







Annual 4-Day Week Survey-High School Student Focus Groups (Spring 2014)



1. Please indicate grade that is being surveyed:

		Response Percent	Response Count
4		0.0%	0
5		0.0%	0
6		0.0%	0
7		30.0%	3
8		10.0%	1
9		10.0%	1
10		30.0%	3
11		10.0%	1
12		10.0%	1
answered question			10
skipped question			0

2. How many students are in this discussion?

	Response Count
	10
answered question	10
skipped question	0

3. What positive aspects did the students experience in the 4 day school week?

Response
Count

10

answered question

10

skipped question

0

4. How many students would like to continue with the 4 day school week?

Response
Count

10

answered question

10

skipped question

0

5. What positive aspects of the 5 day school week are you missing in the 4 day school week?

Response
Count

10

answered question

10

skipped question

0

6. How many students would like to go back to the 5 day school week?

Response
Count

10

answered question

10

skipped question

0

7. The District has saved money by moving to the 4 day school week. How many students would like to go back to the 5 day school week if it meant there would be fewer electives and larger class sizes?

**Response
Count**

10

answered question

10

skipped question

0

8. Has the 4 day school week had a negative impact on your academic achievement? If so, how?

**Response
Count**

10

answered question

10

skipped question

0

9. Has the 4 day school week had a positive impact on your academic achievement? If so, how?

**Response
Count**

10

answered question

10

skipped question

0

**10. Has the 4 day school week had a neutral impact on your academic achievement?
Explain**

**Response
Count**

7

answered question

7

skipped question

3

11. What would you like to change if the 4 day week continues next year?

**Response
Count**

10

answered question

10

skipped question

0

12. What recommendations would you like to give to the School Board on the 4 day school week?

**Response
Count**

9

answered question

9

skipped question

1

Q2. How many students are in this discussion?

1	14	Jan 31, 2014 1:19 PM
2	23	Jan 31, 2014 12:17 PM
3	17	Jan 31, 2014 11:20 AM
4	16	Jan 31, 2014 10:00 AM
5	16	Jan 31, 2014 8:31 AM
6	73	Jan 31, 2014 7:38 AM
7	57	Jan 31, 2014 7:25 AM
8	47	Jan 31, 2014 7:02 AM
9	18	Jan 31, 2014 6:36 AM
10	57	Jan 30, 2014 1:41 PM

Q3. What positive aspects did the students experience in the 4 day school week?

1	Monday off to relax Monday get some work done family day on Sunday travel day have more time time for doctor appointments go to jobs	Jan 31, 2014 1:19 PM
2	monday days off save money for school more time for homework get ready for class rest day doctors appointments family time	Jan 31, 2014 12:17 PM
3	More time to do work monday to regenerate more time to be with friends and family More time to work a job more sleep time to schedule appointments	Jan 31, 2014 11:20 AM
4	more time on weekends for homework learn more - more time during school day Not as tired during week extra half hour during power hour good for parents - monday at elementary doctors on mondays more sleep vacation - don't miss as much school	Jan 31, 2014 10:00 AM
5	more time for homework appointments on monday power hour for work practice co curricular	Jan 31, 2014 8:31 AM
6	-more time for homework -more time for family -more time to work outside the home -more 1-on-1 with teachers during power hour -nice to have Mondays as make-up days for storms - more sleep - feel better rested -easier for all appointments	Jan 31, 2014 7:38 AM
7	Per 4: Mondays for appointments, finish homework on Mondays, only 4 days of homework, vacations can get rest on Monday if getting back on Sunday night, can watch football games on Sunday nights, Sundays aren't so packed anymore with activities outside school, can go to the gym on Mondays, extra day to relax, saves the school money, we get power hour to make up work and do homework Per 3: you get appointments done on Mondays, 3-day weekend, time to sharpen the saw, be proactive and get homework done, synergize with friends, get to sleep in, longer practices with our sports, be with family, eat at home, get to hunt and fish, don't miss as much school when sick, get to make up snow days on a Monday instead of at the end of the school year, work job in parent's business Per 1: an extra day off, can get homework done, extra sleep, extra-curricular activity time, time for appointments, family time, sharpen the saw, babysitting money, older kids work on Mondays, vacation time so not much skipped school, snow days made up on Mondays, more time with friends, save school money, save gas money on buses, more time with teachers because of smaller classes, if parents have to bring you to school teachers/adults will be in the school with them, parents don't need to worry about bringing you to school 5 days, we have clubs (Club Vikes, art, science, gym) on Mondays for the younger kids, kids learn more things on Magnificent Mondays than are covered in a regular classroom	Jan 31, 2014 7:25 AM
8	(Per 5: more sleep, more time for homework, more class time, more work hours, more family time, (per 6: sharpens my saw, more time for work hours, positive attitude, time for appointments, flexible schedule, Monday to do most homework, Monday to make up snow days (Per 7: sharpens my saw, more time for work, more time for homework, more time for travel on weekends and back on Sunday night in time to rest—missing less school, time for appointments, college visits, PSEO don't always need to sacrifice one school over the other	Jan 31, 2014 7:02 AM
9	no go into summer more time to relax and homework more time with family more sleep power hour	Jan 31, 2014 6:36 AM

