

Filling the Bucket

by Deb Wanek, Superintendent

I enjoy reading children's books and I recently read Tom Rath's book, "How Full is Your Bucket?" The story begins with the main character, Felix, fighting with his sister. The grandfather pulls the boy aside and explains to him that each person has an emotional bucket; people can add to the bucket or dip in and take out of the bucket. The next day at school Felix sees buckets hanging over each of his classmates' heads. Some buckets are full while others are only partially full or even empty.



The young boy makes a valuable observation, he discovers his classmates that do not have people adding to their bucket are the same individuals that are struggling to make good decisions and are often getting in trouble. He decides to add to his friends' buckets by being friendly to them and helping them out when possible. In doing this he discovers that not only do these small yet kind gestures add to his classmates' buckets but these acts of kindness also adds to his bucket.

Tom Rath has an adult version of "How Full is Your Bucket?" This book lays out the information on the research behind this concept and gives tips and strategies on how to fill buckets, yours and others. One reader offered a summary:

Each of us also has an invisible dipper. When we use that dipper to fill other people's buckets – by saying or doing things to increase their positive emotions – we also fill our own bucket.

But when we use that dipper to dip from others' buckets – by saying or doing things that decrease their positive emotions – we diminish ourselves. Like the cup that runneth over, a full bucket gives us a positive outlook and renewed energy. Every drop in that bucket makes us stronger and more optimistic.

But an empty bucket poisons our outlook, saps our energy, and undermines our will. That's why every time someone dips from our bucket, it hurts us.

So we face a choice every moment of every day. We can fill one another's buckets, or we can dip from them. It's an important choice – one that profoundly influences our relationships, productivity, health, and happiness.

This story and theory once again demonstrates the power of simple words and kind actions. Little things can make a big difference! I recently read, "You are given only one wild and precious life, what are you going to do with it?" The start of a new year gives us a fresh slate. A challenge was given that we might want to consider for a New Year's resolution, "Imagine what your world will be like one year after you have engaged in daily bucket filling. Don't waste another moment. A bucket, somewhere, is waiting for you to fill it!"



We Day brings young people together to celebrate the actions that they are taking in their local and global communities and to inspire another year of change by sharing the passion of world leaders and entertainers. We Day is tied to the year-long We Act program, which offers educational resources, campaigns and support materials to help turn the event's inspiration into sustained action. Through We Act, students commit to taking one local and one global action to better the world, earning their way to We Day. In November, the Xcel Energy Center in downtown St. Paul was filled with 15,000 educators and youth for We Day Minnesota, including 52 students from the Pelican Rapids Schools. The annual Day of Caring is just one of the many local projects the students have done in our community and Free the Children is the global project they will be focusing on this year.

"Where are they now?" Andrew Sorum, Pelican Rapids Graduate

What Post-Secondary education institution did you attend and what degree did you earn?

Concordia College in Moorhead, MN with a Bachelor of Arts, double Majoring in Accounting and Business.

Describe your career choice and what you enjoy about your career?

I am an Investment Representative with Cetera Investment Services located at Minnesota National Bank in Pelican Rapids, MN.

Cetera is an independent broker-dealer, and not affiliated with the bank. I offer non-deposit investment products in bank offices. I enjoy the fact that I get to provide professional advice to help my clients with whatever their needs may be. Anything from financially preparing to retire, to making sure their families are protected financially with insurance, to helping clients to have a comfortable life throughout retirement, and even helping parents save money for their children's future education. I also enjoy being able to work with people one-on-one and looking forward to seeing their plans unfold and accomplish their financial goals.

How did PRHS prepare you for college?

At PRHS I was fortunate enough to be able to take a few college level courses which helped to prepare me for what college classes would be like. The diversity of the student body also helped to prepare me to meet many different people from many different races and ethnicities. I also decided that I wanted to pursue an accounting degree while



taking Mr. Ristvedt's accounting class in high school. The teachers also did a great job of preparing me for the next chapter in my life.

What extracurricular activities did you participate in while you were at PRHS?

I participated in Football, Basketball, and Baseball at PRHS. I was also a member of National Honor Society for a few years and Student Council my senior year.

Do you have any special memories of your time at PRHS that you would like to share?

My best memories come from participating in sports with my friends. It was there that I made lifelong friendships and have countless memories of practices, games, team bonding activities, and out of town games/tournaments in the summer and during season. I was also fortunate enough to make great relationships with other friends, teachers and coaches who have had a great influence in my life. Winning the 2009 Boys Basketball State Championship would definitely be up there as well!

Any words of wisdom you would like to give the students in Pelican Rapids?

If you attend college, make sure to study and don't be afraid to ask professors for help. You will find out quickly that tests are extremely difficult if you try to cram right before you take them. While studying is important, make sure to have fun and meet new people. College is a great place to establish more lifelong friendships and memories! Getting involved in sports or other activities or groups is a great way to do this. Also, don't be afraid if you don't know exactly what you want to do. Take different classes you are interested in and you will figure it out.

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Viking Elementary News

By Dr. Edwin R. Richardson, Principal

It's hard to believe we are moving toward the end of the 2nd trimester on February 13th with Parent-Teacher Conferences on February 23rd from 1-7pm. However, we encourage all parents to contact us whenever any questions or concerns arise so we can work together to resolve any issues that may be a barrier to success.



Students and staff are working hard to meet our goals and ensure all students are ready for the next grade. Parents and families can help in a variety of ways:

- Simply ask your child about his/her school day. Don't let them get by with, 'It was good'. (My daughter likes to try this response). Have your child talk with you about the activities the class did for math, reading, music, art, p.e., etc. Ask about who he/she ate lunch with and played with during recess. These questions not only keep you updated, but they help your child learn how to have a conversation, and provide an opportunity cement his thinking about he learned.
- Make sure your child reads every day.
- Find time to play board and card games with your child. Board and card games seem 'old school', but they provide great social interaction. As well, these games progress in thinking from simple recall (memory games) and ordering (sequencing games) to math (yahtzee, card games, darts) to strategy games (checkers, chess, dominoes).

The Leader in Me™

Parent Liaison at Viking Elementary School

Enlace de Padres de la Escuela Primaria de Viking

Hello, I am Maria Soto, Parent Liaison at Viking Elementary School. I am available to help with translating, making parents' phone calls, help initiate contacts with any families with whom you may need assistance contacting. I also do home visits, identify resources for families. I am acting as a support system for engaging families. I work only ten hours per week as a Parent Liaison.

I am available Tuesday-Friday 7:30-8:30am and 2:30-4:00pm. My e-mail is Msoto@pelicanrapids.k12.mn.us or contact me by using the school phone number 863-5910.

