

Pelican Rapids School District #548  
 PO Box 642  
 Pelican Rapids, MN 56572

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## Everything is possible with FAITH



Article excerpts and some photos courtesy of The Pelican Rapids Press

The outpouring of support for Pelican Rapids student Faith Westby and her family has continued, not only in Pelican, but throughout the area. Purple is Faith's favorite color and we've seen it in many shapes and forms.



Students and staff have worn t-shirts with the slogan "Everything is possible with FAITH". The Pelican Rapids wrestling team wore purple socks at the Heart O' Lakes conference meet. Even students and athletes at neighboring schools have showed support.



Meanwhile, local businesses have also showed support, such as Petals from the Heart, which is offering special bracelets in honor of Faith and the Westby family. Local residents Joe and Tami Seifert of Long Weekend Sportswear in Perham did priority printing of the "Everything is possible with FAITH" t-shirts with all proceeds going to the Westby family.



Born with Kabuki Syndrome, a genetic mutation that left her with a range of health issues and learning disabilities, the Westby family learned last year that the tumors on her liver had become so threatening that she would need a liver transplant. A call with a donor came in July 2017, but she has faced issues with rejection, as well as other health challenges. She has been receiving hospitalization care in Rochester since early December.



View the 'Faith Out' video at: <https://youtu.be/sI7Krve3NDk>

## Resilience By Randi Anderson, Superintendent



I find myself reflecting on several events that have taken place in our buildings over the past month. SHARPENING THE SAW-Staff and students have been sharing how much they appreciate each other with kind notes. Our dedication and passion for each other and the community speaks volumes in everything that we do. February is a wonderful month to celebrate each other.

Our community support for "Faith" goes beyond any words I could find. "THANK YOU" We appreciate the community support for our student and family. RESILIENCE-defined by Faith and her family. For those of you who may not be aware. Faith has been fighting a battle for life since her birth. She continues to defy the odds and brings life a new meaning.

We will continue to develop the 'Profile of a Graduate', building off the core values identified last year: Building Character, Resilience, Relationships, Collaboration, Critical Thinking and Communication with the design of the District Strategic Plan. In March we will hold the first meeting to review and update the District Mission and Vision. We are looking for community members and parents to be a part of this team (please contact me at 218-863-9315 if you are interested in being part of this process).

Winter wonderland is here, we have missed three instructional days so far this winter. We will make up the February 7<sup>th</sup> snow day on Monday, March 4<sup>th</sup>. The

school board has 'forgiven' January 29<sup>th</sup> and 30<sup>th</sup> the first two cold days.

On February 11<sup>th</sup>, the Pelican Rapids school board voted to maintain the four day school week for the 2019-2020 school year.

In closing I leave you with a few quotes connected to our values as defined by our community through the 'Profile of a Graduate' work last year...

### BUILDING CHARACTER

*"True education does not consist merely in the acquiring of a few facts of science, history, literature, or art, but in the development of character."* David O. McKay

### RESILIENCE

*"It is during challenging times that we find out what we are made of... For that is when we discover the power of our spirit."*

Randi G. Fine

### RELATIONSHIPS

*"Healthy relationships are the foundation of a positive school climate."* Megan Tschannen-Moran

### COLLABORATION

*"Alone we can do so little; together we can do so much."* Helen Keller

### CRITICAL THINKING

*"The insecure leader will interpret critical thinking as criticism."* Andy Stanley

### COMMUNICATION

*"Communication leads to Community..."* Rollo May

## SMILE is this year's One Word

By Doug Bruggeman

A new motivational movement is growing more and more energy every year. The movement looks for people to choose a single word to help bring focus and energy to their lives. This "one word" replaces the creation of goals or the making of resolutions.

Author and motivational speaker, Jon Gordon, explains it this way:

**"One Word will inspire you to simplify your life and work by focusing on just one word for this year. One Word creates clarity, power, passion and can lead to a life-change. One Word sticks. There is a word meant for you and when you find it, live it, and share it, your life will become more rewarding and exciting than ever."**

Thousands of people as well as hundreds of schools, businesses, churches and sports teams have bought into this motivational technique. Pelican Rapids High School is one of the many institution to jump on the One Word bandwagon.

PRHS started in 2016 with the word **Rise**. **Rise** was used to encourage students and staff to help others in life and to personally be more resilient and persevere during tough moments. **Be** was the school word in 2017. Each student was asked to choose their own One Word with **Be** being the motivation for the entire school; **Be Strong – Be Humble – Be Happy**. Last year the word was **Ignite** and the goal was to work to spark a fire in others by being examples of great deeds.

*This year, the One Word is SMILE. SMILE is an acronym for Special Moments In Life Exist. The word, along with a logo of a smiley face, are the simple reminder of how powerful we can be in the lives of others if we just choose to make a difference.*

A great example of an event that captured the spirit of **SMILE** is the "Faith Out" that occurred at the boys' and girls' basketball double header and how the support for Faith Westby has spread to surrounding communities. Another example is the Empty Bowl fundraiser for the local food shelf. These events create special moments that need to be recognized and celebrated.



People getting recognized will receive a smiley face sticker, a smiley face pin or a specially made smiley face shirt with "Special Moments In Life Exist" printed on the back. The goal is to have a monthly ceremony where we let the students, staff and community know who has **SMILED** over the past month.

A big push of this year's One Word campaign is to expand it to the elementary, the community of Pelican Rapids and the surrounding area. We want community members to not only be recognized but also to recognize people who they feel deserve a **SMILE** shout-out.

Examples of this would be Joe and Tami Seifert who are going to be recognized for their fund raising effort that netted over \$4,000 for the Westby family. Another is a community member who emailed Doug Bruggeman and nominated Maddie Guler. This community member felt that Guler's "energetic dance routines at basketball games are cracking people up and bringing smiles & laughter to everyone, adding joy to our evenings in the bleachers!"

These are the types of things we are looking for. From simple gestures to organized "awesomeness", we want to show the area that special moments are just a decision away! Recognizing someone is as simple as emailing Doug at [dbruggem@vikes.us](mailto:dbruggem@vikes.us) or at [SMILE@vikes.us](mailto:SMILE@vikes.us).

You also could stop in at the high school office and complete an "I am recognizing a SMILE" form.

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Our students learn for life!

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## Viking Elementary Update

By Dr. Ed Richardson, Principal

We continue to find awesome ways to use our iPads and technology for creative and innovative learning opportunities. Our current *focus* is **coding**. As I share with our teachers and students, much of what we are doing is new to me. I'm learning that coding is how we program and create apps, games and tools to complete tasks or serve a purpose. Through various tools and apps, our students are developing and using problem solving skills and collaborating to create, innovate, and problem solve.



On Tuesday, February 12<sup>th</sup>, students in grades K-6 participated in an hour of Coding activities. Parents had the opportunity to learn about Coding from our students during our **'Pastries with Parents'** on February 13<sup>th</sup> and our **Family Coding Night** on February 19<sup>th</sup>. These are very interactive events. Our students are awesome leaders, they demonstrated coding apps, games, and tools used in the classroom.



