saturdays • Sundays 5-9pm

Beginners Aerobics

This 6 week class will be a balance between aerobics, strength training and flexibility and is geared for those who haven't exercised in a while or not at all. Bring a towel and water bottle.

Instructor: Connie Mackner

When: Tuesdays & Thursdays 5:15-6:15pm
March 27-May 3



Location: PRHS Valhalla (west door 7)

Class Fee: \$40 for 12 classes or \$4 per class

XaBeat

This dance fitness program provides cardio and toning in a party like atmosphere! The routines are simple and easy to follow. You can burn anywhere between 600-1200 calories in a XaBeat class! Our music sets the mood and creates an environment that leaves participants asking for more!



Instructor: Tami Seifert

When: November-April

• Mondays 5:15-6:15pm PRHS Commons (east door 1)

• Wednesdays 5:15-6:15pm Valhalla (west door 7)

Class Fee: \$48 for 8 sessions or \$10 for 1 class

The 1st class is free if you've never tried XaBeat before! Registration is not required, join us anytime! Check the *Pelican Rapids Balance* Facebook page for updates (including time changes & cancellations)

Pickleball League



For veteran pickleball players and newcomers who would like to learn the game.

When: Wednesday nights at 6:30pm
Location: Legends Gym (west door 7)

Class Fee: no charge or registration required

Men's Pick-up Basketball

When: Wednesdays 6:30pm

Location: Legends Gym (west door 7)

Class Fee: no charge or registration required



Indoor Walking Track

During School Hours

• 6:00am-7:45am • 11:45am-1:30pm • 6:30pm-9:00pm
contact PRHS office at 218-863-5910 background check required

Non-School Hours

• Wednesdays 6:30pm-9:00pm
• Saturdays & Sundays 6:00pm-9:00pm

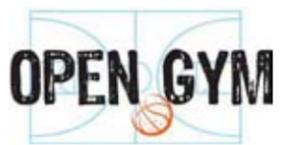


Open Gym

When:

• Wednesdays 6:30pm-9:00pm
• Saturdays & Sundays 6:00pm-9:00pm

Location: Al Siegle Activity Center (enter west door #7)
Class Fee: no charge or registration required



Dear Community Members,

We would like to invite you to join us for a year of opportunities for great learning experiences and shared involvement in local projects and events. There are many ways to be involved:

- Share a talent by teaching a class (can be at your place of business).
- Join our Community Ed Advisory Team and help brainstorm ideas for classes, projects and events.
- Contact us with your feedback & ideas.

We are fortunate to be part of such a great community and look forward to partnering with you!

Sincerely,

Cary Haugrud

Program Coordinator

218-863-5910 extension 4300

chaugrud@pelicanrapids.k12.mn.us

Becky Wontor

Communications

218-863-5910 extension 4250

bwontor@pelicanrapids.k12.mn.us

Stay connected! Follow our new **Pelican Rapids Community Education** Facebook page for up-to-date class information and updates...



Class registration:

218-863-5910 x4250

www.pelicanrapids.k12.mn.us

bwontor@pelicanrapids.k12.mn.us

Community Education
PO Box 642, Pelican Rapids, MN 56572

PRHS School Office (enter door #1)

You are enrolled once we receive your registration (we will only contact you if the class is cancelled).

COMMUNITY ED ADVISORY BOARD

Sean Fitzsimmons
CJ Holl
Sophie Hovden
Jackie Larson
Don Perrin
Bob Satterlie
Annie Wrigg

Community Ed Registration Form

Please mail this registration form to:

Community Education, PO Box 642, Pelican Rapids, MN 56572

Make checks payable to: **ISD #548**
(please write a separate check for each class)

Name: _____

Phone: _____

in case we need to contact you about the class

Class: _____ Fee \$ _____

Class: _____ Fee \$ _____

Age category for state reporting: Age 19-54 Age 55+

Grade K-5 Grade 6-8 Grade 9-12

Please contact **Becky Wontor** at 218-863-5910 x4250 with any questions

WHERE ARE THEY NOW?...OUR STUDENTS LEARN FOR LIFE!