Q3. What positive aspects did the students experience in the 4 day school week?

10	-more time with family -more time for appointments -more time to work outside the home -more time for homework -more time to sleep -saves the school money -enjoy church and Sundays more -more gym time on Mondays - don't have to share -able to make up storm days on Mondays -better attendance	Jan 30, 2014 1:41 PM
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Q4. How many students would like to continue with the 4 day school week?

1	14	Jan 31, 2014 1:19 PM
2	22	Jan 31, 2014 12:17 PM
3	16	Jan 31, 2014 11:20 AM
4	14	Jan 31, 2014 10:00 AM
5	14	Jan 31, 2014 8:31 AM
6	65	Jan 31, 2014 7:38 AM
7	54	Jan 31, 2014 7:25 AM
8	47	Jan 31, 2014 7:02 AM
9	16	Jan 31, 2014 6:36 AM
10	53	Jan 30, 2014 1:41 PM

Q5. What positive aspects of the 5 day school week are you missing in the 4 day school week?

1	Done with sports earlier later start to the school day shorter school day	Jan 31, 2014 1:19 PM
2	shorter days earlier release more school days with friends	Jan 31, 2014 12:17 PM
3	No monday snow days shorter day long distance driving is a problem with longer school days	Jan 31, 2014 11:20 AM
4	Wake later shorter days bed later more time during week to learn more days for after school help less home work not as late sport practice out of school earlier more days to do homework	Jan 31, 2014 10:00 AM
5	sleep in as school starts a bit later - start school later end earlier more daily time to learn languages more time to do homework after school less time in class - less information crammed into you more homework because of fewer days	Jan 31, 2014 8:31 AM
6	-days are longer and more exhausting -tough getting up so early -tough for younger siblings	Jan 31, 2014 7:38 AM
7	Per 4: Got to sleep in a little longer, the school days are shorter for the 5 day, home food, kids are being watched by adults 5 days Per 3: got to wake up later because the days were shorter, practices aren't so late, Per 1: shorter daytime hours, more time to do homework after school, practice doesn't go as late,	Jan 31, 2014 7:25 AM
8	more academic progress, got home more quickly, wake up later Per 7: shorter days, more time for sports, more time for homework after sports, open lunch, a more realistic structure	Jan 31, 2014 7:02 AM
9	more practice time leave school earlier not awake as early after school longer more days to see friends in school	Jan 31, 2014 6:36 AM
10	-shorter school day -routine that is similar to working parents -transportation to and from practices on Mondays is hard for rural students	Jan 30, 2014 1:41 PM

Q6. How many students would like to go back to the 5 day school week?