Hola, soy María Soto, Enlace de Padres de la Escuela Primaria de Viking. Estoy disponible para ayudar con la traducción, realizar llamadas telefónicas a los padres, ayudar a iniciar contactos con los familiares con los que usted puede necesitar la ayuda de contacto. También hago visitas a domicilio, a identificar recursos para familias. Estoy actuando como un sistema de apoyo para involucrar a las familias. Yo trabajo sólo diez horas a la semana como un representante de padres. Estoy disponible de Martes a viernes de 7:30-8:30am y 2:30-4:00pm. Mi correo electrónico es Msoto@pelicanrapids.k12.mn.us o póngase en contacto conmigo mediante el número de teléfono de la escuela 863-5910

LIVING THE 7 HABITS AT VES

By Laura Moe

Here are some examples of students and staff living out the 7 habits at the elementary school:

BEGIN WITH THE END IN MIND (have a plan)

Sixth grader, Rachael Guler, noticed a very empty "Toys for Tots" box in the school lobby. Rachael and her friends were very sad to see the box so empty and decided to do something about it. The group of students (Vanassa Booth, Kiera Booth, Rachael Guler, McHale Korf, Weston Funk, Isaac Olson, Heidy Furey, Jayden Rutherford, Alex Hatle, Emma Backstrom, Julian Zavala-Gunderson, Logan Fahje, and Holly Bergquist) met with Principal Dr. Richardson and proposed a plan. They made a "Toys for Tots" contest for the entire school with prizes like a class pizza party, a class cookie party and a class snow cone party. Fliers were hand made and passed out to each class. They collected 142 toys! Good planning leads to success and GREAT LEADERS!



SYNERGIZE (together is better) Every VES student worked together to efficiently collect, fill and freeze water jugs for the ice castle. "Water brigade" techniques were used along with creative brainstorming solutions for problem solving. We created 1756 ice cube blocks for the ice castle!



Movie Matinee

Saturday, February 7th at 2pm

Viking Elementary Gym

Bring along a blanket or pillow and warm up with the whole family at this free event.

Kids will get to vote on their movie of choice at school!

Hosted by the Parent Teacher Partnership (PTP)

2nd Grade Patriotic Program Thursday, February 12th

Detailed information will be sent home with 2nd grade students

Keep Saving Labels for Education...Get Free Books for Your School!



Our goal for the 2014-2015 school year is to be able to order \$2,800.00 worth of books for our reading programs. Please remember:

- that these items can be dropped off at either school office or at Larry's Supermarket
- to check expiration dates
- to call Ruth Holmgren at 863-6539 if you are interested in helping cut & sort labels.

Thank you for helping us save for educational resources!

K-6 Targeted Services

•FREE program dedicated to helping students develop school success skills in a fun, hands-on learning environment.

•After school class sizes are smaller and teaching is designed to meet each individual students' learning style/needs.

•Provides continuous support that compliments your child's school day education.

Mondays 8:30-12pm on non-school Mondays

•Free breakfast (8-8:30am) & lunch (12-12:30pm) are available (you will need to fill out a Food Program form) **please send a morning snack with your child**

Tuesdays-Thursdays 4-5:15pm on Tuesday-Thursday

•An after school snack is provided

Contact Janell Schmidt at 218-863-5910 x5237 with questions about Targeted Services

Club Vikes School-Age Care Grades K-6

Available Before and After School and Non-School Days

Club Vikes on Non-School Days:

Our hours on non-school days are 6:15-6pm (or on vacation days hours are based on enrollment.) We require registration for every day that we offer care in Club Vikes. There is a specific spot on our registration form to sign up for non-school Mondays. There is a \$25/child per day fee if your child attends 7+ hours. Our partial day fee is \$15/child per day.

If your child is registered for and attends targeted services from 8:00-12:30pm and comes to Club Vikes the rest of the time, you will only be charged the partial day fee for time spent at Club Vikes. Targeted Services is FREE of charge. *Please note: The Child and Adult Care Food Program (CACFP) provides students with free Breakfast, Lunch and PM snack if they attend Club Vikes and/or Targeted Services on scheduled non-school Mondays and vacation days. USDA is an equal opportunity provider and employer.* If you need more information or registration forms, Contact Candace Roesch 218-863-5910 ext. 5022.

Please send a morning snack and a water bottle with your child each day and sufficient outdoor gear for the cold weather. In addition to going outside, Club Vikes kids are offered a variety of planned and supervised activities on non-school days. We have library time and read stories, play board games, make crafts, learn new games, computer time, play gym games & and make fun food projects! There is also time for kids choice activities as well, such as iPads, Wii games and play station. It's a great place for kids to go when there is no school.

Club Vikes will be open for a full day on the following dates in January-May (this may be different than what was originally posted at the beginning of the year):

- *January 12th, 19th & 26th
- *February 2nd, 9th & 16th
- *March 2nd, 9th, 16th & 23rd
- *April 13th, 20th & 27th
- *May 4th & 11th



Club Vikes Before & After School on School Days:

Contact us if you would like more information on before or after school hours and activities.

Club Vikes Contact Information:

Candace Roesch, School-age Care Coordinator
218-863-5910 ext. 5022
croesch@pelicanrapids.k12.mn.us

Julie Severson, Club Vikes Paraprofessional
jseverso@pelicanrapids.k12.mn.us
On-site program staff number: 218-341-6739

Viking Elementary
1 Viking Drive, Pelican Rapids, MN 56572



Pelican Rapids Community Education



Habit 7-Sharpen the Saw

by Jake Richter, Director Community Education

Whatever life step you are about to take...make Pelican Rapids Community Education your first step. Whether you're facing a new challenge, pursuing a passion, seizing an opportunity, building a family or shaping a career, we can make it easier. Our program options are convenient, close, and cost effective. We promise our classes will stimulate your mind and body we can help you explore your creative side, get fit, or learn a new skill. Maybe cabin fever is setting in and you need to get out and meet people? You are not the only one; get out and exercise your mind and body. Give us a call (218) 863-5910 EXT 4372.



Suppose you came upon someone in the woods working to saw down a tree. They are exhausted from working for hours. You suggest they take a break to sharpen the saw. They might reply, "I didn't have time to sharpen the saw, I'm busy sawing!" Habit 7 is taking the time to sharpen the saw. By renewing the four dimensions of your nature - physical, spiritual, mental and social/emotional, you can work more quickly and effortlessly.

To do this, we must be proactive. It's at the center of our Circle of Influence, so we must do it for ourselves. The physical dimension involves caring for your physical body - eating the right foods, getting enough rest and relaxation, and exercising on a regular basis. A good program builds your body's endurance, flexibility and strength. A new program is right here at your fingertips.