1987 PRHS GRADUATE JENNY FIELD



What post-secondary education institution did you attend and what degree did you earn?

I studied fine art at Moorhead State University and also studied Commercial art at Moorhead Technical College where I earned my associates degree in Commercial Art and Graphic Design.

Describe your career choice and what you enjoy about your career.

My career choice was always to be an Artist since as far back as I can remember. I knew what I wanted to be at five years old. There was never a question that I would pursue a career in any other field. Along with my career in the arts, I am also a three time published poet, which again, I attribute to PRHS for great teachers who made the Lit, Poetry, and Composition classes so thorough, fun, interesting, and enjoyable.

I enjoy so many things about my career as a full time professional artist, I don't even know where to begin. The freedom to create art of all kinds for a living is incredibly fulfilling and rewarding. The field itself is very competitive, but it is so worth it. I continue to stay driven to learn new techniques, as well as investigate new venues, galleries, and teaching in the creative arts. It is a fascinating and fulfilling life to be what I always dreamt of being... an Artist.

How did PRHS prepare you for college and your career?

During my time at PRHS I had an amazing art teacher named Mr. James Fletcher. Mr. Fletcher was an incredible teacher and also an incredible Artist. He gave us the freedom to expand our creativity in ways that were spectacular. I believe he focused greatly on the independent talents that each of us had. I couldn't wait to get to the art room! I knew it was where I was meant to be. I give so much credit to my success as an artist to having a great high school art teacher!

We also had an expansive art room with plenty of art supplies to create incredible works of art.

I feel that the teaching at PRHS in the arts was equal to that of being in college art classes. In fact, for instance, the figure drawing in college was equal to that of junior high art at PRHS. I feel it was an excellent art program at PRHS that I was lucky enough to be a part of!

I also loved literature and reading, and we just had really great teachers who inspired that love of the classics as well as modern literature. Mr. Kollar and Mrs. Erickson really inspired me to have an insatiable desire for reading and composing my own writings.

What extracurricular activities did you participate in while you were at PRHS?

I was in Speech (drama), Theater (one of the leads in "Once Upon a Mattress" comedy play directed by Mary Ann Erickson in 1986) I was also in Swing Choir, and was on the yearbook staff. (I also grew up on a farm 17 miles from Pelican Rapids, so to be able to participate in what I did was really special. Farm kids [at the time] did not always get to be involved in a lot of things after school because of chores, especially when you lived so far from town.)

Do you have any special memories of your time at PRHS that you would like to share?

I was very happy when my first acrylic painting done in Mr. Fletcher's art class was chosen for a special award at the Moorhead State High School Art Invitational when I was in 10th grade. That was really special for me. Being in the play "Once Upon a Mattress" which Mrs. Erickson coached was so fun, so exciting, and so absolutely hilarious...that I knew also that theater would be a lifetime love, along with all the arts! Music, choir, swing choir, duet and quartet competitions were always superbly fun and it helped that we always placed and won medals.

Any words of wisdom you would like to give the students in Pelican Rapids?

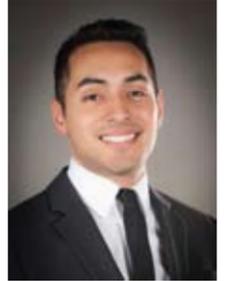
Don't be a sheep. Following the crowd is such a time wasting effort. Always strive to be yourself, and then a better version of yourself and continue with that throughout your life. I was never afraid to stand out in a crowd, take a stand, or be myself. Being well spoken and looking people directly in the eye are both incredibly important.

Practice kindness, Always. You really don't know what someone else may be going through, so always practice kindness. Be patient. Be book smart AND street smart. Read and then read much more. Put down your mobile device occasionally and engage in life, in your surroundings, in nature, in your community, in your environment.

Be driven to be the change you wish to see in the world. I mean it. Inner drive and grit get you a long way in life. Never be afraid of who you know you can be. Don't listen to all the critics (if I had a dollar for every person who joked about "starving artist" "what do you REALLY do for a living"). Be willing to laugh at yourself occasionally, we all stumble.