1	0	Jan 31, 2014 1:19 PM
2	1	Jan 31, 2014 12:17 PM
3	1	Jan 31, 2014 11:20 AM
4	2	Jan 31, 2014 10:00 AM
5	2	Jan 31, 2014 8:31 AM
6	8	Jan 31, 2014 7:38 AM
7	1	Jan 31, 2014 7:25 AM
8	0	Jan 31, 2014 7:02 AM
9	2	Jan 31, 2014 6:36 AM
10	4	Jan 30, 2014 1:41 PM

Q7. The District has saved money by moving to the 4 day school week. How many students would like to go back to the 5 day school week if it meant there would be fewer electives and larger class sizes?

1	0	Jan 31, 2014 1:19 PM
2	0	Jan 31, 2014 12:17 PM
3	0	Jan 31, 2014 11:20 AM
4	2	Jan 31, 2014 10:00 AM
5	2	Jan 31, 2014 8:31 AM
6	zero	Jan 31, 2014 7:38 AM
7	1	Jan 31, 2014 7:25 AM
8	0	Jan 31, 2014 7:02 AM
9	1	Jan 31, 2014 6:36 AM
10	zero	Jan 30, 2014 1:41 PM

Q8. Has the 4 day school week had a negative impact on your academic achievement? If so, how?

1	none	Jan 31, 2014 1:19 PM
2	none less education	Jan 31, 2014 12:17 PM
3	get lazy get up earlier	Jan 31, 2014 11:20 AM
4	longer days - students get tired not morning people snow days lead to long days practices late in the day eat early - hungry late in the day	Jan 31, 2014 10:00 AM
5	less sleep too much info crammed in sports - don't have time to talk to teacher	Jan 31, 2014 8:31 AM
6	none felt like it had a negative impact on them	Jan 31, 2014 7:38 AM
7	Per 4: 3 have had grades go down because 3 days without school makes me procrastinate (not managing my time) Per 3: 1 had English grades decline because don't always understand what we have read Per 1: Grades have not gone down	Jan 31, 2014 7:25 AM
8	Per 5: some had grades go down due to longer hours, time management Per 6: no change Per 7: some had GPA go down due to procrastination (time management)	Jan 31, 2014 7:02 AM
9	Don't do homework	Jan 31, 2014 6:36 AM
10	-no, but it's hard for younger kids -no, but it's harder for English language learners	Jan 30, 2014 1:41 PM

Q9. Has the 4 day school week had a positive impact on your academic achievement? If so, how?

1	Do home work on Monday more time for study	Jan 31, 2014 1:19 PM
2	study on mondays well rested not miss school for appointments power hour helps with talking to teachers	Jan 31, 2014 12:17 PM
3	more time to study	Jan 31, 2014 11:20 AM
4	Week end more days to study and do homework classes are longer and learn more	Jan 31, 2014 10:00 AM
5	able to do more work on monday need to work harder - more work given can use power hour if used wisely	Jan 31, 2014 8:31 AM
6	yes - more time for homework yes - not as tired or bored with 4 days yes - grades have improved yes - less stress	Jan 31, 2014 7:38 AM
7	Per 4: 14 have seen their grades go up – because on Monday we can check over our homework, parents say we can't go anywhere that day until our work is done, Per 3: grades have gone up because of extra day to study and power hour and 1 used Targeted Services after school Per 1: Many have grades go up because of longer time in class for hands on, plus we have tutors, and Mondays give us extra day for homework, normal class sizes because we don't need to cut teachers, positive attitude in school, miss less school, and parents watch our grades and give more help at home, better time management for the 4 days	Jan 31, 2014 7:25 AM
8	Per 5: some had grades go up, more time for homework on the off days, time for academic boost help (targeted services), mentor other students in other schools (multi-cultural collaborative) Per 6: grades went up because of 3 days for homework, mentor other students in other schools (multi-cultural collaborative), Per 7: about 6 had grades go up because of using time wisely and making good use of power hour	Jan 31, 2014 7:02 AM
9	More time for homework power hour more time during hour to learn	Jan 31, 2014 6:36 AM
10	yes - more time for homework yes - more focused when I do my homework yes - don't have to miss school for appointments yes - my attendance is better when there are 4 days	Jan 30, 2014 1:41 PM