It's important to keep your mind sharp by reading, writing, organizing and planning. Read broadly and expose yourself to great minds. Take a class with us. Self-renewal must include balanced renewal in all four dimensions--physical, spiritual, mental and social/emotional. Neglecting any one area negatively impacts the rest. The things you do to sharpen the saw in any dimension have a positive impact in the other dimensions, because they are so highly inter-related.

Registration Information

We accept registrations over the phone, via email, the school website, or the mail.

Call:

Jake Richter at 218-863-5910 ext. 4372 or
Becky Wontor at 218-863-5910 ext. 4250

Email:

jrichter@pelicanrapids.k12.mn.us or
bwontor@pelicanrapids.k12.mn.us

School Website:

Go to: <http://www.pelicanrapids.k12.mn.us>
click on **Community Education link** lower left column

Mail completed registration form to:

Community Education
PO Box 642
Pelican Rapids, MN 56572

General Information

•Enrollments are accepted on a first-come, first-served basis. Please register at least 1 week before the class.

•You are enrolled in class once we receive your registration.

We prefer that you pay at registration time. Please make checks payable to: ISD #548

We will wait to cash your check until after the class is held.

•We will contact you if the class is cancelled.

•Unless otherwise indicated, the classes offered are open to adults.

Storm Policy If the Pelican Rapids Schools are cancelled or release students early due to bad weather, Community Education classes will not be held.

Non-Discrimination Policy It is the policy of ISD #548 to comply with federal and state laws prohibiting discrimination.

ONLINE LEARNING

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Stocks, Bonds, and Investing: Oh, My!

Instructor-Led Course
\$149 (Enroll through ed2go)
Hours: 24
Duration of Access: 6 weeks
Start Dates: Feb 18, Mar 18, Apr 15

About This Course

Looking for a good solid class in the basics of stocks, bonds, finance, and investing? Haven't the slightest clue how to prepare for retirement, pay for college, or even manage your personal finances? Wish you had some guidance to put your finances into clear and understandable perspective? And do you wish you could do it all without having to pay a broker or a financial advisor? Well, look no further. The class you need is right here!

Stocks, Bonds, and Investing: Oh My! is an enjoyable class that walks you through the fundamentals of investing. The course will not only teach you about the stock markets, 401k plans, and retirement, but it will also address personal financial issues that are often ignored, but absolutely essential, to your success as an investor.

This course won't just throw a bunch of terms at you, expectin you to memorize everything. The instructor takes the time to explain concepts in detail so you understand how and why things work in the investment world. You'll leave this course with a comprehensive and thorough education in personal finance and investment. And you will have provided yourself with the independence, confidence, and peace of mind you'll need to make your own investment decisions.

Full of solid advice and good common sense, this course is bound to make life just a little easier for you.

Visit the ed2go website for a full listing of the on-line classes available in categories such as: Accounting and Finance, Business, College Readiness, Computer Applications, Design and Composition, Health Care and Medical, Language and Arts, Law and Legal, Personal Development, Teaching and Education, Technology, Writing and Publishing

Winter Classes

January

- Sewing Baby Footie Pajamas
- Sewing Make N Takes
- XaBeat
- YogaFit

February

- ABCs of Health
- Astonishing Air Plants
- CARS (Children and Restraint System)
- Computers for Seniors 1 & 2
- Fine Wining & Dining at Spanky's
- Growing Greens Indoors in MN Winter
- Heartsaver First Aid/CPR/AED
- Hints for Healthy Houseplants
- Seniors ABCs of Health
- Sewing Make N Take
- Using Shutterfly to Document Your Family History

•XaBeat

•YogaFit

March

- BLAST (Babysitter's Lessons in Safety Training)
- Creatively Uncorked Social Painting Event
- Seed Balls/Seed Bombs
- Winter Bird Feeding
- XaBeat
- YogaFit

Local Community Events and Services

•Bad Art Night

•Book Club

•Date a Book Night

•Driving 55+ Refresher Course

•Hot Reads

•Quilting Club

•Story Time

•Wine and Unwind
Wednesdays



Early Childhood Family Education (ECFE)

•Fun Fridays

•Preschooler & Parents

•Winter Open Gym



VIKING PRESCHOOL

PRESCHOOL Ages 3-4
& Ages 4-5

Community Ed Classes

Creative

Social Painting Event

In this class you will complete the featured painting on the right, with the instructor demonstrating step-by-step. Everyone will end up with a near identical painting at the end of the two hour session. No artistic ability is needed- these social painting parties are a fun, relaxing environment to enjoy your favorite beverage and chat with friends while painting a masterpiece. You don't have to do any setup or clean up. Just bring yourself or maybe a group of friends and be ready to have fun! *Minimum participants 16, maximum 36*

Instructor: Creatively Uncorked Artist
When: Saturday, March 28th 1-3pm **please arrive at 12:30pm to allow time to check in and purchase food &/ or beverages*
Location: Muddy Moose (food & beverages will be available for purchase)
Class Fee: \$45 (includes all painting supplies) *(You must register and prepay for the class through Community Ed by Friday, March 20 to reserve your spot...if you are unable to attend you may send someone in your place...no refunds will be given)*



Fine Wining and Dining

Three-Course Meal & Wine Pairing at Spanky's Stone Hearth

Relax and enjoy this class as Josh serves up a delicious three-course meal including salad, entrée and dessert with appropriate wines paired with each course. You will learn about each entrée with a preparation presentation along with why the selected wine pairs well with what is being served. Guests are guaranteed to leave feeling delighted as people rave about the location and the food and this is your opportunity to experience both. Your fee includes meal and beverages. Limit 20 participants.

Instructor: Josh Hanson, Owner, Spanky's Stone Hearth on Rose Lake
When: Tuesday, February 24th 6-8pm
Location: Spanky's Stone Hearth on Rose Lake 34785 County Hwy 4, Frazee
Class Fee: \$35 per person (includes meal & beverages) *(You need to register and prepay for the class through Community Ed)*



Fitness

XaBeat

XaBeat is a dance fitness program that provides cardio and toning in a party like atmosphere! The routines are simple and easy to follow. You can burn anywhere between 600-1200 calories in a XaBeat class! Our routines contain less turning and twirling so you can concentrate on the fitness part of it and get a better workout! In our XaBeat classes you will sculpt your body and burn calories while having a total blast! Our music sets the mood and creates a party-like environment that leaves participants asking for more.