And lastly, life IS hard, (they weren't lying!) it's not going to be easy. Nothing great ever is. Its hard work, its maintenance and consistency, but it's also beautiful and rewarding when you figure out your path. Follow your heart but also bring along your brain!

2013 GRADUATE ARTURO SAAVEDRA



What post-secondary education institution did you attend and what degree did you earn?
I attended Minnesota State University Moorhead. I pursued a Bachelor of Science in Business Administration emphasized in Marketing.

Describe your career choice and what you enjoy about your career.

Within the Marketing umbrella I chose to go into the digital marketing area. On a daily basis there are always new updates within the platforms I use i.e. Google Ads, Bing Ads, Amazon and other similar ecommerce based platforms. I truly enjoy the path I took with marketing because it has lead me to travel and experience meetings with Google, Amazon and other major names within the ecommerce section.

How did PRHS prepare you for college and your career?

Not only did the staff at PRHS help me learn, but I would say the most influential talks/lectures were the ones after class when talking about self-discipline and time management.

What extracurricular activities did you participate in while you were at PRHS?

The extracurricular activities I participated at PRHS were track, soccer, cross country and the first week of wrestling season my junior and senior year.

Do you have any special memories of your time at PRHS that you would like to share?

There is an exorbitant amount of memories I lived at PRHS however, the best ones all involved my group of friends and the moments I shared with my favorite teachers.

Any words of wisdom you would like to give the students in Pelican Rapids?

Knowledge is power, never stop learning and enjoy to the moments you have there at PRHS because every year after seems to go by quicker and quicker.



AT PRHS EVERYONE IS A LEADER AND EVERY LEADER VALUES INTEGRITY, SHOWS RESPECT AND ACTS RESPONSIBLY

1981 GRADUATE CAROL SMESTAD ANDERSON



What post-secondary education institution did you attend and what degree did you earn?

1. St. Olaf College 1981-1982
2. NDSU 1982-1986 BS Pharmacy
3. U of IA Pharm D conferred 2001
4. BCPS earned 2017 (Board Certified Pharmacotherapy Specialist)

Describe your career choice and what you enjoy about your career.

I enjoy Pharmacy for the science but also for the effect pharmacy has on patient safety, especially in the hospital setting. I very much enjoy interacting with other members of the health care team. I am a clinical pharmacist at Mercy Medical Center North IA in Mason City. I've worked here since 1991.

How did PRHS prepare you for college and your career?

Let me count the ways! I'm glad for the great education at PRHS that led me to where I am today, (along with additional education, of course). I think math, English, and writing are skills that can directly be traced to the education I received at PRHS. (That, and my parents were very involved as well-not to mention having 3 over-achiever sisters). Let's not forget the great music teachers-I continue to be involved in music and feel this is at my core. I briefly considered music therapy as a career. I play piano for worship one Sunday a month here in Mason City.

What extracurricular activities did you participate in while you were at PRHS?

I was in gymnastics and cheerleading in jr high. I participated in speech, band and choir as well as theater throughout Jr and Sr High.

Do you have any special memories of your time at PRHS that you would like to share?

My fondest memories of high school would most likely have involved band and choir and the folks that were there. I'm also very glad to have become friends with Torgil, our foreign exchange student and have spent time with him and his family a few times since graduation.

Any words of wisdom you would like to give the students in Pelican Rapids?

There's no substitute for hard work. Don't try to 'just get by'. Definitely enjoy your friends but put in the time and be a life-long learner! Hang out with people who are high achievers and they will encourage you to excel.

PRHS 2007 GRADUATE RUDY MARTINEZ ON VALUE OF HARD WORK & COMMITMENT

What post-secondary education institution did you attend and what degree did you earn?

St. Cloud State University with a Bachelors degree in Finance

Describe your career choice and what you enjoy about your career.

I currently work for a Minnesota native company, Land O'Lakes Inc. My title is Internal Credit Manager. The best part about my role is that I get to analyze the financial position of our international customers. It is very exciting to learn about different accounting practices in many parts of world!

How did PRHS prepare you for college and your career?