### Student Safety and Parking

We are running into short days, again. Please take extra care while picking up and dropping off students. Please be sure to send weather appropriate clothing with your child (i.e. hats, gloves, snow boot, coats-as needed). Please be sure to label these items, as well.

### Communication

To keep up to date on goings on at school, try one or all of our many resources:

- **Website:** [www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us)
- **Facebook:** Pelican Rapids Public Schools
- **Twitter:** @VES\_Principal (Dr. Richardson)

## Digital Citizenship Resources

By Monica Thompson, Technology Integration

Digital Citizenship is the practice of using the internet and technology safely, respectfully and responsibly.

So how do we teach our kids to be good digital citizens? How do we talk to our kids about digital media?

Common Sense Media ([www.commonsensemedia.org](http://www.commonsensemedia.org)) is a great resource for parents and educators. Throughout the school year students will learn about being a good digital citizen through Common Sense Media Lessons.



### New to the area or recently had a baby?

If you have recently moved into the Pelican Rapids School District or had a baby, please let us know so we can add you in our school census. Contact Cherie Lynnes at 218-863-5910 ext. 6105 or [clynnnes@pelicanrapids.k12.mn.us](mailto:clynnnes@pelicanrapids.k12.mn.us)

## K-6 VIKING STUDENT SUCCESS

Our Viking Student Success Program (VSS) program incorporates homework support and hands-on learning activities for students needing support with reading and/or Math. The program starts in the fall but your child can join any time.

Contact your child's teacher or Marie Cupkie at 218-863-5910 ext. 5269 with questions about this after school learning program.

### AFTER SCHOOL TUESDAYS-THURSDAYS

•3:45-4:00pm snack •4:00-5:15pm VSS program

## The Leader in Me™

great happens here

- School wide implementation of Stephen Covey's *7 Habits of Highly Effective People*®
- Creates a culture of student empowerment based on the idea that *every child can be a leader*
- Teaches leadership & life skills to students
- Student Lighthouse Teams lead projects to 'make a difference' in the school and community

### VES Student Lighthouse Update by Amanda Belz

The VES Student Lighthouse is having a very busy winter. In January the school store returned on Friday mornings before school. The kids were also able to help with a food shelf project. This February the Student Lighthouse is doing a fundraiser in collaboration with Pennies for Patients. Viking Elementary has a goal of \$2,000. The top earning class will receive an Ice Cream Social! Student Lighthouse is also hosting dress up days for Sweetheart week. The kids are looking forward to keeping busy and continuing to be excellent leaders at Viking Elementary!

## Successful fundraiser by students

by Sheri O'Brien

It was another very successful year for the Viking Elementary students in grades 3 - 6 raising money for the American Heart Association (AHA).

**Thirty four students raised \$1,973.00 in 15 days** for cardiovascular and respiratory research and educational programs that assist children and adults with heart and lung medical conditions. What also is truly amazing is that the AHA financially supports numerous medical facilities based in right here Minnesota.

Our very lofty goal for the AHA was \$2,000.00 in 15 days and the students were within \$27.00! That's outstanding!

The top fundraiser for grades 3-6 was Victoria Garza in grade 3 as she raised \$245.00! Michael Honrud raised \$140.00, Kaylie Elshuag raised \$119.00, Izabell Gravalin raised \$85.00 and Bria Peterson, Keagan Nettetstad and Maxwell Jetvig raised \$80.00 and 4 other students all raised \$75.00. It was a terrific Synergizing effort by the Viking Elementary students this year. Many students asked over 12 people, during their campaign to help support the American Heart Association's annual fundraiser renamed Kids Hearts Challenge in 2019.



### Viking Elementary School Promise

- I WILL** speak up instead of acting as a bystander.
- I CHOOSE** to participate in activities that don't involve teasing.
- I FORGIVE** others if they make poor choices.
- I MODEL** good behavior.
- I ACCEPT** others for their differences.
- I INCLUDE** others in group situations.
- I WILL** talk to an adult when there is a problem I cannot manage on my own.
- I AM** powerful in making a difference in my school.

## Babe Ruth & Little League Summer Baseball Sign-up Night

Anyone currently in grades 4-9 who is interested in playing summer baseball leagues should attend the sign-up night on **Wednesday, March 27<sup>th</sup> from 6-7:00pm** at the PRHS Commons (enter east door #1).

This is the **ONLY** night to sign up for the EVENING baseball leagues (Little League U10 and U12, Babe Ruth 13 and 14-15 year olds).

All four of these teams are parent coached and will travel. Practices for Little League are in the evening and Babe

## Club Vikes School-Age Childcare Program

By Emily Evenson, Club Vikes Program Coordinator



Club Vikes is a School-Age Childcare Program for children in grades K-6. We respond to the needs of families by having a safe and fun place for children to go before and after school, and during non-school days. We also provide your child(ren) with the opportunity to attend fun field trips, such as the zoo, a movie, baseball games, Maplewood State Park, nursing home visits, and more!

### Club Vikes Hours:

- **Monday** 6:30am-6:00pm
- **Tuesday-Friday** 6:30-7:30am & 3:45-6:00pm

Dates Closed: Club Vikes is not open on certain holidays (such as Thanksgiving, Christmas, Easter, 4th of July, etc.) You will be reminded of when we are going to be closed.

### Contracted Care:

#### Mondays/Non-School Days

- \$15 (less than 6 hrs)
- \$25 (6+hrs)

#### Tuesday-Friday/School Days

- \$3 before school
- \$6 after school
- \$8 before & after school

### Drop-In Care:

- \$3.50/hr with a minimum of \$7 charge (non-school days)
- Drop-ins on school days will be charged contracted care rate
- Child(ren) must be registered.

You do not need to contract any days, you only need to give notice BEFORE you arrive. However, your child is not guaranteed a spot and will only be allowed to attend if there is enough staff to accommodate your child.

### Location:

Club Vikes is located right inside Viking Elementary, connected to the lobby. There is a sign posted right inside the room that tells you "where Club Vikes kiddos are" during the day, making it easy to find us when dropping off/picking up your child(ren).

**For more information contact:** Emily Evenson, Club Vikes Coordinator

- Email: [eevenson@pelicanrapids.k12.mn.us](mailto:eevenson@pelicanrapids.k12.mn.us)
- Phone: 218-863-5910 ext. 5022

## VES student artwork on display

Elementary Art students' artwork will be on display at the Public Library for the month of March. **There will be a reception at the library for all students and families Thursday, March 21st 4-6pm.** The reception will include viewing artwork, music, face paint, and treats. Hope everyone can make it!

# FREE Viking Preschool and Early Childhood Family Education

## FREE Viking Preschool-School Readiness

We use Math and Language Pre-Kindergarten curriculum correlating to the K-6 models at Viking Elementary. It is integrated in an age-appropriate hands-on Pre-K experience with licensed teachers throughout the entire session. Our goal is to prepare children for success as they enter Kindergarten.

## Early Childhood Family Education

Early Childhood Family Education (ECFE) is a parent-child program for children aged birth to Pre-K and their parents. ECFE strongly believes that parents are a child's first and most important teachers. The ECFE program of Pelican Rapids wants all families with young children to be aware of our program.