Instructor: Tami Seifert
When: Mondays 5:15-6:15pm & Wednesdays 6-7pm
Location: Logix Building (north of town on Hwy 59-east side of the road)
Class Fee: \$40 for 8 sessions-1st class is FREE!!!



YogaFit

Hatha-style Yoga uses postures/poses and breathing techniques (vinyasas) to promote strength, flexibility, endurance, and balance. The class effectively works all parts of the body equally, creating an experience of non-judgment and non-competition for all students. YogaFit certified. Open to all levels of practice and abilities. Please bring a mat if you own one.

Instructor: Brenda Haugrud
When: Mondays 9:15am & Wednesdays 4:45pm
Location: Rehab Plus & Fitness
Class Fee: \$40 for 8 sessions-1st class is FREE!!!



No registration is necessary for the fitness classes.
Call Becky Wontor at 218-863-5910 x4250 with questions.

Gardening

Astonishing Air Plants

Air Plants are wonderfully unique plants, extremely adaptable to a wide range of climate conditions. Low maintenance makes them very attractive for our busy lifestyles. Learn about the origin, care and maintenance of these beautifully exotic, hearty plants and have fun designing a creative home for your air plant.

Instructors: Patti Boen & Connie Simons
When: Saturday, February 7th at 1pm
Location: Brown-Eyed Susans
Class Fee: \$20 *Minimum participants 6, maximum 12*



Growing Greens Indoors in our MN Winters

Learn non-circulating hydroponics, the easiest gardening method you will ever do! Supplies for growing one vegetable will be provided for you to take home.

Instructor: Carol Schmidt
When: Thursday, February 5th 7-9pm
Location: PR Public Library
Class Fee: \$10

Hints for Healthy Houseplants

Almost everyone has beautiful plants in their homes - so why can't you? If you love to have plants in your home but struggle to grow them you are not alone. We will discuss plant selection, basic care and common problems. You will be able to select a small plant (from designated selection) to take home so you can try out the tips you learned in class.

Instructors: Patti Boen & Connie Simons
When: Saturday, February 28th at 1pm
Location: Brown-Eyed Susans
Class Fee: \$20 *Minimum participants 6, maximum 16*



Seed Balls/Seed Bombs

Are you a "rebel gardener"? Do you have hard to reach areas on your property that you'd just love to beautify with flowers? This could be your answer! Make your own seed balls and bombs (seeds wrapped in soil materials which "pre-plants" the seed, allows it to be sown, and keeps it safe until the proper germination window arises) to take home and deposit anywhere suitable for the plant species.

Instructors: Patti Boen & Connie Simons
When: Monday, March 9th at 1pm
Location: Brown-Eyed Susans
Class Fee: \$25 *Minimum participants 6, maximum 12*



Winter Bird Feeding

Do you enjoy watching your feathered friends during the winter? Learn how to attract birds to your feeders, suitable foods for different species and make your own feeders to take home.

Instructors: Patti Boen & Connie Simons
When: Monday, February 2nd at 1pm
Location: Brown-Eyed Susans
Class Fee: \$25 *Minimum participants 6, maximum 12*



Community Education

Contact us at 218-863-5910 extention 4372 or 4250 with questions, to register for a class or if you have ideas for a class you want to take or teach.

Health and Safety

CARS (Children and Restraint System)

This course is to teach people of the importance of the proper selection and installation of car seats. Minimum of 6 participants.

Instructor: Mary Johnson, American Heart Association Certified
When: Saturday, February 7th 9-12pm
Location: PR High School Media Center
Entrance: Media Center Door #8
Class Fee: \$30.00

Heartsaver First Aid/CPR/AED

Heartsaver courses are intended for individuals who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory requirements. This would include teachers, childcare workers, fitness trainers, corporate workers, restaurant employees, lifeguards, coaches, parents, daycare providers, and anyone who wants to learn how to do CPR and give First Aid. The Heartsaver CPR AED course is hands-on and covers adult, child, and infant CPR and use of the AED (Automated External Defibrillator). Included in the course is relief of choking. Heartsaver First Aid provides first responders with training in basic first aid procedures-including the first aid skills recommended by OSHA. The course covers first aid basics, medical emergencies, injury emergencies, and environmental emergencies. This course is for non-healthcare professionals. Limit 15 participants.

Instructor: Mary Johnson, American Heart Association Certified
When: Tuesday, February 24th 6-10pm
Location: PR High School Media Center
Entrance: Media Center Door #8
Class Fee: \$40



Hobbies

Using Shutterfly to Document Your Family History

If you have boxes of pictures of old relatives in your possession and are trying to figure out a way to put them all in one place, consider making a Shutterfly book of these treasures.

The class will consist of two sessions: the first one will go through the basics of using Shutterfly photo archiving system, scanning in your photos, and selecting pages and backdrops.

The second session will be a 1:1 with instructor Nadine Brown who will spend two hours with you clearing up any problems and showing you additional tricks (session 2 will be scheduled based on class participant needs).

You should be moderately experienced with a computer but you don't need to have any previous experience with Shutterfly. Classes are limited to 6.

Instructor: Nadine Brown and Dianne Kimm
When: Tuesday, February 17th 10am-12pm
Location: Pelican Rapids Public Library
Class Fee: \$10

Shutterfly is a trademarked name for a photo archiving system that uses your digital photos to make books, calendars, cards etc.



Recently Dianne Kimm spent hours putting together books for her children featuring pictures of their great grandparents, grandparents, and other miscellaneous family members. Her son said, "Mom when I opened up this Christmas gift, I stopped caring about all the others. Thank you so much for doing this for us."

Community Ed Classes

Seniors

ABCs of Health

Since our Immune System and Bones are both dependent on a healthy gut system, this class will cover the ABC's of digestion to support both healthy bones and support your Immune System.

Instructor: Dr. David Gottenborg

When: Tuesday, February 17th 1-2pm

Location: PR Public Library-small conference room

Class Fee: free

Computers for Seniors 1

You know the computer age is upon us, but you're reluctant to even turn on your machine. Learn how to use your computer for word-processing and sending emails in a low-stress, thoughtful training session. This class will be a general overview of using computers. Feel free to attend this class even if you have taken it before.

Instructor: Nadine Brown

When: Wednesday, February 4th, 1-3pm

Location: PR Public Library

Class Fee: \$10

Computers for Seniors 2

Continue learning more in-depth applications on your computer with plenty of time for questions in this low-stress, thoughtful training session. Feel free to attend this class even if you have taken it before and to bring your own laptop if you have one.

Instructor: Nadine Brown

When: Wednesday, February 11th, 1-3pm

Location: PR Public Library

Class Fee: \$10

Sewing

Sewing Make N Takes

Join us on Mondays as we learn to sew a different project each week. This class is designed for kids in Grades 7-12 and adults of all ages (kids younger than 7th grade can attend if they bring an adult).