Learning early on that numbers was my thing, I worked my way through many of the math classes offered by PRHS. Advanced Algebra with Mrs. Petznick was by far the best class!

My senior year I signed up for Accounting as an elective led by Mr. Ristvedt! Little did I know that the class would inspire me and open a new world



of opportunities!

PRHS gave me the tools to learn to appreciate and value the diverse world outside of our community. I can proudly say that some of my most valuable life lessons, I can trace back to my PRHS days. Learning the value of hard work on and off the soccer field or the commitment and dedication of earning a good grade in that one class that is "hard". These lessons stand true to the

school's motto "We learn NOT for school, but for life!"

What extracurricular activities did you participate in while you were at PRHS?

Soccer was and is my world!

I couldn't be prouder to know that our school now offers soccer! What started as the vision of a few is now the reality of many! This is the hard work and dedication of a community coming together for many generations to come.

Any words of wisdom you would like to give the students in Pelican Rapids?

Listen to your teachers!



SENIORS MORGAN BERG AND JACOB GOTTENBORG HONORED WITH 'TRIPLE A' AWARD

Article Excerpts and photo used with permission of The Pelican Rapids Press

Two students with diversified skills and talents have been presented "Triple A" honors at Pelican Rapids High School—for performance in athletics, arts and academics.

Viking "Triple A" winners are seniors Morgan Berg and Jacob Gottenborg.

With a perfect 4.0 grade point average for much of her high school career, Berg plans to pursue a degree in marine biology. She has participated on the Knowledge Bowl team, with the SADD chapter, the Honor Society and as a senior, Berg is president of the Student Council. "These things have all taught me very important skills for my future, including teamwork and how to manage multiple tasks at once," stated Berg.

She has performed in school plays and is in the band. "The arts have taught me how to step outside my comfort zone. People won't judge you on trying something different," stated Berg. "The arts have also taught me patience while learning how to play an instrument."

On the court, Berg lettered in volleyball and basketball. Athletic honors include "Most Valuable Team Player" and "Most Improved." As a golfer, she has lettered since the ninth grade. "In athletics, I became more confident in myself. I also learned valuable skills including teamwork and problem solving," wrote Berg. "Participating in sports along with school work has made me a much better multi-tasker and helped me grow in my study skills...Academics have made me understand how much hard work pays off. It has taught me that I need to focus on the job at hand and not procrastinate."

Commenting on Berg's involvement in basketball, Coach Lee Larson noted, "She sets a good example to other students of what a focused, successful student is. Not only does she provide leadership in modeling positive behaviors, she's also eager to help fellow students directly... always ready with a smile and an encouraging word."

"She is very conscientious and looks for ways to help her teammates in any way she can," stated Coach Larson.

"She is always the first to volunteer her time to the youth basketball program, tournaments, and summer programs. I can always count on a positive attitude and a work ethic second to none."

Senior Jacob Gottenborg "likes a challenge." That's why he endured the daily struggle of calculus—along with the daily challenges in athletic endeavors. "Grades are important to me; my parents have always told me that sports don't last forever, but an education lasts a lifetime," stated Gottenborg. Next year, Gottenborg will be attending Valley City State University in North Dakota, where he was awarded an athletic scholarship to play football.

"Education has taught me...how to work hard," stated Gottenborg in his nomination responses. As a letter winner in Knowledge Bowl, Gottenborg has enjoyed the quizzing on random facts in competitions. He was also elected president of the Honor Society. As far as the arts, Gottenborg views his involvement in band as a "break in my day where most of the pressure is gone."

"Band is a whole different world than sports," said Gottenborg, who also took five years of piano lessons. His involvement in music has taught him discipline in an area outside of sports and academics. "Perseverance, leadership, humility and time management are benefits I have gained by being involved in arts, athletics and academics," said Gottenborg.

Winning the "Mr. Basketball" honor is different than "Most Valuable Player," noted Gottenborg. "It takes into account your skill, but also recognizes how you are as a person and leader." A high honor for Gottenborg was the Academic All-State Award he won in football his senior year. "Sports has taught me to be competitive. The general desire to win has influenced my grades which is kind of a passive competition where everyone who applies themselves succeeds," stated Gottenborg, who has also been



active in the Fellowship of Christian Athletes.