## Bright Start Child Care Home Visits and Family Outreach Program

You may participate in this once a month visiting program in which Janet Woolever will come into your home with activities and resources. Call Janet at (218)863-5910 extension 5393 with questions or to schedule a visit.  
*Supported in part by United Way of Otter Tail County*

## FREE Viking Preschool

### FREE Viking Preschool Ages 3-4

Child must be 3 yrs old by Sept. 1, 2018 to enroll

#### Morning Session:

- Wednesdays & Fridays 7:45-11:00am
- includes breakfast

OR

#### Afternoon Session:

- Wednesdays & Fridays 12:45-3:45pm
- includes snack

### FREE Viking Preschool Ages 4-5

Child must be 4 yrs old by Sept. 1, 2018 to enroll

#### Tuesday & Thursday Session:

- 7:45am-3:45pm
- breakfast, lunch & snack included

OR

#### Wednesday & Friday Session:

- 7:45am-3:45pm
- breakfast, lunch & snack included

## Free Voluntary Pre-Kindergarten for 4 year olds in Pelican Rapids

Research has shown that up to 90% of brain development occurs before the age of five, and that nearly half of Minnesota children enter kindergarten not fully prepared to succeed. By offering every four-year-old the opportunity to attend preschool, the state hopes to help close the achievement gap and ensure more students have a successful educational career.

Pelican Rapids offers free Voluntary Pre-Kindergarten (VPK) as one of the districts in Minnesota that has been awarded funding for the program.

Viking Elementary Principal Dr. Ed Richardson said that they look at the program as part of a continuum and



getting instruction in letters, numbers, counting and simply how to operate within a school is an important hurdle for kids.

"Kids who come into kindergarten without knowing their letters and numbers

can be behind by the 4th grade. Our Pre-K kids have that exposure to school and know what a school day is. They understand working with other students," said Richardson.

As coordinator, Terra Fitzsimmons says the program allows a smooth transition into kindergarten. Activities focus around math, literacy, art, social/play and developing fine motor skills. Contact Terra for more information at 218-863-5910 ext 5393 or email: tfitzsim@pelicanrapids.k12.mn.us.

**Preschool/Head Start and Kindergarten Roundup**  
Tuesday, March 19 from 6-7:30pm at Viking Elementary

## Early Childhood Family Education (ECFE) Classes

### Magical Mondays

Ages 0-5

Parents and children must stick together as you explore the activities, art, and play stations. Together you'll enjoy a circle time with books, music, & dancing.

**When:** Mondays from 10:00-11:15am  
March 4-April 29 (no class on 4/22)

**Location:** ECFE Classroom

*No school agers allowed-we are partnering with Club Vikes to offer sibling care. Contact Emily Evenson at 218-863-5910 x5022 with questions or to register for the Club Vikes program.*

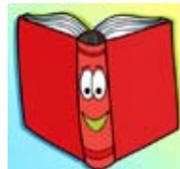
### Preschooler and Parent

Ages 3-5

Parent and preschoolers have 1:1 time in learning environment. Includes parent discussion group and a FREE BOOK for every child!

**When:** Thursdays April 4, 11 and 25  
(no class on April 18) from 5:30-6:30pm

**Location:** ECFE Classroom



### Chahinkapa Zoo Field Trip

You can either meet us at the zoo gate at 10:00am or at the football field parking lot at 8:50am if you want to rideshare. We will stroll through the zoo and then meet at the carousel at 12:00pm for some zippy tunes and spins.

We will have a picnic in the park at 12:30pm if the weather is nice.

Please plan to pay your own gate admission (adults \$10, children 4 & up \$4) and Carousel ride (\$2). Please register for this field trip using the ECFE Class Registration Form below. Hope you can join us for this fun day!

**When:** Friday, May 10 (leave at 9:00am)

### Rootin' Tootin' Toddlers

Ages 0-2

Our youngest students have their special time at the big school. Come and meet new friends as we play, sing and dance together!

**When:** Thursdays in March 5:30-6:30pm

**Location:** ECFE Classroom



## ECFE Class Registration Form

Please register for all classes that your family wants to attend

Child's Name: \_\_\_\_\_ Age \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age \_\_\_\_\_

Phone (day): \_\_\_\_\_ (evening): \_\_\_\_\_

Class Name	Days/Times	✓ to register
Magical Mondays	Mondays 10:00-11:15am	
Rootin' Tootin' Toddlers	Thursdays in March 5:30-6:30pm	
Preschooler & Parent	Thursdays in April (except 4/18)	
Chahinkapa Zoo	Friday, May 10 at 9:00am	

Please contact me about receiving home visits:

Caring Connections  Bright Start Child Care

To register for ECFE classes or if you have questions:

Call Terra at 218-863-5910 ext 5393 or email: tfitzsim@pelicanrapids.k12.mn.us

Mail registrations to:

ECFE, P.O. Box 642, Pelican Rapids, MN 56572

### Please Note:

•We would love to see you & your family. Because our classes have size limits it is important to register.

•The ECFE classroom is located at the Viking Elementary School in the 1<sup>st</sup> grade hallway across from the library.

•Current class information including changes and cancellations can be found on our school website at [www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us) or on our **Viking Preschool and ECFE Facebook page**

•If school is cancelled due to weather, ECFE & Preschool classes are also cancelled. Please call if you have any questions as weather worsens throughout an afternoon and or evening.

•Terra Fitzsimmons & Megan King can be reached at (218)863-5910 x5393.

### Terra Fitzsimmons

ECFE & School  
Readiness Teacher/Coordinator  
218-863-5910 ext. 5393  
tfitzsim@pelicanrapids.k12.mn.us

### Megan King

ECFE Educator &  
Viking Preschool Teacher  
218-863-5910 ext. 5569  
mking@pelicanrapids.k12.mn.us

### Kimberly Hernandez

Classroom Assistant & Spanish translator  
218-863-5910 ext. 5569  
khernand@pelicanrapids.k12.mn.us

### Tami Hanson & Mindy Peterson

Classroom Assistants

### Janet Woolever

Child Care/Family Home Visitor

# Pelican Rapids Community Education

Partnering with our community to offer lifelong learning...

Have you ever wanted to use chalk paint, but weren't sure how to use it?  
This is your chance to learn the basics of chalk painting in our Chalk Paint 101 class!



Sandie Strandlien from Backhome Designs will teach techniques for giving an old piece of furniture a new look! There is no sanding or priming necessary, just painting!

Bring a small piece of wood furniture (such as a small stool or table) or a metal lamp and leave with a refreshed item to place in your home.

All-in-One chalk paint and paint brushes will be supplied by Strand Hardware

**Location:** Backhome Designs (next to the Muddy Moose)

**Instructor:** Sandie Strandlien

**Date:** Saturday, March 16<sup>th</sup> at 10:00am

**Class Fee:** \$35 (includes paint and paint brushes)

Mimosas and snacks will be provided by co-hosts Backhome Designs and Strand Hardware

## Converting Memories to Digital Media

Learn how simple it can be to convert 35 mm slides, VHS, audio cassettes, super 8 movies, and pictures to a digital format. Additional 90 minute introduction and work time labs can be scheduled to meet your digital needs.