Instructor: Marlys Ebersviller

When: Mondays, Jan. 26th-Feb 2nd 9-12pm

•**Polar Fleece Hat & Neck Gaitor**-Jan. 26th 9-12pm \$15

•**Leggings**-Feb. 2nd 9-12pm

Location: PRHS Room #418

Entrance: Media Center Door #8

Class Fee: \$10 + small fee for supplies

Baby Footie Pajamas

Learn to make footie pajamas for an infant.

Instructor:

Marlys Ebersviller

When:

Saturday, Jan. 31st 9-12pm

Location: PRHS Room #418

Entrance: Media Center Door #8

Class Fee:

\$10 + material cost



Youth

BLAST (Babysitter's Lessons in Safety Training)

This American Academy of Pediatrics and American Heart course helps prepare you for the responsibility of babysitting infants through school aged children. You will learn to perform tasks such as diapering, preparing simple meals, and dressing; how to handle emergencies and focus on safe care of infants and children. Handouts will be provided and a BLAST book is available for \$10. Class for ages 11 years and older.

Instructor: Mary Johnson,
American Heart Association
Certified

When:

Saturday, March 21st 9-3pm

Location:

PR High School Study Hall

Entrance:

Media Center Door #8

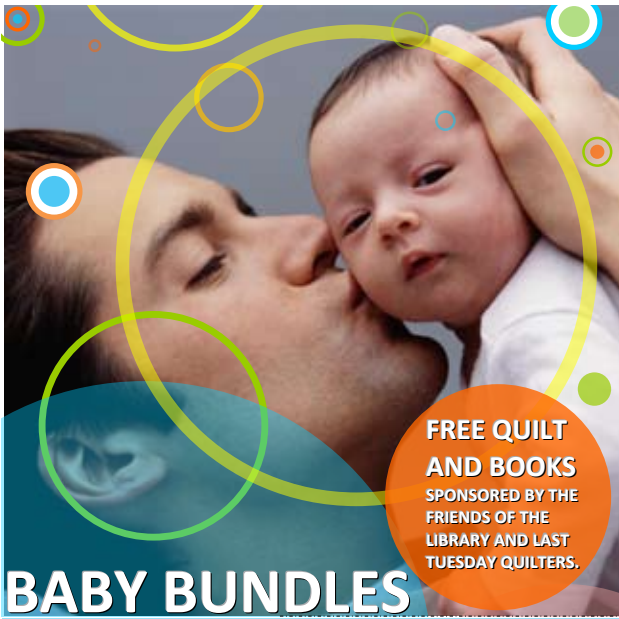
Class Fee:

\$30 + \$10 for book



Please bring a sack lunch.

Need a minimum of 10 participants. You must register through Community Ed for this class.



A cozy welcome to our community extended from the Public Library. Babies born in the last 6 months are eligible for this free gift. Contact Jerri Baker, email: arejay@arvig.net or call 218-849-2322 or 218 342-2618.

You may also bring in this coupon to the public library and Jerri will be in touch. What a nurturing way to introduce your new baby to books and language!

Friends of the Library
Baby Bundle

Baby Name _____

Male _____ Female _____
(check one)

Birthdate _____
(must be 6 mths or younger to be eligible for free gift)

Parent Name _____

Address _____

Phone _____

Local Community
Events and Services

Bad Art Night

Picasso? Rembrandt? Cezanne? Monet? All styles you probably won't see as you join the Pelican Rapids Public Library and the Muddy Moose for Bad Art Night. Bring a group of friends or show up and join others for a mix and mingle time with creations to follow. Art Supplies are provided only, your sense of adventure is needed.

Join us the first Wednesday of the month at the Muddy Moose at 5:30pm. If questions, call the Pelican Rapids Public Library at 863-7055.

Book Club

This group gathers on the 2nd Wednesday of each month from 11:30-12:30pm at the Pelican Rapids Public Library to discuss books selected by the group's members. Future titles include *Turn Here Sweet Corn* by Atina Diffley and *Invention of Wings* by Sue Monk Kidd. Call the Pelican Rapids Public Library for more information 863-7055.

Date a Book Night

This is the book club with a twist. Five tables will be listed with a "theme" for each. The book will be listed for each table. The assigned book will have 3-4 discussion questions. Then the group will have time to talk about other titles they are reading. As they do there will be a "guest book" for the books they talk about. This will allow the librarians to post the composed lists for people to copy for future use. **Join us the third Wednesday of the month at the Muddy Moose at 6pm.** Brought to you by the Pelican Rapids Library and the Muddy Moose. If questions, call the Pelican Rapids Public Library at 863-7055.

Driving 55+ Refresher Course

This 4 hour refresher course will be held on January 28th from 1-5pm at the Pelican Rapids Public Library. Cost is \$15. Contact Jeff Morgan at 863-2841 or jeff@pelican-rapidsinsurance.com for more information and to register.

Hot Reads

Hot Reads is back in 2015. Starting January 5th, come collect your punch card and try out some new genres. Win prizes and keep your eyes out for upcoming programs. If questions, call the Pelican Rapids Public Library at 863-7055.

Quilting Club

If you are a quilter then this group is for you! **Join us the last Tuesday of the month at the Pelican Rapids Public Library from 5-6pm** to share tips, ideas, and keep each other energized for the quilt projects we are working on at home. If questions, call Bonnie Bring at 863-1015.

Story Time

The Pelican Rapids Public Library offers story time as a resource to parents and caregivers as an introduction to library services, literacy experiences, and small group social interactions.

Monday Mornings

Story time begins at 10:30am Monday mornings, but the library opens at 10:00am giving you and your child time to come in and

explore the library and story time area. Pre-Story Time Activities are available that are meant to invite children to practice early literacy skills.

Wine and Unwind Wednesdays

Join us every Wednesday night...we will feature a new wine each week. Free appetizers and door prizes. Call 218-863-6607 for more information.

When: Wednesdays starting at 5pm

Location: The Muddy Moose



COMMUNITY ED REGISTRATION

Please include your payment with your registration.
Checks can be written to ISD #548

Mail to: Community Ed, PO Box 642, Pelican Rapids, MN 56572

Class: _____ Fee \$ _____

Class: _____ Fee \$ _____

Class: _____ Fee \$ _____

Name: _____

Address: _____

Daytime Phone: _____ Email: _____

I would like to see the following class(es) offered: _____

I would be interested in teaching the following class(es): _____

Viking Preschool and Early Childhood Family Education Programs

Early Childhood Family Education (ECFE)

ECFE is a parent-child program for children aged birth-pre-k and their parents. ECFE strongly believes that parents are a child's first and most important teachers. The ECFE program of Pelican Rapids wants all families with young children to be aware of our program. If you know a family not receiving our mailing, please contact Viking Elementary.