Q10. Has the 4 day school week had a neutral impact on your academic achievement? Explain

1	0	Jan 31, 2014 1:19 PM
2	none	Jan 31, 2014 12:17 PM
3	2 not many	Jan 31, 2014 10:00 AM
4	keep my academic the same	Jan 31, 2014 8:31 AM
5	Per 4: 4 have seen no change in their grades – sometimes you get motivated with a good grade to keep it that way—some kids get paid to keep their good grades; it's as high as it can be; I like the work; Per 3: half the class as stayed the same grades because power hour helps us get our work done early Per 1: some have not changed up or down because of positive attitude in school and parents watching and time management	Jan 31, 2014 7:25 AM
6	Per 5: some never had their grades change=not as rushed on the homework, coaches still make sure students have work completed Per6: one never had grades change, not as rushed on the homework, coaches still make sure student has work completed Per 7: 7 never had grades change because of values and attitudes	Jan 31, 2014 7:02 AM
7	no	Jan 31, 2014 6:36 AM

Q11. What would you like to change if the 4 day week continues next year?

1	get rid of power hour keep power hour	Jan 31, 2014 1:19 PM
2	make it three days	Jan 31, 2014 12:17 PM
3	none	Jan 31, 2014 11:20 AM
4	more time between classes	Jan 31, 2014 10:00 AM
5	month of september - 4 5 day weeks - snow days taken care of in winter	Jan 31, 2014 8:31 AM
6	-build in snow days to the regular calendar and give them as a spring break if not used - keep Power Hour - longer break at noon	Jan 31, 2014 7:38 AM
7	Per 4 : more time for elementary library, gym, art, and music Per 3: more choice in schedules, morning gym time for jr hi Per 1: something for the younger kids to do if they are stuck at home	Jan 31, 2014 7:25 AM
8	Per 5 & Per 6: nap time, move power hour to earlier in the afternoon, Per 7: elementary a 5 day school week; do a couple 5-day weeks in September/fall so that we don't have to make up snow days in the winter/spring and we can keep our vacations; late start every Wednesday; fluctuating power hour	Jan 31, 2014 7:02 AM
9	the building Months of Sept and Oct on alternate Mondays build in snow days	Jan 31, 2014 6:36 AM
10	- longer lunch break and longer time between classes - we're starving - we need more food! - more choices for lunch - real French fries and unlimited ketchup - fruit cart for power hour	Jan 30, 2014 1:41 PM

Q12. What recommendations would you like to give to the School Board on the 4 day school week?

1	open lunch	Jan 31, 2014 1:19 PM
2	none	Jan 31, 2014 12:17 PM
3	none	Jan 31, 2014 11:20 AM
4	4 weeks of Sept at 5 days a week so in Jan we don't add a monday snow day.	Jan 31, 2014 10:00 AM
5	Keep it!	Jan 31, 2014 7:38 AM
6	Per 4: full time art teacher, more open hours for the library, once a week go to the library for a class, move intramural to the mornings Per 3: nothing Per 1: try to get all students involved in extra-curricular activities; make more activities on Mondays, find a busing grant to get country kids to town for Monday activities	Jan 31, 2014 7:25 AM
7	Per 5 & Per 6: provide a daycare for Mondays, continue Club Vikes, Per 7: elementary a 5 day school week; do a couple 5-day weeks in September/fall so that we don't have to make up snow days in the winter/spring and we can keep our vacations; late start every Wednesday; fluctuating power hour	Jan 31, 2014 7:02 AM
8	Months of Sept and Oct on alternate Mondays build in snow days	Jan 31, 2014 6:36 AM
9	Keep it! 4 day week will make it easier for construction crews	Jan 30, 2014 1:41 PM