**Instructor:** Cary Haugrud

**When:** Tuesday, April 23<sup>rd</sup> from 6:30-8:30pm

**Location:** PRHS Room 113 (west door 8 & follow signs)

**Class Fee:** \$10.00

## Converting Memories to Digital Media

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**Instructor:** Cary Haugrud

**When:** Tuesday, March 19<sup>th</sup> from 6:30-8:30pm

**Location:** PRHS Room 113 (west door 8 & follow signs)

**Class Fee:** \$10.00

## Free Family Movie Night

Please join us on **Friday, March 29<sup>th</sup>** as we come together again for the movie, Wonder, with 5<sup>th</sup> grade artists presenting their artwork that focuses on Empathy and Perspective. Doors open at 6:30pm, movie starts at 7:00pm

**Location:** Fine Arts Auditorium

## American's Heart Babysitting Training

For many pre-teens and teens planning on picking up jobs during the summer months, babysitting is one way to earn some extra cash. American Heart offers this course to help individuals, 11 years of age and older, prepare for the responsibility of babysitting. You will learn how to care for infants through school age children and perform tasks such as diapering, preparing simple meals, and dressing. In addition, the course will offer ideas for toys and games to play with the children. With safety as the utmost important factor, you will learn how to handle emergencies and focus on safe care of infants and children. Handouts will be provided. Students must attend both classes. Please bring a bag dinner. Limit 20.



**Instructor:** Mary Johnson, American Heart Association Certified

**When:** Tuesday, April 9<sup>th</sup> from 4:00-7:00pm AND

Thursday, April 11<sup>th</sup> from 4:00-7:00pm

**Location:** PRHS Media Center (west door #8)

**Class Fee:** \$25.00

## Learning How to Knit

Stop by the Mercantile and learn how to knit. Projects will be a Grandma's Dishcloth or a Simple Scandinavian Hat. All supplies are provided and all ages are welcome!

**Location:** Mercantile on Main - 29 N Broadway

**Instructor:** Joan Ellison

**Date:** Saturday, April 13<sup>th</sup>

from 10:00am - 4:00pm

Come when you can...leave when you must!

**Class Fee:** \$5.00 (includes patterns, needles, yarn)



## Estate Planning

No matter your age or income level, estate planning is crucial for managing your assets, healthcare decisions, and providing for your loved ones.

This course covers basic estate planning documents, including powers of attorney, wills, trusts, and community property agreements.

Using real-world examples, we will discuss what these documents accomplish and how they are used. Instructor Greg Larson is a local attorney who has years of experience in estate planning for clients of all ages.

**Instructor:** Greg Larson

**When:** Thursday, March 21<sup>st</sup> from 7:00-9:00pm

**Location:** PRHS Media Center (west door #8)

**Class Fee:** \$10.00



## Funeral Pre-planning

Jade Petznick, Licensed Funeral Director, at Larson Funeral Home, Pelican Rapids, will discuss burial services, cremation services, personalization of funerals, and the process of preplanning a funeral.



**Instructor:** Jade

Petznick

**When:** Tuesday March

26<sup>th</sup> from 7:00-9:00pm

**Location:** PRHS Media

Center (west door #8)

**Class Fee:** no fee

## XABeat Exercise Class

XABeat is an upbeat dance class with fun and uplifting music! You can make it any intensity you wish by going full out, or just moving your body at your own pace.

Either way, we all have fun! Be sure to wear comfy clothes and tennis shoes, and bring a water bottle.

**Instructor:** Tami Seifert, XABeat certified Inspirator

**When:** Mondays 5:15-6:15pm

**Location:** PRHS Commons (enter east door #1)



## Yoga Classes

I will be offering different Yoga classes each time (posting on the facebook pages so you know in advance).

Hot style, gentle flow, strength flow, and many more. Yoga is for anyone and everyone! Don't let it intimidate you, and definitely try it more than once! Be sure to wear comfy clothes, and bring along your yoga mat and a water bottle.

**Instructor:** Tami Seifert, Yoga certified 200RYT

**When:** Wednesdays, 5:15-6:15pm effective March-May

**Location:** Valhalla Dance Studio (enter west door #7)

## XABeat and Yoga Class Fees:

• 16 class pass - \$108 (\$6.75 each) BEST DEAL • 8 class pass - \$56 (\$7.00 each) • Single class - \$10 (paid at class)

This pass can be used for either XABeat or Yoga or both classes and is good from October-April. You can join at any time and there is no need to pre-register for these classes. Please check Pelican Rapids Balance and PR Yoga Facebook pages for class date updates and changes.

# OPEN GYM

## When:

- Wednesdays 6:30pm-9:00pm
- Saturdays & Sundays 5:00pm-9:00pm

**Location:** Al Siegle Activity Center(enter west door #7)

**Class Fee:** no charge or registration required

## Indoor Walking Track

### During School Hours

- 6:00am-7:45am • 11:45am-1:30pm • 6:30pm-9:00pm

contact PRHS office at 218-863-5910 background check required

## Pickleball League

For veteran pickleball players and newcomers who would like to learn the game.



**When:** Wednesday nights at 6:30pm

**Location:** Legends Gym (west door 7)

**Class Fee:** no charge or registration required

## Men's Pick-up Basketball

**When:** Wednesdays 6:30pm

**Location:** Legends Gym (west door 7)

**Class Fee:** no charge or registration required



## The Welcome Place Dementia Friends

You will learn what dementia is and tips for communicating with people who have dementia including the 5 key messages about dementia, what it's like to live with the disease and how to support people living with dementia. Who should attend? Healthcare and service providers, community member/groups, churches, law enforcement and EMT services.

**Facilitator:** Kate Storhaug, Aging Program Developer, Dancing Sky Agency on Aging.

**When:** Tuesday, April 2<sup>nd</sup> at 1:30pm AND 3:30pm

**Location:** The Welcome Place (26 West Mill Street)

**Class Fee:** no fee

## Community Ed Registration

Please register for all classes so the minimum number of participants is met and instructors can plan accordingly.

- You are enrolled in class once we receive your registration. We will only contact you if the class is cancelled.
- Unless otherwise indicated, the classes offered are open to adults.

Online registration and payment: **PaySchools**

Visit school website at [www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us) and click on 'PaySchools Online' icon (top right)

Email: [bwontor@vikes.us](mailto:bwontor@vikes.us)

Call: Becky at 218-863-5910 x 4250 (Tues-Fri)

Mail completed registration form to:

Community Education, PO Box 642, Pelican Rapids, MN 56572

Issue checks to ISD #548

Please send a separate check for each class we will not cash your check until after the class

### Storm Policy

If the Pelican Rapids Schools are cancelled or release students early due to bad weather, Community Ed classes will not be held and a message will be posted on the **school website** and the **Pelican Rapids Community Education Facebook page**.