Viking Preschool-School Readiness

We use the math and language pre-k curriculum incorporated throughout Viking Elementary K-6. It is integrated in an age appropriate hands on pre-k experience. Our preschool program is supported by local levy, community education, and parent tuitions. Viking Preschool is a 4 Start Preschool, in accordance with Minnesota Parent Aware Rating!

Bright Start Child Care Home Visits & Family Outreach Program

You may participate in this once per month visiting program in which Janet Woolever will come into your home with activities and resources. Call Janet at 863-5910 ext 5393 with questions or to schedule a visit. *Supported in part by United Way of Ottertail County.*

Viking Preschool

Viking Preschool ages 3-4

- Child must be 3 by September 1, 2014 to enroll.
- Wednesdays 7:55am-11am (includes breakfast) or 3-4pm

Viking Preschool ages 4-5

- Child must be 4 by September 1, 2014 to enroll.
- Tuesdays & Thursday 7:55am-3:45pm (includes breakfast and lunch)



Call Terra or Megan at 218-863-5910 extension 5393 to enroll your child.

Please note: Viking Preschool is a 4 Star Preschool, in accordance with Minnesota Parent Aware Rating!

Early Childhood Family Education (ECFE) Classes



Fun Fridays

This class is for ages 0-5 (not yet in Kindergarten).

This fun group explores our classroom activities, shares songs, books and fingerplays. This busy class does not separate for parent discussion. All ages welcome.

- Fridays, 9:30-11:00am January 9th -March 27th

Prechooler and Parents Family Class

This class is for ages 3-5 (not yet in Kindergarten).

Parents join their preschooler for learning centers, circle time, and parent discussion.

- Thursdays, 5:30-7pm March 5th - March 26th

Winter Open Gym

Get those winter wiggles out and join us in the Viking Elementary gym for some fun and exercise. We will have many large motor activities for you and your child to try. Play with scooters, balls, hula hoops, tunnels and more!

- Thursdays, 6-7pm January 29th & February 19th



Please Note:

- We would love to see you and your family. As our classes do have size limits, please register.
 - New ECFE Classroom (in the first grade hall across the hall from the elementary library)
 - Please check our webpage for current classes and changes. www.pelicanrapids.k12.mn.us
 - WEATHER ALERT: If school is cancelled due to weather, ECFE & Preschool classes are also cancelled.
- Please call if you have any questions as weather worsens throughout an afternoon/evening.
- You can reach Terra Fitzsimmons and Megan King at 863-5910 extension 5393.

New to district? Register here...

If you have recently moved into the Pelican Rapids School District or recently had a baby, please fill out the form below and turn it into the office at the address listed below so we can send you information about our opportunities for children ages 3^{1/2}-12th grade!

Return form to: Pelican Rapids School
310 S Broadway, Pelican Rapids, MN 56572

Parents/Guardians Names: _____
Child's Name: _____ DOB: _____
Child's Name: _____ DOB: _____
Address: _____ Phone: _____

Please call us at 218-863-5910 with any questions or visit our website:
www.pelicanrapids.k12.mn.us

Pelican ECFE loves families!

Here's our staff:

Terra Fitzsimmons

ECFE & School Readiness Teacher/Coordinator
Email: tfitzsim@pelicanrapids.k12.mn.us
Voicemail: 218-863-5910 ext. 5393

Megan King

ECFE Early Childhood Educator
Viking Preschool Teacher
Email: mking@pelicanrapids.k12.mn.us
Voicemail: 218-863-5910 ext. 5569

Kimberly Hernandez

Classroom & Child Care Home Visitor Assistant
Spanish Translator
Email: khernand@pelicanrapids.k12.mn.us
Voicemail: 218-863-5910 ext. 5393

Tami Hanson

Preschool Classroom Para

Janet Woolever

Child Care/Family Home Visitor

Jessica Sands

Minnesota Reading Corps

ECFE REGISTRATION FORM

Please register for all classes that your family wants to attend.

Child's Name: _____ Age _____

Child's Name: _____ Age _____

Child's Name: _____ Age _____

Parent's Name: _____

Phone Number (day): _____ (evening): _____

Class Name	Days/Times	✓ box to register
Fun Fridays	Fridays, 9:30-11am January 9 th -March 27 th	
Winter Open Gym	Thursdays, 6-7pm January 29 th & February 19 th	
Preschooler & Parents Family Class	Thursdays, 5:30-7pm March 5 th - March 26 th	

Please contact me about receiving home visits: ☐ Caring Connections ☐ Bright Start

To Register or if you have questions:

Call Terra at 218-863-5910 ext 5393 or Email: tfitzsim@pelicanrapids.k12.mn.us

or Mail registrations to: ECFE, PO Box 642, Pelican Rapids, MN 56572

Please contact me about receiving home visits:

_____ Caring Connections _____ Bright Start



The Leader in Me-Finding Your “Mission”

by Doug Bruggeman

Kids are always asked what they want to be when they grow up or what they plan on doing once they graduate. At a younger age being a firefighter, police officer, nurse, doctor, etc... are common answers. As kids grow older, however, what used to be an easy answer becomes more complicated and is replaced with “I have no clue” or with a simple shrug of the shoulders.

It’s unfortunate that we have to decide the direction we want to take in our lives when we are so young but having a “thirty-something” child living at home is not a parent’s dream either! One of the benefits of the Leader In Me program is our ability to help students get a clearer focus of their future. This comes about when we focus on Habit 2 – Begin with the End in Mind.

Habit #2 focuses on becoming more effective in

Mission Statement

- A Mission is a direction that your compass will always point to when you feel off course.
- Missions are more ambiguous than what your goals will be but the goals you create will head in that same direction.
- Missions help us invest our lives in something that really matters!

life by creating a vision of the future and making plans on how to get there.

Habit #1 says: “You are the driver of your car”. Habit #2 continues with: “As long as you are driving: create destinations and decide how and when you will get there”!

Setting goals is a major key for a more effective life. There is, however, more to “Beginning with the End in

Mind” than just setting goals. Creating an over-all destination for your life is equally as important. This is what Steven Covey, the author of The Seven Habits of Effectiveness, calls creating a **Mission Statement**.

Setting goals drives us forward, they give us a sharper focus and they make us accountable. Whereas, creating a Mission Statement asks us to form a vision of our future by discovering what motivates us, what we value and what we see as a “good life”.