Challenges athletically have ranged from losing seasons to spraining an ankle to injuring his knee and shoulder. "I love playing the game. Losing has made me humble," said Gottenborg. "I never take a win for granted. I appreciate any success we have as a team. I've learned balance; I don't get too high with the highs or too low with the lows."

"In life there are big things, and there are small things... It's the small day to day things that really make life fun and give life a sense of purpose. In sports or band, a tiny thing like playing a sharp instead of a flat can make a world of difference to the overall effect."

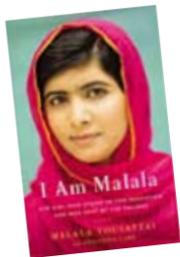
Commenting on Gottenborg, basketball coach John Gullingsrud said, "One of the core principles that we try to develop and impart is that all of them have the ability to be leaders, now and in the future. Jacob has embraced this challenge that we have set ...and voluntarily seeks out opportunities to develop his leadership skills. The motto of our school is that everyone is a leader, and every leader values integrity, shows respect, and acts responsibly. I definitely feel that Jacob is what we are striving for our students to be, as he exhibits all of these qualities."

Book Club Update

By Petra Black, 8th grade student

There's a new club for readers this year at PRHS, one which has grown to be quite popular: book club.

Starting early in the year, book club has doubled in size within a short period of time. Members have gotten to learn new things, read new books, and meet new people. When asked what her favorite part of book club was, one member said, "Getting to read, something I can do often, and being with our friends."



The age range in book club starts in 7th grade, with members all the way up to 12th grade. There is no requirement to attend each week, but the library is always full as members love participating in the club's activities. So far, the book club has read the books "So B It" and "I Am Malala" and is watching the accompanying movies for both. Sadly, there is not currently room

for new members as 18 members are already in the club. However, if you are looking for something to do next year during power hour, consider joining book club!

Creating our impact on the World PRHS art club

By Rebecca Lemke,
12th grade student



The Pelican Rapids High School Art Club is a brand new establishment to the student body. Their motto, "Creating our impact on the world", focuses on the members ability to give back to the high school and community.

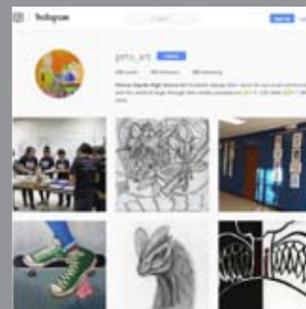
With the guidance of art teacher Robyn Dial, members are able to create original work outside of class. One of their biggest projects, a mosaic of Pelican Pete, will be unveiled at the PRHS Arts Night on Friday, April 13th.



Modesty Tallarico

Pelican Rapids School District is celebrating **Youth Art Month** with our **ANNUAL ART SHOW at the Pelican Rapids Public Library** March 1-31. Hundreds of K-12 student artwork pieces will be on display. Additional art shows in the area feature our many of our PRHS students.

Follow [prhs_art](#) on Instagram or visit our school website to view the amazing artwork.



Leslie Garcia

Fergus Falls MSCTC Show



Cassidy Kubitz

MSUM Art Show



Jessica Camilo



Supporting student education

By Brian Korf, High School Principal

Semester 1 is completed and the school year is passing quickly. Our students have received many achievements to be proud of, and we look forward to seeing many more student accomplishments in the remaining days of the 2017-18 school year.

During the 2017-18 school year, students in grades 7-12 have set SMART goals during grade checks at mid-quarter and end of the quarter. SMART goals are goals that are specific, measureable, attainable, realistic and timely. Students set goals for their classes and have set college and career goals for after high school. We feel it is very important to have students ponder what they want to do after graduation.

Also, the student lighthouse team has incorporated the word "Ignite" to help us recognize students, staff and community members who are making a difference in others throughout the



school year. The student lighthouse team has helped create a positive and safe learning environment at Pelican Rapids High School.