### Non-Discrimination Policy

It is the policy of ISD #548 to comply with federal and state laws prohibiting discrimination.

## Advisory Board

The Advisory Board is a group of community members who give input and support to Community Ed programs.

- Randi Anderson, Administrator
- Cary Haugrud, Chair
- Becky Wontor, Vice Chair
- Jessica Camilo
- Dawn Finn
- Chris Hovden
- Bob Kohler
- Jackie Larson
- Kate Martinez
- Rudy Martinez
- Don Perrin
- Bob Satterlie
- Annie Wrigg



# Pelican Rapids

Summer programs 2018 kids families community

Watch for the 2019 Summer Program Catalog scheduled to be published and distributed in late April. We will have online registration and payment for our summer programs.



## Community Ed Staff

**Cary Haugrud**  
Program Coordinator  
218-863-5910 x4300  
[chaugrud@vikes.us](mailto:chaugrud@vikes.us)

**Becky Wontor**  
Communications  
218-863-5910 x4250  
[bwontor@vikes.us](mailto:bwontor@vikes.us)

# ADULT BASIC EDUCATION

AGES 17 AND OLDER

STUDY CITIZENSHIP

PREPARE FOR WORK OR COLLEGE

COMPUTER LITERACY SKILLS

LEARN ENGLISH

### CONTACTS

Stephanie Drange  
218-632-2450

Teacher:  
Cheri Danielson  
[cheridanielson@yahoo.com](mailto:cheridanielson@yahoo.com)  
218-863-1181

Stop by the library today!

Updated 2-19-19

**WHAT**  
ESL - ENGLISH AS A SECOND LANGUAGE

**WHEN**  
• Mondays 11:30-2:30pm and 5:30-8:30pm  
• Tuesdays 11:30-2:30pm and 5:30-8:30pm  
• Thursdays 11:30-2:30pm

**WHAT**  
CITIZENSHIP CLASSES

**WHEN**  
• Wednesdays 11:30am-2:30pm and 5:30-8:30pm

If no students arrive within the first 30 minutes of class, the teacher has been instructed to leave and close the classroom.

**WHERE**  
Pelican Rapids Public Library  
25 West Mill  
Pelican Rapids, MN 56572

## The Welcome Place Spanish-English conversation learning

Giving and Learning Program and the Welcome Place have joined together to offer a language learning opportunity.

Language learning through conversation is the focus of the program.

It is offered the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every month.

English conversation starts at 6:00p.m. Anyone wanting to improve their English is welcome.

Spanish conversation starts at 6:30p.m. All levels, including beginners, are welcome.

Participants are encouraged to come for both conversations if interested. This is an all ages hour with children encouraged to attend.

The conversation hour takes place at The Welcome Place, 26 W. Mill (beside the Pass It On thrift store).

For more information email Barbara Honer at [bahoner@yahoo.com](mailto:bahoner@yahoo.com) or call 218-329-2883.

**When:** 1st and 3rd Tuesday of every month

English conversation starts at 6:00p.m.

Spanish conversation starts at 6:30p.m.

**Location:** The Welcome Place (26 West Mill Street)

**Class Fee:** no fee



## Stay connected!

Follow our **Pelican Rapids Community Education** Facebook page or visit our website for class information and updates at <https://www.pelicanrapids.k12.mn.us/domain/22>

# Community Ed Class Registration Form

Please mail this registration form to:

Community Education, PO Box 642, Pelican Rapids, MN 56572

Make checks payable to: ISD #548 (please write a separate check for each class)

Class: \_\_\_\_\_ Fee \$ \_\_\_\_\_

Class: \_\_\_\_\_ Fee \$ \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

*in case we need to contact you about the class*

I would like to see the following class(es) offered: \_\_\_\_\_

I would be interested in teaching the following class(es): \_\_\_\_\_

Age category (for state reporting): Age 19-54 \_\_\_\_\_ Age 55+ \_\_\_\_\_

Grade K-5 \_\_\_\_\_ Grade 6-8 \_\_\_\_\_ Grade 9-12 \_\_\_\_\_

Please contact Becky Wontor at 218-863-5910 x4250 (Tues-Fri) with any questions

# Community Movie Nights By Kate Martinez



Our winters up north can be challenging, yet also offer us opportunities! What better use of our time and PRHS's beautiful Fine Arts Auditorium than to gather as a community for learning and fun? The idea of Family Movie Nights became a reality through the efforts of District 548 Community Education and hosts: Elementary Art



teacher, Kate Woolever Martinez and District Business Manager, Rudy Martinez. Attendance at these FREE monthly events has

consistently swelled to over 300 "eager" children, youth, and parents.

The evening kicks-off with fun educational activities relating to themes that affect our local and greater world. Furthermore, these themes are based off a culmination of the



elementary school's Art curriculum for that month. Following the activity times, the event moves into the auditorium for a bilingual introductory lesson by Kate and Rudy. Because Art - at this highest level - can effectively create positive change, perspective, and empathy, student/artists come forward to read their statements while their personal artwork is

projected behind them.

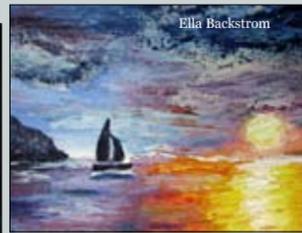
February's program was dedicated to 1<sup>st</sup> graders and what they had studied: Garbage in the Ocean. While simultaneously learning how to draw fish and utilize color theory, seven student/artists read their artists' statements about recycling before the start of the movie, Finding Dory. A special thanks to those 1<sup>st</sup> graders: Rachal Breen, Miguel Mendoza, Hanan Bixi, Drew Holt, Danica Perez, Calvin Thach, and Kinzley McKeag.

Please join us on **Friday, March 29<sup>th</sup>** as we come together again for the movie *Wonder* with 5<sup>th</sup> grade artists presenting their artwork that focuses on Empathy and Perspective.

## Amazing artwork by PRHS students



Maxwell Dykhoff



Ella Backstrom



Leslie Garcia



Sylvia Pesch



Cassidy Kubitz

# Community Partnerships



Whenever Anyone Enters here, we strive to have them Leave feeling Respected and Cared for as an Individual. Our goal is to help them Make each day Even better than the last.

### The Welcome Place contact information

**Phone:** 218-863-2260

**E-Mail:** welcome26wmill@gmail.com

**Website:** www.welcomplacepr.org

**Facebook:** The Welcome Place, Pelican Rapids, MN

**Mailing Address:** P.O. Box 431, 26 West Mill, Pelican Rapids, MN 56572

### The Welcome Place Free Lunch every Tuesday from 11:30-1:30pm



Every Tuesday, The Welcome Place hosts a fellowship dinner from 11:30 to 1:30 p.m. for anyone who walks through our doors. These meals are provided by generous volunteers from the community such

as churches, businesses, families and friends; the meal typically consists of hot soup and a sandwich in the winter months and a lighter salad and sandwich in the summer.

We have seen a variety of meals that have been delicious and sometimes unique. The food is always good and the fun conversations and laughter are wonderful. Everyone is so friendly and it always amazes us how fast the two hours go; some people come for 10 minutes and others stay for the entire time.