TOYS-FOR-TOTS GREAT SUCCESS

Article by Taylar Nehk, High School Senior
Photo by Kyle Tiggemann

Once again the PRHS Reach Team was given the opportunity to sponsor this great event! On November 12, 2014 we started the Toys-for-Tots drive, which ended on December 12, 2014. We had a great response from the people of Pelican Rapids. We ended the drive with three BIG boxes full of toys! This was a great accomplishment!

Thank you to the community for all your support; we could not have done it without you!!! We also wanted to thank our local businesses for joining our Toys-for-Tots drive; Pelican Drug, Escobars, Larry’s Super Market, and MN National Bank!

Also, we decided to put a box at the Elementary School. The sixth grade student council decided it would be fun to hold a competition between the classes to get all students involved. The top class was Mrs. Gottenborg’s sixth grade class. Congratulations to Mrs. Gottenborg’s class; everyone did a great job!

We decided to interview the Viking Elementary Class that won. As we talked to Mrs. Gottenborg’s sixth grade class, all her students were proud of what they did. We asked them how they got so many toys, Rachael Guler told us, “We all talked about this and knew it was a good idea. At the start we didn’t have very many but we started pushing each other to bring in more toys.” We also asked them how they felt about what they had accomplished, the whole class told us that they all felt good about themselves and they felt very helpful for what they did. As a class they brought in a total of 22 toys!!

Lastly, we wanted to extend a HUGE thank you to SGT Anderson and the Marine Corps Reserve Unit in Wahpeton North Dakota, for giving us this great opportunity! This drive is a great experience for all the kids of Pelican Rapids, in hopes that they realize that there are those who are less fortunate than them. As a group of High School students it’s a wonderful feeling knowing that we got the chance to help these kids and know that they will be getting something for Christmas! Now is the time for giving! Merry Christmas and Happy Holidays!!



IMPLEMENTING HABIT 2

During the 2014-15 school year one of our goals is to dive deeper into the 7 Habits. Helping our students understand the importance of goal setting has been and will always be an important aspect of our student’s education. Our plunge to deeper levels now comes with our plan to aid students developing their personal “Mission Statements”.

This journey begins with facilitating activities where our students can begin to discover their strengths, talents and passions. Then we want to combine these aspects with the values that touch their heart. Once these things are combined students can look to songs, poems, people, etc...that have inspired them as they search for the words that can aid in creating their mission. Students can then take this “mission” to create a purpose in which they then can align their educational and life goals.

The diagram to the right is a great illustration of finding one’s purpose in life.



WHAT MISSIONS CAN LOOK LIKE

My personal Mission Statement came about soon after I took the training on the Seven Habits of Success. A few weeks after discussing the concept of creating a Mission Statement I happened to be watching the movie “Saving Private Ryan”. The movie is based on a small platoon of soldiers searching the battle fields of France during World War II trying to find Private Ryan. The platoons mission = get Private Ryan out of harm’s way and back to the United States. (They were trying to save Private Ryan because his four brothers had all been killed recently in the war and the government did not want Mrs. Ryan to lose all her boys.)

Near the end of the movie the platoon was able to locate Private Ryan and save him from being killed. In the last combat scene the captain of the platoon whispered in Private Ryan’s ear that he should “Earn It.”. A lot had been sacrificed to save Private Ryan and that captain was telling him that his life should serve a purpose. The movie then fast-forwards to France 60+ years later and we now see an elderly Private Ryan visiting the grave of the captain of that platoon. In this scene Private Ryan is visibly shaken and when his wife comes to his side he looks at her and says; “Tell me I am a good man. Tell me I have lived a good life.”

Those two sentences automatically became my personal Mission Statement. I may run off course of this “mission” from time to time but I come back to those

two sentences often. They are my compass in life.

I have a pretty good picture of what my mission looks like but it is not as clear as my goals are and it my Mission Statement may look totally different to someone else.

So as I create my goals in life, I look to align them with my mission. It really makes things a lot simpler as it helps me make tough decisions based on these two simple statements:

- Tell me I am a good man.
- Tell me I have lived a good life.

A great example of this at work was my decision to retire from coaching basketball. Over the years I put forth a lot of effort towards coaching basketball as it was a definite passion of mine. But when this passion came into conflict with another passion of mine, my family, the decision became easy. Why? Because my goal of being a great dad lined up better with my over-all mission in life. I thus chose to go support my two sons as they chased their dream of playing college basketball.

The Leader in Me and the Seven Habits of Success is such a huge addition to our school district’s curriculum. Habit #2 is a great example of how we are helping students gain an understanding of effectiveness that is second to none. Creating goals is great. Aligning your goals in life with an over-all mission allows your goals to serve an even greater purpose.

Pelican Rapids School District #548

310 S Broadway, PO Box 642
Pelican Rapids, MN 56572

Phone Number: 218-863-5910

School Website: www.pelicanrapids.k12.mn.us

School Board Members:

Charlie Blixt, Mike Forsgren, Dena Johnson, Jon Karger, Mitch Monson, Kathy Ouren

New Parent Liaison at the High School

Hello, my name is Kimberly Hernandez, and I am pleased to inform you that I am the new parent Liaison at the Pelican Rapids High School. I am an active staff member of Viking Elementary school working as a preschool paraprofessional, and I am now enjoying the task of assisting others such as parents, students, and staff with written translation or oral interpretation in hopes of bridging any communication gaps.

I am available and willing to help you with any interpreting or translating needs, concerns or questions that you might have regarding a student or wanting to have parent/teacher contact.

Please feel free to contact me via email at khernand@pelicanrapids.k12.mn.us call or leave me a message. You can reach me at **863-5910; my extension # is 4436. My office hours at the High School are only Wednesdays and Fridays 11:30-4:30pm.** Once again, feel free to contact me...I’d love to help!

Hola, mi nombre es Kimberly Hernandez y me da el placer de informarle de que soy el nuevo Enlace con los Padres en Pelican Rapids High School. Soy un miembro activo de la escuela Viking Elementary trabajando como asistente de maestra en un salon prescolar. Ahora estoy disfrutando la tarea de asistir a otros como padres, estudiantes, y personal de la escuela con la traduccion escrita o interpretacion. Estoy disponible y dispuesta a ayudarle con cual quier necesidad que tenga referente a la traduccion o interpretacion, preocupacion o alguna pregunta que tenga sobre su hijo(a) o si desea tener comunicacion con algun maestro. Por favor sientase libre de comunicarse conmigo. Mi correo electronico es khernand@pelicanrapids.k12.mn.us Hable o deje un mensaje; mi numero es 863-5910 y mi extencion es 4436. Mis horas de oficina en la High School son nada mas los Miercoles y Viernes 11:30-4:30pm. Una vez mas, sientase libre de comunicarse conmigo...me encantaria ayudarle!