We want to thank all parents and guardians who attended parent-teacher conferences. We had 43% of the parents/guardians of our students attend conferences this past February. We encourage parents/guardians to continue to check Skyward to monitor their child's academic progress and

attendance. Active parent/guardian participation in your child's conferences and Skyward is appreciated by teachers. We encourage students to continue to make appointments on Mondays to avoid missing school.

Please feel free to contact us with any questions or concerns regarding your child's education here at the Pelican Rapids High School. We appreciate your ongoing support towards your child's education.

State test dates grades 7-12

MINNESOTA COMPREHENSIVE ASSESSMENT (MCA)

Reading grades 8 & 10	Mid Level ALC Reading-grades 7-8
• March 26-29	• April 24-27
Reading-grade 7	Math-grade 11
• April 4-6	• April 24-27
Math-grade 8	Science-grade 8
• April 10-13	• May 1-4
Math-grade 7	Science-grade 10
• April 17-20	• May 9-11

ACT + WRITING

April 3 at 8:00am

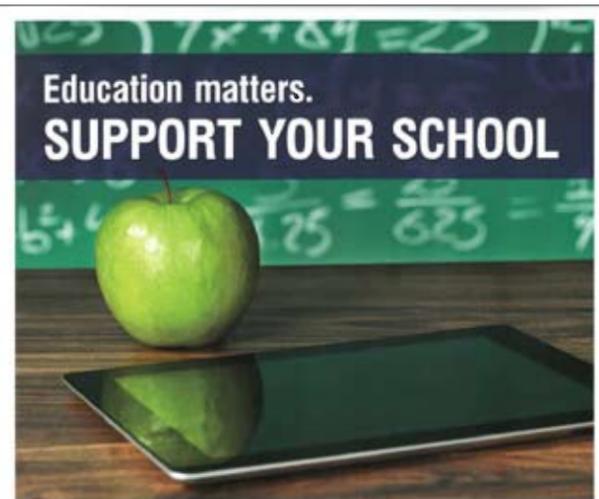
MINNESOTA TEST OF ACADEMIC SKILLS (MTAS)

March 14-15 & 21-22

Reading-grades 7, 8 & 10

Math-grades 7, 8 & 11

Science-grades 8 & 10



If you're an internet customer, sign up for the *School Partnership Program* and **Arvig** will donate **\$1.00** each month to the school of your choice at no additional cost to you.

Choose a school online at arvig.net/supportyourschool or call us today.

If you are currently participating in this program, you do not need to sign up again.

888.99.ARVIQ | arvig.net/supportyourschool



Viking Student Success (VSS) grades 7-12

Reading, Math, Writing, Speaking and Language, Study Skills

We want to help your child succeed! **This fun, hands-on learning program offers academic instruction, practice and reteaching of concepts to help your child build upon their current skills.** Your child can join us anytime for this additional learning experience on non-school Mondays and after school!

Non-school Mondays

• 8:30am-12:00pm

- Free breakfast (8-8:30am) and free lunch (12-12:30pm) are available
- Please send morning snack
- Morning and afternoon in-town busing

2018 VSS non-school Mondays grades 7-12

• March 19 • April 16, 23

VSS After School

- 4:00-5:15pm on Tuesdays-Thursdays
- An after school snack is provided

Contact Amy Korf at 218-863-5910 x4830 or akorf@pelicanrapids.k12.mn.us with questions about this program



A Driver's Ed Parent Meeting was held on Thursday, March 22nd for parents to learn more about the graduated licensing system, how to get a permit and how to get a driver's license. If you were unable to attend please contact Bridgette Holl, PRHS Driver's Ed

Instructor by email: bholl@pelicanrapids.k12.mn.us or (218)863-5910 extension 4828 for more information.

ACT + Writing registration occurred in the World History class or by appointment with Lauren Siebels, the school counselor. Cost of the test is \$61.50. Free/Reduced lunch students can receive a voucher to get it for free. Contact Lauren with questions at lsiebels@pelicanrapids.k12.mn.us or 218-863-5910 extension 4036.

Scholarship Night will be May 16th at 6:00pm in the Fine Arts. Also, the scholarship list and applications are available in the high school office.