### Some of the resources The Welcome Place offers:

#### Radon Testing Kits

Radon test kits are available at The Welcome Place at no charge. The kits contain everything needed to conduct a 3-7 day radon test.

**A Faith Community Nurse**, by definition, is a Registered Nurse licensed in their state of residence, who uses the interventions of education, counseling, prayer, listening, advocacy, and referrals to meet the needs of clients.

Clients consist of whoever comes in with a need and the Faith Community Nurse attempts to meet that need based on a nursing assessment.

### The Welcome Place 2019 Mission

Strengthen community relationships and improve the health and well-being of people.

### The Welcome Place 2019 Vision

Pelican Rapids area is a healthy harmonious community where all are valued and basic needs are met.

### The Welcome Place Staff

#### Julie Morgan Outreach Coordinator

Email: juliemorgan4092@gmail.com

Julie greets those that enter our doors and coordinates the Tuesday Fellowship Luncheons and other various support programs.

#### Kathy Jordahl, RN, Faith Community Nurse

E-Mail: welcome26wmill@gmail.com

Kathy provides counseling, education and referrals for health and emotional needs for anyone in the community.



### The Welcome Place Spanish-English conversation learning

Giving and Learning Program and the Welcome Place have joined together to offer a language learning opportunity. Language learning through conversation is the focus of the program.

It is offered the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every month. This is a change from Thursdays; starting January 15.

English conversation starts at 6:00p.m. Anyone wanting to improve their English is welcome. Spanish conversation starts at 6:30p.m. All levels, including beginners, are welcome.

Participants are encouraged to come for both conversations if interested. This is an all ages hour with children encouraged to attend. The conversation hour takes place at The Welcome Place, 26 W. Mill (beside the Pass It On thrift store).

For more information email Barbara Honer at bahoner@yahoo.com or call 218-329-2883.

*El programa de Giving + Learning y the Welcome Place se han unido para ofrecer una oportunidad de idioma.*

*Estamos ofreciendo aprendizaje de inglés a través de la conversación y conversación en español.*

*El 1er y 3er Martes de cada mes. Este es un cambio de Jueves.*

*La conversación de Inglés comienza a las 6:00 p.m. Cualquier persona que quiera mejorar su inglés es bienvenido. La conversación en Español comienza a las 6:30 p.m. Todos los niveles incluyendo principiantes son bienvenidos.*

*Se anima a los participantes a venir para ambas conversaciones si están interesados. Esta es una hora para todas las edades con niños alentados a asistir.*

*La hora de conversación toma lugar en The Welcome Place, 26 W. Mill (Enseguida de la tienda de segunda mano, Pass It On)*

*Para mas información mande un correo electronico a Barbara Honer: bahoner@yahoo.com o llame al (218) 329-2883.*



### Programs The Welcome Place offers:

- CPR Classes
- Healthy Living Classes
- Healthy Support Group
- Living With Chronic Conditions Classes
- Grief Support
- Winter Coat Drive

### The Welcome Place Dementia Friends Class

You will learn what dementia is and tips for communicating with people who have dementia including the 5 key messages about dementia, what it's like to live with the disease and how to support people living with dementia. Who should attend? Healthcare and service providers, community member/groups, churches, law enforcement and EMT services.

**Facilitator:** Kate Storhaug, Aging Program Developer, Dancing Sky Agency on Aging.

**When:** Tuesday, April 2<sup>nd</sup> at 1:30pm AND 3:30pm

**Location:** The Welcome Place (26 West Mill Street)

**Class Fee:** no fee

### The Welcome Place Sewing Class appreciates donation of sewing machines

New seamstresses at The Welcome Place are appreciating the use of donated sewing machines by Wendy Davenport-Kimball and her husband Tony Kimball. More machines are welcome, as are more students. Contact The Welcome Place for more information. The Welcome Place and Giving + Learning are coordinating the sewing class.



## March is food shelf month in Pelican Rapids

Our community has the opportunity to contribute to the food shelf in the month of March. Watch for drop off bins at participating local businesses. Contact Janet Lindberg at the Pelican Rapids Food Shelf at 218-863-3663 with questions.



# OUR STUDENTS LEARN FOR LIFE!

PRHS Graduate articles coordinated by Nanette Albright

## PETER SCOTT-2012 GRADUATE

**What post-secondary education institution did you attend and what degree did you earn?** After graduating high school, I attended MState in Fergus Falls where I earned an associates degree in Liberal Arts and Sciences; graduating in May of 2014. I, then went onto North Dakota State University where I majored in Agribusiness and minored in Crop and Weed Sciences; graduating in December of 2016.

**Describe your career choice and what you enjoy about your career.** After high school graduation, I knew I wanted to do something in business but wasn't quite sure what. I went to MState to do my 'generals' but I did more of an emphasis in accounting and finance since I knew I was going to go on to NDSU regarding something in business. As time went on, I decided that a degree in Agribusiness would be fun, challenging and rewarding all together. During the summer of 2017, I was hired at the Farmers Elevator Co-op in Pelican Rapids for an internship and I continued working there part time throughout college. After NDSU, I was hired at the Elevator to do Agronomy Sales. I really enjoyed my time doing that as I was able to help local farmers in the area succeed with record crops in recent years. There are many challenges along the way, of course, choosing the correct crop inputs such as the seed varieties, nutrients, herbicides, and fungicides with each year being different. The rewarding part of what I do is helping the never ending need for the food supply for everyone in the world. I really enjoy that as well as helping farmers succeed in their own business. Recently, in January 2019, I was promoted to General Manager of the Elevator.



**How did PRHS prepare you for college and your career?** PRHS helped me prepare for college by having a very dynamic and diverse culture in our school system. When I went to

college, both at MState and NDSU, I was surprised at how diverse the campuses were but having the past experience during high school prepared me. Also, having the college credit courses in high school helped prepare me for what to expect in my first classes in college for the amount of class work that was to be expected.

**What extracurricular activities did you participate in while you were at PRHS?** During high school I was class president on student council my senior year, National Honors Society grades 9-12, SADD grades 7-12, and varsity basketball manager grades 9-12.

**Do you have any special memories of your time at PRHS that you would like to share?** One special memory of high school was being on the 2009 state basketball team when we went 33-0 and won the state championship.

**Any words of wisdom you would like to give the students in Pelican Rapids?** Well there are a few things I would say to keep in mind while in high school. First, be involved in as much as you can for extra curricular activities, there are many opportunities to do things to keep busy with classmates. Find something of interest that you can enjoy with others such as sports, clubs and different organizations within the school or community. Second, be supportive of your classmates in what they choose to do even if you are not involved directly with it. Go cheer them on with whatever they are doing such as plays, sports activities, band/choir concerts. Third, get to know your teachers. When you need help with some homework or something you don't understand, they are there for you and everyone else to succeed. After high school and college, you will not see them every day so when you have questions on anything or see them out in public it's still very fun to enjoy a conversation with. Lastly, take advantage of every college credit class available during high school, this helps a ton to get a jump start on your college credits for your final degree you choose.