Pelican Rapids High School News

By Brian Korf, Principal

The school year is passing quickly, as high school students have completed Semester I. Our students have received many achievements to be proud of, and we look forward to seeing many more student accomplishments in the remaining days of the school year.

During the 2014-15 school year, students in grades 7-12 have set SMART goals. SMART goals are goals that are specific, measureable, attainable, realistic and timely. Students set goals for each class and have set college and career goals for after high school. We feel it is very important to have students ponder what they want to do after graduation.

High School teachers and administration are anxious to meet all parents during the upcoming **Parent-Teacher Conferences, on Monday, February 23rd from**



1:00pm-7:00pm in the high school classrooms. We ask parents to enter the high school building by the media center doors (Door #8) on the west side of the building. Active parent participation in your student's conferences is appreciated.

During Parent-Teacher Conferences, the school counselor will be available to meet with parents of 8th and 10th graders who are interested in reviewing their child's results from the EXPLORE and PLAN tests. The 8th grade EXPLORE test results could help students plan for high school courses, prepare for the ACT, or choose a career direction. The 10th grade PLAN test results provide a measure of a student's current academic achievement, explore career training options, and could help your child make plans for the remaining high school years.

Please feel free to contact us with any questions or concerns regarding your child's education here at Pelican Rapids High School. We appreciate your ongoing support towards your child's education.

GOOD SPORTSMANSHIP

By Derrick Nelson, Activities Director

Good sportsmanship is when teammates, opponents, coaches, fans, and officials treat each other with respect. Kids learn the basics of sportsmanship from the adults in their lives, especially their parents and their coaches. Kids who see adults behaving in a sportsman-like way come to understand that the real winners in sports are those who know how to persevere and to behave with dignity, whether they win or lose a game.

Parents can help their kids understand that good sportsmanship includes both small gestures and heroic efforts. It starts with something as simple as shaking hands with opponents before a game and includes acknowledging good plays made by others and accepting the bad call gracefully.

Here are some suggestions on how to display good sportsmanship:

- Unless you're coaching your child's team, you need to remember that you're the parent. Shout words of encouragement, not directions, from the sidelines.
- Keep your comments positive. Don't bad-mouth coaches, players, or game officials.
- Applaud good play no matter who makes them.
- Set a good example with your courteous behavior towards the parents of kids on the other team. Congratulate them when their kids win.
- Keep your perspective. It's just a game. Even if the team loses valuable life lessons can be learned.
- Look for examples of good sportsmanship in professional athletes and point them out to your kids. Talk about the bad examples, too, and how the situation could have been handled better.
- Finally, don't forget to have fun. Even if your child isn't the star, enjoy the game while you're thinking of all the benefits your child is gaining – new skills, new friends, and attitudes that can help all through life.



EDUCATION

a BRIGHTER future

Home

- Home
- About Ms. Runsvold
- My Role
- Email Mrs. Siebels
- Financial Aid
- Scholarship Information
- College Visits
- Military
- PSEO
- Registration
- Testing
- Transcript Requests

PELICAN RAPIDS HIGH SCHOOL

HS School Counselor
Lauren Siebels
lsiebels@pelicanrapids.k12.mn.us
218-863-5910 extension 4036

My role is to provide the school (students, parents, teachers, and staff) with the resources and counseling services needed to help all students be successful in school and prepare for life after high school. The three main areas I focus on are Academics, College and Career Readiness/Planning and Personal/Social Development.

I work with students in classrooms, group sessions, and/or individually. Please feel free to contact me if you have any questions/concerns or if I can help you in any way.

Lauren's page can be found on the district website:
<http://www.pelicanrapids.k12.mn.us>
click on Schools, then Pelican Rapids High School, then Counseling

Day of Caring-Students and Staff Continue to Give Back

By Bob Kohler

On Wednesday, October 29th students involved with the REACH and ALC Programs at PRHS took the afternoon to give back to the community

by going out and raking yards for senior citizens and people in need. There were a total of 58 students, 3 staff members, and 3 community volunteers that raked 7 lawns. Thanks and praise abounded from the recipients of their labors. Here is a quote that one of the recipients posted on Facebook: "What a great day in the 'Three Mile Woods' where Elaine & Bonnie live. OAKS arranged for 'Day of Caring' to send 14 youth & 2 adult supervisors from school to rake our yards of thousands of leaves which once beautified our woods, but now blanket the ground. Cost to us was a large pan of brownies, lemonade, juice & vanilla wafers. We are so thankful & blessed for the work they did. Thanks! Mega Thanks!"

Not only does the Day of Caring help the community



but it also helps the students. Here is what one student had to say, "It makes a guy feel good about himself, helping others."

The next Day of Caring may be this spring or again in the fall. Those who qualify for the assistance are senior citizens, disabled adults, and military families. If you fit into one of these categories and would like to be put on the list for the next Day of Caring you can contact Bob Kohler at 218-863-5910 x4917 or bkohler@pelicanrapids.k12.mn.us and he will gladly help you out.

The Day of Caring is collaboration between United Way, OAKS, and PRHS.

REACH is an elective for students in grades 9-12 that focuses on Relationships, Education, Accountability, Character and Hard Work.

The Pelican Rapids ALC (Area Learning Center) offers personalized learning for successful completion of the school year for students in grades K-12.



MCA Test Dates 2015

Week 1: March 10-13 Math Grade 11

Week 2: March 17-20 Reading Grades 7 & 10

Week 3: March 24-27 Math Grade 8 & Science 10

Week 4: Mar 30-April 1 Math & Reading Grades 7-8

Week 5: April 7-10 Science Grade 8

Week 6: April 14-17 Math Grade 7

Week 7: April 21-24 Reading Grade 8

Week 8: April 28 Grade 11 ACT + Writing

dates are subject to change-please check school website for changes

School Renovation Project Update

by Trevor Steeves, ISD #548 District Engineer

As winter sets in we are working very hard wrapping up this falls projects and getting ready for the upcoming construction season. The west parking lot at the high school is paved and in operation, you can use this parking when you need to visit the high school for business or for an event, door 8 is where you want to enter.

We have set our sights on phase III; that is the largest part of the renovations, there have been countless planning meetings to get our project in line with the budget and to ensure that we have a great finished product. The school and community are excited to get the new and renovated areas under construction, let's hope for an early spring so digging can begin.

During this long winter treat yourself to a school event and enjoy the hard work the students, coaches and advisors have put in to making ISD 548 a success.