Pelican Rapids School District #548

310 S Broadway, PO Box 642 Pelican Rapids, MN 56572

www.pelicanrapids.k12.mn.us

218-863-5910

School Board Members:

Charlie Blixt, Mike Forsgren, Dena Johnson, Jon Karger, Kathy Ouren, Anne Peterson

GOOD SPORTSMANSHIP

By Derrick Nelson, Assistant Principal/Activities Director

Spring sports are about ready to begin. Living in Minnesota we all know that the weather is very unpredictable from day to day or hour to hour. The spring sports are scheduled to have their first contests in early April, so don't put away your winter hats, gloves, or winter boots yet. Spring will be a very busy time again this year with Pelican Rapids hosting many events from regular season games through the sub-section track meet. As we move from winter season into the spring season as Pelican Rapids fans, let's keep our sportsmanship at a high level.

Good sportsmanship is when teammates, opponents, coaches, fans, and officials treat each other with respect. Kids learn the basics of sportsmanship from the adults in their lives, especially their parents and their coaches. Kids who see adults behaving in a sportsmanlike way come to understand that the real winners in sports are those who know how to persevere and to behave with dignity, whether they win or lose a game.

Parents can help their kids understand that good sportsmanship includes both small gestures and heroic efforts. It starts with something as simple as shaking hands with opponents before a game and includes acknowledging good plays made by others and accepting the bad call gracefully.

Here are some suggestions on how to display good sportsman-

ship:

- Unless you're coaching your child's team, you need to remember that you're the parent. Shout words of encouragement, not directions, from the sidelines.
- Keep your comments positive. Don't bad-mouth coaches, players, or game officials.
- Applaud good play no matter who makes them.
- Set a good example with your courteous behavior towards the parents of kids on the other team. Congratulate them when their kids win.
- Keep your perspective. It's just a game. Even if the team loses, valuable life lessons can be learned.
- Look for examples of good sportsmanship in professional athletes and point them out to your kids. Talk about the bad examples, too, and how the situation could have been handled better.
- Finally, don't forget to have fun. Even if your child isn't the star, enjoy the game while you're thinking of all the benefits your child is gaining – new skills, new friends, and attitudes that can help all through life.



MCA Achievement



7.7% increase last 3 yrs
Reading Proficiency 53.0%



6% increase last 3 yrs
Math Proficiency 58.3%



12.2% increase last 3 yrs
Science Proficiency 48.2%

4 Day School Week 5th Day Academics



Student Achievement & Attendance INCREASED
Student Daily Absence & Discipline DECREASED

Teacher Professional Qualifications



64% of Teachers have a Master's Degree which far exceeds surrounding districts

Teacher Ratio & Class Size



K-12 Licensed Teacher to Student Ratio is 13:1
K-2 Average Class Size is 15

Citizenship & Global Competency



Student Lighthouse Teams lead projects to 'make a difference' in the school and in the community

Programs

Early Childhood Family Education (ECFE), Preschool, Voluntary Prekindergarten

• Viking Preschool Programs
Awarded Parent Aware ★★★★★ Rating
3rd year of highest rating possible

• FREE Voluntary Prekindergarten 4-yr-olds

Club Vikes Childcare K-6

• Monday-Friday 6:30am-6pm (year-round)

The Leader in Me™

• Creates a culture of student empowerment based on the idea that every child can be a leader

• Teaches leadership & life skills to students

Viking Student Success K-12

• Academic support on non-school Mondays & after school

College & Career Readiness

• We offer 4 College in High School (CIHS) classes: Advanced Algebra, Pre-Calculus, Spanish 3 and Statistics

• Advanced Placement (AP) classes offered are: Calculus, English and Spanish

• 77% of high school students are taking Career Tech Education (CTE) classes

Alternative Pathway HS Completion

• Alternative Learning Center (ALC) within the high school for students who have been unsuccessful in a traditional school setting

Contact us today to enroll!

Pelican Rapids Public Schools

218-863-5910

310 S Broadway

Pelican Rapids, MN

56572

www.pelicanrapids.k12.mn.us