## Averi Phan - 2012 Graduate

**What post-secondary education institution did you attend and what degree did you earn?** I graduated from the Carlson school of Management at the University of Minnesota with a dual degree in Marketing and International Business and an emphasis in Korean Language Studies.

**Describe your career choice and what you enjoy about your career.** Since I've graduated, I've been working mostly in content creation. I started out in search engine optimization and gradually moved into a more writing-focused role. I never really thought that I would make writing my full-time career. But it started with a stint at an ad agency where I got the chance to churn out fun product copies for Target.com. From there I moved into legal writing at Thomson Reuters which has given me the opportunity to develop my writing skills even further. The best thing about what I get to do is the creativity aspect. Whether I'm writing about furniture for Target or legal information, I can still use my words to convey a brand message through the tone and style I use.

**How did PRHS prepare you for college and your career?** Much like a college setting, PRHS has a lot of diversity to offer its students. This diversity was invaluable to me because it taught me how to interact with the world as a whole. As humans, it's so easy for us to fear what we don't understand, but I was incredibly lucky to be exposed to different cultures early on. While this sounds rather clichéd, we can't deny how important it is to recognize, understand and celebrate differences. Having been out in the workforce for a couple of years now, I've encountered a lot of unique work styles. I believe that my ability to effectively communicate, despite these differences, comes from a lot of the experiences I had at PRHS.

**What extracurricular activities did you participate in while you were at PRHS?** I devoted most of my time to Speech and Theatre, but briefly played the flute in band and sang in choir until I realized I was tone deaf.

**Do you have any special memories of your time at PRHS that you would like to share?** I loved playing the role of the Stepmother, that year we did the Rogers and Hammerstein's Cinderella musical. Mostly because all I did was talk and there was very little singing involved for my character.

**Any words of wisdom you would like to give the students in Pelican Rapids?** There are quite a few things I'd like to say, but I'll try to keep it short and simple. For those who are unsure if college is the next step for them: it's truly okay. You're only 18 right now and you have the rest of your life to figure out what you want to do. Going to college right away isn't for everyone and plenty of people do it later in life. There is no shame in choosing to do a vocational job or just choosing a different path than your peers. For those who are heading off to college: congratulations! My college years were some of the best years of my life, but that didn't mean that I didn't struggle. The truth is, there will always be someone out there who you think is better or smarter than you. But that isn't necessarily true, nor does it matter. I had to learn the hard way that I couldn't compete with anyone but myself. If you are always looking at the next person and comparing yourself to them, how will you figure out what you need to do to help yourself grow? Keep that in mind as you move forward. Oh, and study abroad! It'll be the best thing you've ever decided to do.

## Jennifer Grothe-Jenness 1993 Graduate

**What post-secondary education institution did you attend and what degree did you earn?** I attended several colleges! I received my BA from Concordia College, my MA from Minnesota State University, Mankato, and a Masters in Library and Information Science (MSLS) from the University of North Texas.



**Describe your career choice and what you enjoy about your career.** I am the Director of Library Services for the Allen Memorial Library at Valley City State University in Valley City, ND. I run the library, manage the staff and events, select the books and databases we purchase, and work with the staff and the professors to make sure students have what they need to meet their educational goals. My favorite part of the job is working with students and faculty to help them find the information they need!

**How did PRHS prepare you for college and your career?** PRHS gave me a solid foundation of knowledge for continuing on to college. I also learned to multitask in high school. Attending a small school means you have the opportunity to participate in lots of activities, which is great but time-consuming. In high school, I learned to balance school, activities, work, and a social life. I also had teachers who inspired me and made me want to learn more, and encouraged me to be curious – a trait that serves me well in the library.

**What extracurricular activities did you participate in while you were at PRHS?** I participated in speech, choir, theatre, art, National Honor Society, Knowledge Bowl, and math competitions.

**Do you have any special memories of your time at PRHS that you would like to share?** Our basketball team going to state senior year was pretty amazing! I also have lots of fond memories of the speech bus and traveling to speech tournaments on icy Saturday mornings.

**Any words of wisdom you would like to give the students in Pelican Rapids?** Try new things. Be curious about the world and the people in it. Ask questions. Make your voice heard.

## PRHS freshman Christopher Hovden receives 2019 Volunteer of the Year Award



Christopher Hovden is the 2019 District C Volunteer of the Year Recipient-Pelican Valley Senior Living, Pelican Rapids.

Christopher, a freshman at PRHS, is the youngest recipient on record.

*Shown holding award in photo on left*



### MCA Achievement

- Reading Proficiency 62.3%**  
Exceeds State
- Math Proficiency 59.9%**  
Exceeds State
- Science Proficiency 40%**

### 4 Day School Week

- Student Achievement has INCREASED
- Student Average Daily Attendance rate 95%

### Teacher Professional Qualifications

- 66.3% of Teachers have a Master's Degree which far exceeds surrounding districts

### Teacher Ratio & Class Size

- K-12 Licensed Teacher to Student Ratio is 13:1
- K-2 Average Class Size is 14

### Citizenship & Global Competency

- Student Lighthouse Teams lead projects to 'make a difference' in the school and community
- Global Citizenship

11/2018

### Programs

- FREE Viking Preschool**  
Viking Preschool Awarded Parent Aware ★★★★★ Rating  
4th year of highest rating possible
- FREE Voluntary Prekindergarten for 4 yr olds**
- Early Childhood Family Ed Classes**
- Club Vikes School Aged Childcare K-6**  
• Monday-Friday 6:30am-6pm (year-round)
- The Leader in Me™**  
• Creates a culture of student empowerment based on the idea that every child can be a leader
- Teaches leadership & life skills to students
- Viking Student Success K-12**  
• Academic support after school
- College & Career Readiness**
- 4 College in High School (CIHS) classes:**  
Advanced Algebra, Pre-Calculus, Statistics and English-College Writing
- Advanced Placement (AP) classes offered are:** Calculus and Spanish
- 77% of high school students are taking Career Tech Education (CTE) classes
- Alternative Pathway HS Completion**  
• Alternative Learning Center (ALC) within the high school for students who have been unsuccessful in a traditional school setting

**Contact us today to enroll!**

**Pelican Rapids Public Schools**  
218-863-5910  
310 S Broadway  
Pelican Rapids, MN 56572  
[www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us)



# HIGH SCHOOL NEWS

By Brian Korf, High School Principal

Semester 1 is completed and the school year is passing quickly. Our students have received many achievements to be proud of, and we look forward to seeing many more student accomplishments in the remaining days of the 2018-19 school year.

Also, the student lighthouse team has incorporated the word "SMILE" to help us recognize students, staff and community members who are making a difference in others throughout the school year. The student lighthouse team has helped create a positive and safe learning environment at Pelican Rapids High School.

Spring parent-teacher conferences were held



on February 25<sup>th</sup>. We had 50% of the parents of our students attend conferences this past fall. We encourage parents/guardians to continue to check Skyward to monitor their child's academic progress and attendance. Active parent/guardian participation in your child's conferences and Skyward is appreciated by teachers. We encourage students to continue to make appointments on Mondays to avoid missing school.

Please feel free to contact us with any questions or concerns regarding your child's education here at Pelican Rapids High School. We appreciate your ongoing support towards your child's education.

# SPORTS AND ACTIVITIES TEACH VALUABLE LIFE LESSONS

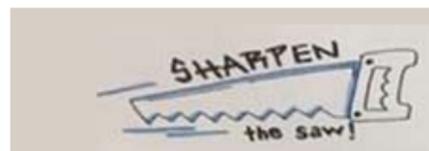
By Derrick Nelson, Assistant Principal/Activities Director

"It is only a game," was a statement I heard a couple of months ago. To many people, sports or activities are viewed as just a game, but sports teach our young men and women much more than winning or losing. Students who are involved in one or more of the many activities in high school learn how to manage their time, work with others, accept and try different roles and responsibilities, and most importantly learn the responsibility of work ethic. Successful teams have teammates who are supportive of each other and are willing to do what needs to be done by all team members.

Many of the greatest memories high school students have, is the time they spend with their teammates before the game, after the game, and during practice. The memories they make and lessons they learned will help our students become successful adults. So, even though "It is only a game," the lessons from the game will last a lifetime.

With lots of snow falling that must mean that we are into playoff season in Minnesota State High School League activities. For a list of playoff dates and activities please check out our activities calendar at: <https://holconference.org/public/genie/9/school/26/>.

There will be a celebration of the 2008-09 Boys Basketball team on March 1<sup>st</sup>. We will be honoring the Class AA Champions. It will take place between the JV and varsity boys game against LPA. Team members will be announced, there will be speeches and autographs after the game. It will be fun to welcome the young men and coaches who took Pelican Rapids to the top of the state in Minnesota Basketball in 2008-09.



By Katlyn Haugrud

On February 12th, Pelican Rapids High School hosted an afternoon to allow students to Sharpen the Saw. Sharpening the Saw is part of the Seven Habits program, and it means to take time to recharge. However, this habit isn't just about laying around and watching Netflix. Instead, Sharpen the Saw is all about finding improvement and renewal of self.

Classes were shortened, leaving a two-hour period for fun activities and hobbies that our staff enjoys. Each teacher offered a different

activity, including things such as board games, crafts, cooking, and yoga.

The afternoon provided a fun and unique way for students to recharge while also learning new skills and discovering potential hobbies. Additionally, because the activities were school-wide, they provided unique opportunities for students to meet others with similar interests.

The Sharpen the Saw afternoon was a great way to start a cold week and was a success among the students.



## PRHS Math League going to State

Minnesota State High School Mathematics League held their fifth and final meet of the regular season on February 11. The Vikings finished the season in first place in their section for the year, earning a trip to the state tournament in March. Gavin Haugrud earned second team All-Conference. Competitors were Gavin Haugrud, Julian Gunderson, Logan Petznick, Timothy Brynildson, Hayden Christenson, Mad-die Guler, Anna Kunz, Lily Williams, and Rachael Guler.



## Hear The Arts: Pelican Rapids Fine Arts Auditorium Project Update

*Created to complete the dream of our world class fine arts facility*

The Fine Arts Auditorium Project continues to raise funds for our overall goals, but we do plan to acquire the grand piano this spring with funds designated for that purpose. There are some fun activities planned for this summer and fall that will benefit the fine arts and this project. We can always use more volunteers and of course, monetary donations.

Visit the *Pelican Rapids Fine Arts Auditorium Project* Facebook page for details.

### Important dates and information for seniors and parents



**Baccalaureate**  
May 19<sup>th</sup> at 7:00pm  
**Graduation Ceremony**  
May 24<sup>th</sup> at 7:00pm

Detailed information about the senior year can be found on the school website: <https://www.pelicanrapids.k12.mn.us/domain/170>

## AT PRHS EVERYONE IS A LEADER AND EVERY LEADER VALUES INTEGRITY, SHOWS RESPECT AND ACTS RESPONSIBLY



**SMILE@vikes.us**

Send us your photos, stories and videos of special moments in our school and community!

## Driver's Ed parent class this spring

The Driver Education classroom program is part of the 9<sup>th</sup> grade curriculum at the Pelican Rapids High School offered during the school day. This class prepares students for their instructional permit. After completing a minimum of 30 hours of classroom instruction, the student will be issued a blue card.

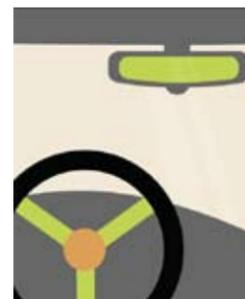
Each spring a parent class (Teen Driver Safety Parent Awareness Program) will be scheduled in compliance with Minnesota law. If the parent class is taken then the practice driving hours are reduced from 50 hours to 40 hours.

Once a student has turned 15 and completed the classroom instruction earning a blue card, they are ready to take and pass the state written permit test. Students need to register on-line at [https://driverservices.dps.mn.gov/EServices/\\_/](https://driverservices.dps.mn.gov/EServices/_/) and when taking the permit test must provide: one primary ID, one secondary ID and the blue card. Primary ID options: state issued ID, current passport or state certified birth certificate. Secondary ID options: Social Security card, student ID with picture and ID number, or certified school transcript. Upon passing permit test, paying the fee and parent/guardian signature, students receive their permit.

Students must have a permit before they can start behind-the-wheel instruction which begins in late April as the snow melts and driving conditions improve. Students sign up with the drivers education teacher at the high school. They are asked to provide contact information and a schedule is arranged. Once they have finished six hours of driving and paid the \$275 fee, they will be issued a white card. Behind-the-wheel instruction must be completed by June 14 due to vehicle and instructor availability.

Minnesota law now requires drivers to have a permit for six months before taking the road test. Every driver under the age of 18 who completes behind-the-wheel instruction and is testing for a provisional driver's license must submit a driving log with details of their behind the wheel practice of 40 or 50 hours (depending if a parent attended the Parent Awareness Program meeting).

More information will be sent home with students enrolled in Drivers Education class at our school. Please contact Denise Evenson at the Pelican Rapids High School with questions at (218)863-5910 x4040 or [devenson@pelicanrapids.k12.mn.us](mailto:devenson@pelicanrapids.k12.mn.us). Additional information can also be found at [https://driverservices.dps.mn.gov/EServices/\\_/](https://driverservices.dps.mn.gov/EServices/_/).



**Pelican Rapids School District #548**  
310 S Broadway, PO Box 642 Pelican Rapids, MN 56572  
[www.pelicanrapids.k12.mn.us](http://www.pelicanrapids.k12.mn.us)  
218-863-5910

**School Board Members:**  
Brittany Dokken, Mike Forsgren, Jon Karger, Greg Larson, Brenda Olson, Anne Peterson

**Student Representatives:**  
Logan Petznick, Grace Peterson

### School Board Student Representatives

Senior Grace Peterson and junior Logan Petznick are this years school board student representatives. They were nominated by the teachers here at PRHS.

Though not allowed to vote, they still attend meetings and speak on behalf of the student body.